

THE RANGER
2011-2012





Regis University
3333 Regis Boulevard
Denver, Colorado 80221
2011-2012
Volume 96



The Ranger

Energy

Student Life
4-47



Spirit



Sports
48-81

Relationships



Clubs and
Organizations
82-121

Growth



Academics
122-159

Individualism

Individuals
160-175



Behind The Theme

Regis University is a close, tight-knit community. As students here at Regis, we know that it is the small nature of our school that makes us so special. Being so small allows us to have close **RELATIONSHIPS** at Regis. If you know one person, you are automatically connected to another 50. Because Regis is so small, making friends and having people to hang out with isn't a problem. The **ENERGY** of the student body is incredible. Everyone is involved in something, and everyone believes that Regis is a special place. We want to keep it that way. Classes here are extra special as well because of the student-teacher ratio. Every student gets the individual attention (s)he needs. Our classes help us to **GROW** into the people we will one day become. However, despite our closeness to each other, we are also our own people. We have our own thoughts, feelings, and beliefs. We are **INDIVIDUALS** living, working, and thriving together. As individuals, we come together during Ranger Week and sporting events to show **SPIRIT** for our school. Although we don't have a football team, we support and cheer on our athletes when they face tough competitors. There are so many ideals that make Regis what it is today, and that is what we wanted to highlight in our yearbook this year. We are one. We are all. We are **R.E.G.I.S.**



energy





Creating Community Pre-Orientation Retreats

Students on 1st Tracks enjoyed their rock-climbing adventure.

Leaving home for college is exciting, but for many it is also a daunting task. One of the best ways to ease the fears of starting college--that place that elementary, middle, and high school prepared us for--is to build relationships and get excited about the coming year. On the pre-orientation retreats, freshmen had the chance to bond and get **energized** about their first year of college. This opportunity to build relationships allowed them to meet fellow freshmen, as well as some upperclassmen who survived the freshman experience. On the 1st Tracks Retreat, students prepared for their college experience outdoors by participating in a variety of fun leadership exercises. These exercises helped them to build both friendships and confidence. On the Starting Now Retreat, commuter students had the opportunity to form their own community to support them at Regis. Both retreats **energized** students, thereby preparing them for a fun freshman year at Regis.



1st Tracks: Building Leaders

Every year, rising freshmen have the opportunity to participate in the 1st Tracks Retreat. This retreat allows them to build on their leadership skills and form communities. This year, the ropes course helped to build both confidence and relationships. Group leader Nathaniel Johnson said, "I think the ropes course we did was a great way to get people to trust one another and to build their own confidence going into the school year."

After reaching great heights, Kelsey Paules returned to solid ground.



A student on 1st Tracks descended a rock wall.



Students on the 1st Tracks retreat worked together while rafting.



Christiana Quinata prepared to climb.



Students on First Tracks posed while on retreat.



Students had fun on the Starting Now retreat.



The participants of the Starting Now retreat posed for a picture just before water tubing.

Welcome Home!

Orientation and Convocation

Moving into the residence halls was stressful for everyone involved-- parents, students, RAs, and any siblings that tagged along for a college visit. However, the wonderful housing staff at Regis tried to make the hard adjustment to dorm life as easy as possible. Incoming freshmen were greeted with many smiling faces worn by the **energetic** staff members who offered to help carry belongings or give directions. After moving into the residence halls, the freshmen were pushed straight into Orientation. The largest class was split into small groups, RU101. Members of these groups quickly became the closest friends on campus. These small groups toured the campus more, and the group leaders gave the new students confidence in themselves that would help them in the upcoming school year. Orientation lasted several days, with floor bonding in the dorms on the first night, a dance one night, and an improv show the next. The orientation experience certainly required freshmen to be active and **energetic** throughout the week.

Freshmen became official academic scholars at Regis during the convocation ceremony. During the celebration, freshmen signed their names to the Regis books, finally becoming official students at Regis.

Genevieve Miller is a 2nd floor R.A. in O'Connell.



Claire Radar settles into her new room



An RU101 small group bonded over some delicious Chipotle Burritos before diving into the next meeting.

Freshmen walked into the Chapel for convocation.



Peer Minister Hannah Jones busted a move under the stars.



Kelly Fleming with RA, Molly Freeman met during move-in.



A small group posed for a picture after the scavenger hunt.



Two freshman signed their names to the books of Regis.



The O'Connell green was chaotic while new students left their belongings behind as they registered for their rooms.

Coming Home Welcome Week

Welcome week was a time for the incoming freshmen to adjust to and settle into the college experience. It was also a time for the upperclassmen to return to campus and get back into the swing of things. It was a chance for Student Life to get students to have fun and show their spirit and **energy** in spite of a stressful first week of classes. Many departments sponsored several events this year, from "Souled" to the first soccer game with a barbecue tailgate. These events allowed students to kick back from the first week of classes and to blow off any stress they might have had during the adjustment period. It also gave the new freshmen their first sense of a community in college, allowing them to see all of the students enjoying themselves. Not only that, but they also were given the chance to bond with students within their residence halls, in their first classes, and simply by being a part of all the entertainment that week.

Two students sang along to the Dueling Piano performance.



New Connections, New Home

Freshman Matt Montoya reflected on his experience with Welcome Week: "Coming into the school year, I was concerned that I wouldn't connect as well as I would want to with my fellow Rangers, but Welcome Week went a long way to fix my concerns. Getting to interact with everyone in my position made me feel that Regis is where I want to call home."

The local band "Souled," performed on the Quad during Welcome Week.



A student played Bongo Ball.



Tess Orrino and Leah Van Someran bonded during dorm activities.



The Dueling Piano Player sang a song for Thursday Thrills.



Two students walked away from a broken water main.



Freshman Jace Prokupek danced to the Dueling Pianos.



A student took cover behind an inflatable barrier during Bongo Ball.

Mass of the Holy Spirit

University Ministry

President, Fr. Sheeran, broke bread during the Mass

Regis University has a long-standing tradition of heralding the new academic year with a Mass—the Mass of the Holy Spirit. On September 15, 2011, members of the Regis community gathered together to celebrate the coming year. Several members of Regis' largest freshman class worshiped, side-by-side, with their sophomore, junior, and senior peers. Everyone represented the community of the Regis University 2011-2012 academic year. With a large group of attendants and several religious leaders, the Mass had a spirit of community, **energy**, and reverence. The Mass was just one of the many opportunities each student had to care for his/her whole person. At the Mass, the students welcomed an academic year in which they would engage in vibrant discussions that would expand their wisdom, participate in various community-service projects, and grow spiritually. Overall, the Mass represented the closeness and **energy** of the student body that make Regis unique.



Fr. Hanh Pham S. J.

Fr. Hanh gave the homily during the Mass of the Holy Spirit. As a Jesuit for 14 years, he had a lot of experience with the Holy Spirit to draw on. When he is not working or being a listening ear for students Fr. Hanh likes to cook, play ping pong and take landscape and closeup photographs of beautiful Colorado and his native home of Vietnam.

Members from all around the Regis community came together to lift their voices in the chapel choir.



Mandy Fillipi and Jake Rodriguez help lead the congregation in prayer.



Catherine Huh greets people as the enter the Chapel.



Community members gathered to be energized for another academic year.



Students and staff listened in as Fr. Hanh preaches the Gospel.



Ted Lynch and Hannah Breece processed in for the opening of Mass



Fr. Hanh and Fr. Sheeran distributed communion to those at Mass.

"All Together Now" Family Weekend

From September 29th through October 2nd, parents flocked to the Regis campus for Family Weekend to see the school, participate in the weekend activities, and--most of all--to see their family member(s) at college. The activities this year included a visit from the Mentalist for Thursday Thrills, the opportunity to attend classes with their student, lunch in the cafeteria, a tailgate party during men's and women's soccer games, Casino Night, and breakfast with President, Fr. Sheeran. The weekend went off without a hitch, thanks to the wonderful Regis staff. Having families together again brought an amazing **energy** to the campus, and we would like to thank all of the families that made the week so successful by attending.

Mentalist Craig Karges wowed the audience at the first event of Family Weekend, with the help of some students.



Casino Night

This year's casino night, thanks in no small part to the large, record-breaking freshman class and their families, was able to raise \$1,800 for the Regis Joplin Missouri Reconstruction Trip Fund. The money will be used to fund a future university trip to assist with the rebuilding effort. Thank you to everyone who helped us with this great cause.

Ernie (1980), Carol, Brianna (2014), and Dana (2015) Sanelli talked with Regis President, Father Michael Sheeran, at breakfast.



Dianna Almanza and Chelsea Mitchell handed out popsicles at the tailgate.



Ian Murphree played blackjack with dealer Pablo Cabrera at Casino Night.



Gerriann Ward, class of 1985, attended lunch with her son Brandon.



Wayne and Holly Angeloty ate with their son Jeff.



Janice Smith and Mike Walls spent time with their Regis student Anna Hummel.



Thomas Wells and his parents, Angie and Don, played blackjack as part of Regis's 14th annual Casino Night, which included prizes ranging from sports memorabilia to a new television set.

This is our house!

Hall Life

Dorm life is unique and fun, and you will never experience it outside of college. It helps students build relationships with other students, and it keeps them better connected to the campus. A residence hall is a building with dozens of students under one roof and a bunch of your friends just down the hall, so it is one of the most fun places you can live. In case living around your friends wasn't fun enough, Regis Residence Life worked hard to promote events inside the dorms, including LLC's, monthly events in the residence halls, "Give Always," competitions between halls, and the most epic of hall brawls. The residence halls created an **energy** which could be just plain fun.

Shannon Hayes struck a pose as Wren Craig played the piano.



Hall Brawl

When the question, "What do we need to make dorm life more fun?" was posed, the answer must have been, "A massive battle of unparalleled proportions with the ultimate goal of total victory." That is what we got at the hall brawl, and it... was... epic! The Celtic Warriors (O'Connell and West) battled the Spartans (Desmet and Residence Village) in a quad-wide game of Capture the Flag with no safety zone. The only way to get someone out was by hitting them with a "sword". But don't worry, it was safe and fun.

A fight! To the death! Over pool? Stranger things had happened that year. Luckily, Kiersten Swanson and Matt Jodziewicz never killed one another.



A group of students met to have a party in an O'Connell room.



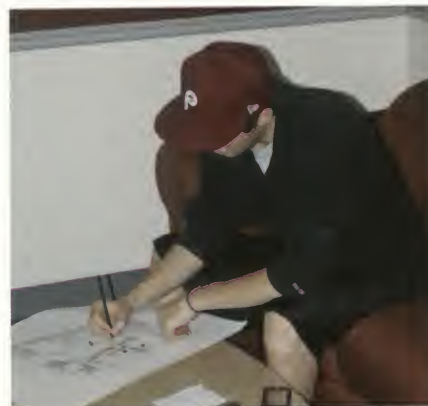
Genevieve Miller and Andrew Ross show off their matching student staff outfits.



Andre Gonzalez & Steven DaSilva played an epic game of water pong.



Micheala Carbonneau & Shannon Massine decorated a Christmas tree in Residence Village.



Mark Nutting did homework in the dorms. That's right, people did homework in the dorms.



Mary Neill, Hannah Pelayic & Aaron Sekeres did yoga in the common area of O'Connell.

Living and Serving as One Living-Learning Communities

Members of the Pre-Science LLC posed while hanging out.

At Regis, Living-Learning Communities exemplified the spirit of *cura personalis*. These LLCs gave people a chance to live and grow with students who shared their passions. In these LLCs, students had the opportunity to teach, learn from, and serve with their peers. This year, the LLCs included Magis (for freshmen) and Ignation Villiage, also known as Iggy Villiage (for upperclassmen), which worked to serve and become a part of the greater community of and around Regis. The C.O.R.E. LLC allowed a community of students to bond and grow as they actively experienced all the Colorado outdoors had to offer. The Pre-Science and Pre-Business LLCs gave freshmen a chance to bond with people who shared their interest in science or business. Upperclassmen passionate about art had the chance to participate in the Arts and Pop Culture LLC, and upperclassmen interested in pursuing a medical career formed a community in the Health Professions LLC. All LLCs were made up of students who were **energetic** and passionate about serving others and about their futures.



Project C.U.R.E.

The Health Professions Living Learning Community was made up of students who wanted to serve in the health care field. As a service project, members of the Health Professions LLC teamed up to assemble boxes for Project C.U.R.E. Filled with medical supplies such as sunscreen, soap, and sanitizer, these boxes will go to health care professionals in more than 120 developing countries to serve communities in need.

Students in the Pre-Science LLC posed during one of their activities.



Emmy Nguyen from Iggy Village led a game of "Bobbing for Donuts" during this year's "Trick or Treat Street".



Susan Page and Debra Zaba participated in an LLC event at the Comfort Cafe.



Members of the Arts and Pop Culture and Pre-Health LLCs posed for a picture after eating and serving at the Comfort Cafe.



Students on the Magis retreat participated in a team-building exercise.



Members of the C.O.R.E. LLC posed for a picture while on a hike to Hanging Lake.



Sonny Stoen (back) and Meaghan Hamill had fun while building boxes for Project C.U.R.E.

Freshmen Exploration Connections Retreat

Twenty-four hours, Matt Damon, fresh-air, nice-notes, s'more nachos, talks, some random games, and a little bit of snow created one CONNECTION. The Connections Retreat was intended to build on the talents that the new freshmen brought to the Regis community. It took place over the course of two days, October 7th through October 8th, at Camp Santa Maria in Bailey, Colorado. Overall, it was a thrilling weekend--an experience shared by 38 **energetic** freshmen, 10 amazing group leaders, and the two incredible staff members Quinn Waller and Kristi Gonsalvez-McCabe. The powerful weekend impacted all participants. Freshman Anna McGinnis reflected, "It was a great experience, getting to meet new people. It was my first real outlook [of] Regis, and [it] was a great way to see how to get involved on campus." Altogether, the retreat was both exciting and meaningful to all who chose to participate fully and share their true passions and talents with the rest of the Regis community.

As they reflected on their experiences, Teresa Hotard and Hagenlocher wrote 'nice notes' to other retreatants.



The Triangle Game

Leaders Ted Lynch and John McDermott faced off with a random concoction during a round of the game.

The Triangle Game, a long-standing tradition, required both precision and dedication from the entire group. The rules and formation are a secret, known only by those who have attended a retreat. The game always concluded with the indulgence of something "not so tasty."

As they worked together as a team, Jazzmine Barrows, Jessie Clark, and leaders John McDermott and Hannah Jones did a group push up.



in the prayer walk Jill Lovejoy stopped along with the rest of the group, to connect with herself and the rest of the retreatants on the prayer hike.



As he spoke up in his small group, John Zahidi, reflected with his group on his personal experiences.



As she showed everyone how she 'gigolo-owed,' Mahalah Schafer got acquainted with her fellow retreatants during the initial 'icebreakers.'



Attempting to see if leader Hannah Jones loved her, Ellen Steere, tried to make Hannah smile during a rendition of "Honey, Do You Love Me?"



As she fought her way through the crowds of retreatants, Angelica Moreno, dug into the 'traditional' s'more nachos.



The entire Connections retreat 'huddled' together in freshly-fallen snow.

One Last Hoo-Rah! Snow Week

Regis' most epic Snow Ball Dodgeball match took place on Monday, starting the week off with a punch.

Two weeks before finals is a magical time. Not only is there snow on the ground and peppermint mochas in the Café, but there are also a myriad of activities on campus in celebration of Snow Week. Snow Week is a time when all of the stresses of finals week simultaneously come into view and melt away. This year, a variety of programming committees chipped in together and planned fun activities such as dodgeball, a tree-lighting party, and, of course, Ice Queen and the Snow Ball—all of which were attended by the **energetic** Regis students. Ice Queen was a major success and was hosted by Student Body President Josh Kniss and the ever-hilarious Kyle Mack. Carlee Taga was crowned Regis's Ice Queen, but every participant was fantastic—even Justin Bieber! The Snow Ball dance was equally fun, taking place at the Denver Botanic Gardens.

Way to go, Rangers, for giving a great last hoo-rah before finals! Let it snow, let it snow, let it snow.



Santa Claus posed with three freshmen ladies Lucy Sera, Amicua Conway, and Hailey Barr

Ice Queen participant, Angela Mercier charmed the crowd with her improv crew, Jennifer Babcock & Matt Burns.



Franciso Martinez finished up eating a gallon of ice cream at the food eating contest



Attendees of the Snow Ball danced the night away.



Michelle Bailey sang her heart out in the Ice Queen competition.



Santa fun at the tree-lighting ceremony



Lena Hoff, Cristina Johnson & Estevan Ledesma had a good time at the Snow Ball.



Regis' Reigning Ice Queen, Carlee Taga, proved that she was, in fact, a true "Colorado Girl." Take that, Katy Perry!

Classics Keep Bringing the Fun

Thursday Thrills

A group of students let loose and dance to the music at the booth

Every Thursday night, the Programming Activity Committee brought something new to the Regis campus to give students an entertaining break from their normal weeknights. The most popular events included Dueling Pianos, The Mentalist, Minute to Win It, Ranger Idol, Ice Queen, and The Price is Right. From week to week, Thursday Thrills held the attention of many students. Junior Micheala Carbonneau said, "I love Thursday Thrills, it is always exciting to see what they will do each week. Sex Signals was my favorite to see, it was so funny." The Mentalist, one of the most popular thrills, drew a very large crowd of students. At this event, students were able to witness Craig Karges' mind-bending feats. Overall, Thursday Thrills allowed the student body to express their amazing **energy** and unwind after a long week.



A guest pianist performed at the Dueling Pianos thrills.

Hoping for a match, these students flirted during Speed Dating.



Michelle Baily was on stage grooving to the beat of the dueling pianos.



This student got her mind read as she participated in the Mentalist's act during Thursday Thrills.



Surrounded by the smell of love and cologne, a group was able to mingle and talk during Speed Dating.



Many students gathered for the lighting of the bonfire after the volleyball game.



A lucky young man received a phone number at Speed Dating.



Will Sabin was on stage, while the Mentalist performed man tricks of the mind.

The Best of the Best Best of Colorado

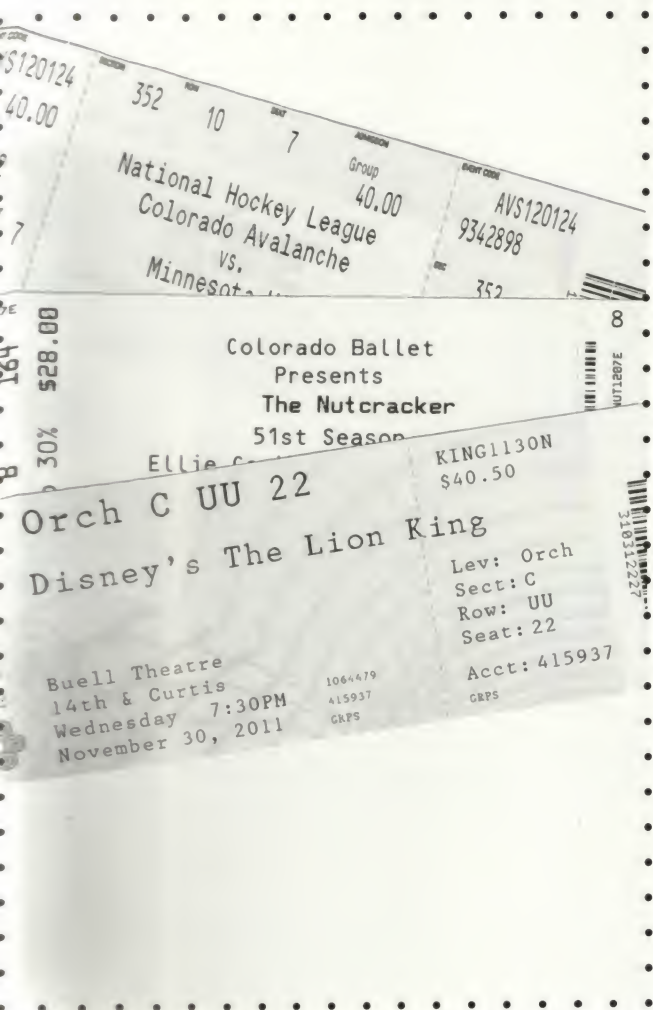
Several students, getting ready to watch the Colorado Avalanche take on the Minnesota Wild

Let's be honest, Colorado may be the most beautiful state. EVER. No offense to anyone else, but how many other places have incredible mountains and hiking trails, one of the largest performing arts complexes in the world, a great music scene, and six professional sports teams? The Best of Colorado is an awesome program at Regis that gives students the opportunity to really experience all that Colorado has to offer. This year, the **energetic** BOC kids got the chance to see The Lion King at the Buell Theater, go white water rafting, go to an Avalanche game, see the Nutcracker ballet, and go on other fun excursions. All the fun of Colorado, in one neat package.



Anna McGinnis, Ellen Lundwall, and Jessica Erjavec attended the Av's game.





Jess Morgan, the director of Best of Colorado and her two friends are so excited to be a part of this experience.



B O C 2012

The whole gang, getting ready to go white water rafting outside of Glenwood Springs

One Last Chance of a Lifetime

Last Call

Last Call is a tradition that was lost for several years—until it was brought back last year. It was an opportunity for seniors to spend a little bit more time together enjoying the wonderful opportunities of Colorado. It included brewery tours, wine tastings, musicals at DCPA, a trip to Black Hawk, and so much more. It really allowed the seniors a last opportunity to bond with each other, and it was a program that was so full of **energy**. Every senior who took part in it made memories that will last a lifetime.

John Everhart and Matt Hoffman took a break to joke around while Mary Beth Navo and Kyle Seery cooked beef stroganoff for the group during their lesson at the cooking class.



Amanda Schell, Kristen Cabanting, Josh Kniss, and Bre Simbeck all cut and prepared the pears that were going to be used in the delicious dessert.



Lizzy Sepe, Matt Hoffman, John Everhart, Dan Ford, Melanie Wittenborn, Jill McCaffery and Anne Flower wanted to remember their night before the "Lion King."

Olivia Tracy, Cassi Konopasek, and Eli Holmes were really excited to get to spend some time together at the Comedy Club.



James Estes, Mary Beth Navo, Calli Barlow, Mike Detty, and Shannon Quirk reconnected while cutting up ingredients for a salad.



Kyle Seery, Dan Ford, John Everhart, Jill McCaffrey, and Matt Hoffman were super excited to go on the brewery tour.



Rose Aspholm, Bre Simbeck, Jamie Mann, Eli Holmes and Carlee Taga are really proud of themselves after helping cook a 3 course dinner for the whole last call group.



Shelby Schneebeck, Meredith Sabin, Hunter Fischbeck, Calli Barlow, and Josh Kniss were ready to start laughing at the headlining comedian Kevin Nealon from Saturday Night Live!



John Everhart, Matt Hoffman, and Mary Beth Navo were ready to show off their cooking skills.

How Ought We To Live?

Spiritual Life

Ted Lynch and the McCabe kids helped sort cans for the RU CAN U food drive.

The spiritual life was alive and thriving on campus. Through events like CURA, Feasts of Faith, retreats, Romero House, Masses, Interfaith services, Common Ground, Lessons and Carols and Wednesday Night Prayer, students were able to nurture their spirituality and feed themselves in ways that the academic world could not. Regis students were challenged to ask tough questions of themselves and those around them regarding justice issues, and they were invited to more fully know their God. There were retreats and monthly events that gathered students together to help them enter into the Magis--'the more'-- of their college experience, and students were offered tools to help them to pray and engage more wholly with their community. There were many spiritual programs that were available to people of all religions that helped to create a thoughtful, **energetic**, and mission-driven campus.



Morgan Nitta

Morgan, a junior was involved in a variety of activities that added to the spiritual nourishment of the Regis community. She helped run 'Food for Thought', a monthly, all-CURA program that linked CURA groups to issues of social justice. Nitta also worked, helped plan and lead retreats, was involved in community service, and helped found the RU CAN U food drive program. She served as an Insignia and Chief Justice, and she helped chip in for a wide array of activities.



Students and staff prayed together during an interfaith prayer held during Orientation Weekend.

Social Justice and Spirituality Committee members attended a farmers market to buy more sustainable foods.



Susan Arbo read from the ambo during the Mass of the Holy Spirit.



This first year student and his family joined in the final blessing and sending before parting ways for the semester.



Megan Welz and Maggie O'Conner delivered donated food to local food banks.



Students gathered around the dinner table at Roho for Hospitality Night.



First year students on the Connection Retreat tried a variety of postures to pray with out in nature.

Away from the Battlefield!

Retreats

During this years First Track retreat students rock climbed in order to get better acquainted.

Student Life, along with University Ministry hosted a variety of retreats this year. All of which had their own unique **energy** and specific goal. Starting Now was a retreat for the commuter students at Regis which provided them with the opportunity to meet other students and get involved. Connections was a retreat for new students aimed at helping them prepare for their first year of college. Urban Plunge explored homelessness; it included speaking with people who were homeless as well as the people who worked to help them. The Discernment Retreat was a weekend dedicated to decrement and reflection. Kairos helped students examine themselves and the relationships they have with God, one another and their community. The Last was Finding God in All things: A pop culture retreat; this retreat focused how God is in all things.



Finding God in all Things

This retreat was lead by Father Bart and Quinn Waller who focused on current pop culture, specifically movies. When Fr. Bart spoke about the retreat he said, "Some say nothing good comes out of Hollywood anymore but if you really look you will see some incredibly deep and spiritual works." The group looked at "The Lord of the Rings", "Superman", and "Field of Dreams" to name a few. The retreat was so successful plans were made to make it a yearly event. Look out for it in the future and learn how God is in all things, even Hollywood.



Those who went on the Connections retreat experienced a spiritual moment.

Members who went on the Urban Plunge
 event smiled for the camera.



White water rafting was another
 event during the First Track retreat.



At the Connections retreat,
 students went on a hike.



Students prepared to watch a film for
 the God in all Things retreat.



Members who went on the Magis retreat
 participated in a trust exercise.



The group on the First Track retreat enjoyed time in the wilderness together.

Giving Back Community Service

Elizandra Martinez handed out candy at Regis' Safe Trick-or-Treat Street.

Being in service to others is more than a catch phrase around Regis, it is a part of the culture on campus. Whether you were required to take part in service learning for your class, participated because of a club, or did service in the local community because you wanted to, it seems that everywhere one turned, people were serving others. There were even whole intentional communities dedicated to service. Many seniors planned to spend the year after graduation doing service work with the Jesuit Volunteer Corps, Teach for America, or other local and national service opportunities. Service was an integral part to the Regis experience.



Kerstin Ruben-King wrapped gifts to make Christmas a little brighter for those in need.

Students cleaned up the streets around the Regis community during Community Clean-Up Day.



Sarah Magill wrapped numerous gifts at the Father Woody Wrap Party.



Retreatants on the Urban Plunge helped garden at Earth Links.



Morgan Nitta, Claire Radar and Lauren Lum helped deliver canned foods to local food banks.



Yoli Bodie sorted canned foods from the RU CAN U food drive.



Hannah Jones didn't have enough hands to wrap gifts for those in need.



A group of students who were a part of the CURA program helped to divide up foods to numerous local food banks.

Jolly Good Times Holidays

Liz Weaver cut away pieces of her pumpkin to reveal her submission to the pumpkin carving contest.



Andre Gonzalez downed a carton of eggnog during Regis' annual eggnog off at the finals breakfast.



Cassandra Cahill was the Mad Hatter and placed 2nd in the Individual costume competition.

DPT class of 2014 dressed as Despicable Me minions and placed 3rd in the Halloween competition.



Santa threatened to give Angel Estrada & Joe Oldendorf coal for Christmas.



Wendy Serrano, Catalina Hooser & Teddy Black showed off their Batman pumpkin.



Justin Carreras & Robyn Honhn gutted their pumpkin during a pumpkin carving contest.



Sydney Tomlinson, Ellen Lundwall, Alexa Hellman, Danielle Dexter, Gabby Vecchiarelli & Claire Rader sat on Santa's lap hoping for a visit from him on Christmas.



A volunteer thrilled children by painting faces during Regis' annual Safe Trick or Treat event.



The Department of Physical Therapy class of 2013 dressed as Pacman characters and placed 1st in the group Halloween competition.

Rolling in the Dough

Work Study

Erika Guynn and Angela Mercier, two fabulous employees of the writing center.

Work study is a great way to earn money in college. Almost every student job on campus is filled by the fortunate recipients of work study. Some of the many **energetic** work-study students were desk assistants, tutors, office assistants, writing center consultants, people who help you find books at the library, tech support, and that guy who runs after out-of-bounds soccer balls. With work-study at Regis, there is something for everyone. Writing Center consultant Jennie Babcock effectively expressed students' feelings regarding the opportunity of work study when she said, "I am speechless of the beauty of work study, speechless."



Eileen Tran worked at her job as a facility assistant and game crew member for the athletics department.

Josh Oakland had a job this year as a research assistant for the science department.



Tess Orrino and Brittney Moauro worked for Student Activities.



Cipriano Ortega worked in Media Services.



Kaylin Andres worked as a West Hall Desk Assistant.



Kenta Young worked for Regis Tech Services.



Alex Ohmes worked as a Communication Department Office Assistant.



Carly Miller and Emily Smith worked at the Dayton Memorial Library Circulation Desk. Emily said of her job, "the randomness is awesome."

In the Middle of it All Quad Life

Mirasol Moncada and Jessica Tan helped to paint faces at the Safe-Trick-or-Treat event.



Students celebrated Halloween on the quad.



Like kids in a candy store, everyone--**energized** by the weather--piled outside for the first snow of the winter.

Students played red-rover on the Quad during lunch.



Checking out the view from above, Dexter Schiller hoisted Pablo Carrera onto his shoulders during the orientation dance.



Tossing a ball was always a good way to spend time in the quad.



Students ate together on the quad during a nice fall evening.



Megan Welz was the perfect combination of elegant and hard core as she skated through the quad.



Taylor Clapp, Ken Phillips, and Hannah Jones helped to lead an interfaith service on the quad.



Student leaders took time to participate in the Community Clean-Up day. They signed-up for jobs before they hit the streets.

Colorado, The Colorful State

Life in Colorado

Amanda Isenbart enjoyed the Broncos game at Sports Authority Field At Mile High.



The sun shines 360 days a year in Colorado, so there's no better place for outdoor adventures. Skiing, snowboarding, hiking, rafting, exploring, and so much more are possible because of Colorado's weather. There were a lot of groups at Regis that took full advantage of the natural surroundings of the Rockies, including the Outdoor Adventure program, the Best of Colorado group, Last Call for seniors, and the Colorado Outdoor Recreational Experience (C.O.R.E.).

However, as great as the weather could be, plans for the weekend often had to change with the weather. The weather was described as bipolar, erratic, and consistently inconsistent. The unpredictability only added to the excitement, as people got a full variety of climate conditions by living in Colorado. This unpredictability provided opportunities for a variety of fun activities--including skiing in the winter and rafting in the summer--for the **energetic** students who enjoyed the outdoors.

Colorado was the best place for Regis. This location gave students the freedom to explore the great outdoors while discovering their inner values and beliefs. The environment served to educate students and give them the well-roundedness necessary to succeed in their future.



Native Coloradoan

Liz Connelly was born and raised in Colorado Springs, Colorado. She enjoys hiking, sledding, biking and exploring uncharted areas. When asked what her favorite thing about Colorado is, she enthusiastically responded, "I love the weather, how beautiful the mountains and landscapes are, and the fact that there are very few bugs and there's no humidity." According to Liz, the most well-known landmark in Colorado is Pike's Peak.



Megan Welz & Maegan Cooley enjoyed the beauty of Colorado.

Regis students hiked on a beautiful Colorado day.



Becca Hedley enjoyed the beauty of the outdoors.



Kevin Ettinger had fun on an outdoor adventure.



Regis students admired a landscape in Colorado.



The beautiful weather allowed Regis students to enjoy the outdoors.



Blessed by the beautiful Colorado weather, Regis students, Calli Barlow, Mary Beth Navo, Shelby Schneebeck, Meredith Sabin, Meagan Cooley, and Hunter Fischbeck, cheered for the home team at Coors Field.

A Limitless Week

Spring Break Trips

After a pretty long stint of awkward and, in a sense, depressing weather, Spring Break (and the chance it gave us to escape from the craziness of the spring semester) could not have come sooner. Break itself was a chance for rejuvenation, rest, and adventure. Some students eloped to the slopes, caught the first flight home, buried themselves in their beds, or chose to go on one of the alternative break trips. These alternative Spring Break programs included the Habitat for Humanity Collegiate Challenge in Laredo, Texas; the United Saints rebuilding trip in New Orleans, Louisiana; the San Diego Immersion Experience; the Dominican Republic Immersion Trip; and the Outdoor Adventure Program's Backcountry Skiing and Snowboarding Trip. Various students opted to go on one of the many alternative trips and truly had a blast as they explored a new city, culture, and way of life. Many students stepped outside of their comfort zones and truly *did* things they never thought they could or would ever do. For example, the San Diego group took a tour with Border Patrol Officials at the edge of San Diego and Tijuana. While on these trips, students built strong connections with each other, the people they met, and their activity. Skiers and Snowboarders lived and literally slept in the snow, while helping in the construction of house or playing with children in a village made the Dominican Republic, New Orleans, and Laredo trips memorable. Spring Break this year brought limitless opportunities to all students.

Together as a 'family' the Laredo group shows off what they accomplished while in Texas.



While on the Dominican Republic Service Trip, Claire Murray played with two children from the village the group visited.

Spread out and relaxed after a long and tiring day at the work site, the New Orleans group kicked back and enjoyed the presence of one another.



While in Chicano Park, the San Diego group refurbished murals within the park.



As they took a break from skiing, the back country skiing group yawned in sweet desperation.



Part of the New Orleans group with one of the many homeowners they helped while on their trip



Steps away from the Mexico Border, the San Diego group got a glimpse of what life is like just across the border.



Heath Anderson followed closely while backpacking as his group "played" follow-the-leader.



As they rode from one destination to the next, the Dominican Republic Group explored their surroundings as they experienced--yet again--another form of transportation.

A New Home Walker's Pub

As they enjoyed the new atmosphere, Breonna Rubalcava, Elli LaBellarte, Tessa LaBellarte, Becca Rauh played a game of pool

Construction was common around campus this year, and after Winter Break it was in one unusual place: the Student Center. Black boards covered the windows and doors of what used to be the Student Lounge. The sign said: Walker's Coming Soon... but what was Walker's? Initiated by RUSGA, Walker's Pub—which used to be located in the second half of the Ranger Grille—had undergone a makeover and was moved to provide easier access to both the Pub and to the entertainment that it could bring to the community. The Pub officially opened on Super Bowl Sunday, February 5, 2012. To start the celebration, the student band, Souled, played until the game began. Overall, the opening of Walker's was a success, complete with a full audience, excitement, chalk tables, friends, football, great food and drinks, and relief for RUSGA and the Office of Student Activities.



Testing out the new tap, bartender, Jenny Filipi topped off some mugs off beer.

Enjoying the pub and each other's company, a group of guys, played a card game while awaiting the start of the Super Bowl XLVI.





spirit



Dribbling Through the Competition

Women's Soccer

The defending conference tournament champions kicked off their season with three wins when the Rangers took down opponents Minnesota Duluth, Concordia-St. Paul, and Winona St. Three straight losses followed this strong start to the season. The Rangers bounced back with great **spirit** and nabbed a strong win against the nationally-ranked conference rival Metro St. Defeating the Roadrunners sparked a six-game winning streak for the Rangers, during which they took down Colorado St.-Pueblo, N.M. Highlands, Adams St., Colorado Christian, UC-Colorado Springs, and Metro St. Ironically, Metro St. also ended Regis's winning streak. From September 21st through October 16th, Regis won eight out of the nine games, and from September 30th through October 30th the Rangers kept seven of their nine opponents from scoring. Their win against Fort Lewis won them the RMAC conference title and propelled them into the post-season.



While playing against rival Metro St., Meghan Stuart dribbled the ball down the field and looked to pass to a teammate.



CC Rinehart kept a defender at bay while keeping control of the ball near Regis' goal.

Marissa Davis fought off an opponent while moving the ball with her quick feet.



A Regis player bounced the ball off her head in the hopes of gaining possession of it.



Focused on the ball, Kikki Arnold moved by a defender and dribbled towards the goal.



Academic Excellence



Eleven Rangers earned All-Academic honors for their excellent work in the classroom and on the soccer field. Junior Marissa Davis received First Team honors. Second Team honors went to sophomore Allison Cahill and junior Lauren Dorsey Spitz. Honorable Mention tributes went to Chelsea Boka, Heidi Chandler, Stephanie Davison, Nicole Eddings, Maddie Reeves, Meghan Stuart, Kari Taylor, and Taylor White. According to Coach Belzer: "Eleven student-athletes honored with RMAC All-Academic Team selection is the most of any women's soccer program in the conference. We take great pride in performing in the classroom as well as how we perform on the field of competition. As a member of the Regis University women's soccer team, we have high expectations to succeed and thrive in every facet of college life."

Freshman Kellynn McDaniel passed the ball to a teammate before a Metro St. defender could knock the ball away..



SCOREBOARD

Minn. Duluth	W, 3-1
Concordia St. Paul	W, 5-0
Winona St.	W, 3-1
Minn. St. Mankato	L, 3-2
Colorado Mines	L, 2-1
Colorado Mesa	L, 3-1
Metro St.	W, 2-1
Colorado St.-Pueblo	W, 3-0
N.M. Highlands	W, 3-2
Adams St.	W, 4-0
Colorado Christian	W, 1-0
UC-Colo. Springs	W, 1-0
Metro St.	L, 2-1
Colorado Mesa	W, 4-0
Colorado St.-Pueblo	W, 2-0
Neb-Kearney	W, 2-1
Adams St.	W, 1-0
Fort Lewis	W, 1-0

On the run, Karin Taylor moved down the field and worked to gain control of the ball.



Katie King kept the ball away from a Metro St. defender and looked to score a goal.



Cassandra Hanna received the ball, then looked down the field to pass the ball and try to score.



Spirit Guides Team Through Season

Men's Soccer

Following a historic season where the Rangers finished in the first round of the NCAA tournament, Regis began the 2011 campaign with a strong **spirit** and a four-game winning streak. This streak included a shutout of Colorado Christian, where seven different Rangers collectively scored seven goals. Two losses and a nail-biting tie against Colorado St.-Pueblo followed the four-game winning streak. But the Rangers mustered up some **spirit** and bounced back to nab five straight wins, four of which were shutouts. One major win came against cross-town rival Metro St. After losing to them—4-0—earlier in the season, the Rangers came from behind to overcome a 2-1 deficit in the second half, eventually winning the game 3-2. Their defeat over Colorado Mesa earned the team 2nd place in the conference.

Academic honors were abundant for the Rangers this season, with 12 players earning All-Academic Honors. First Team honors went to Ben Buhler, Kyle Emge, and Patrick Freeman. Keegan Bast, Garrett Seitz, and Nicolas Morabito earned Second team honors, and Scott Brown, Kyle Farrell, Alex Howieson, Francisco Martinez, Stephen Reed, and Ben Sabados earned honorable mentions.



Logan Miller got tangled up with an opponent in pursuit of the ball.



Ben Buhler fought to get the ball away from the other team and give Regis an opportunity to score.

Keegan Bast dribbled the ball as he looked ahead for an open teammate to pass to.



Senior Kyle Emge sat and listened with a group of campers.



Joel Mitchell moved down the field as a slew of opponents tried to stop him from scoring.



Reaching Out



Every year, the men's soccer team participates in the "Dare to Play Soccer Camp." At this camp, players from both the Regis soccer team and the Colorado Rapids teach kids with Down Syndrome the basic skills of soccer. Camp participants are paired with a player from Regis and the Rapids, who are able to provide one-on-one time to the campers.

Taylor Diem had fun with a young camper while kicking the ball around during the 'Dare to Play Soccer Camp' that Regis puts on.



SCOREBOARD

Mary	W, 3-1
Upper Iowa	W, 3-0
Sioux Falls	W, 4-2
Colorado Christian	W, 7-0
Metro St.	L, 4-0
Colorado Mines	L, 2-0
Colorado St.-Pueblo	T, 0-0
UC-Colo. Springs	W, 1-0
Colorado Mesa	W, 4-0
Adams St.	W, 5-0
Metro St.	W, 3-2
Colorado St.-Pueblo	W, 1-0
Fort Lewis	L, 4-0
Adams St.	W, 5-0
Colorado Mines	W, 3-2
Colorado Christian	W, 6-0
Colorado Mesa	W, 1-0

Joel Mitchell and Taylor Diem worked to get the ball away from the other team.



Nicholas Morabito gave a piggy-back ride to one of the kids who participated in the soccer camp.



Ben Fredrickson seized the opportunity of an open field and looked to move down field.



Martin Maybin spent extra time with a camp participant.

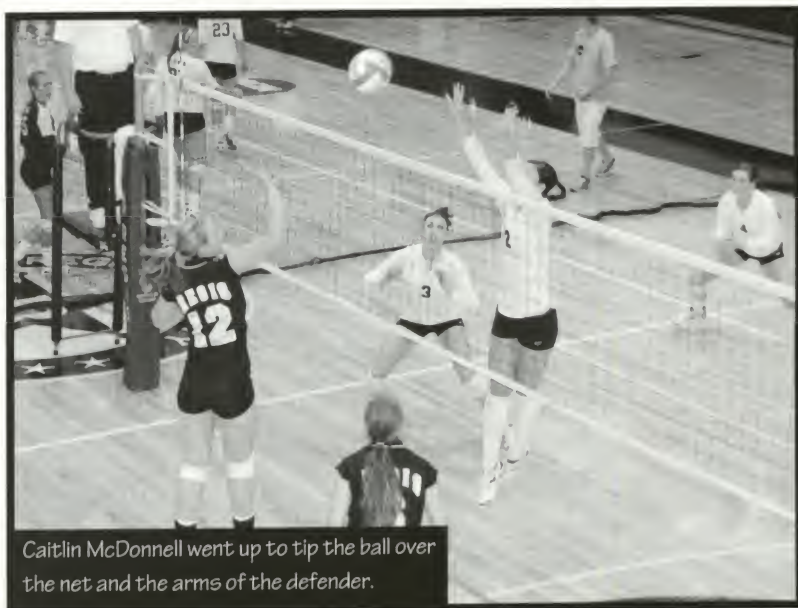


Fans' Spirit Drives Team

Women's Volleyball

The Rangers' great season began in a great way. The team started off with a four-game winning streak in the Saint Mary's tournament against teams such as East Central, Abilene Christian, Pace, and Illinois Springfield. Throughout most of September, Regis won 8 of their 9 games, falling to Metro St on the 20th. The team began October with two losses, but recovered by winning six straight games. This was the longest winning streak of the season. Victims in this winning streak included UC -Colorado Springs, Western New Mexico, New Mexico Highlands, Colorado St.-Pueblo, Ursuline, and UC-Colorado Springs (again). The Rangers ended the streak in a tough five-set loss to Colorado Mines. After another dramatic five-set loss, the Rangers won their last home game of the season with a sweep of Colorado Mines. This feat earned them a spot in the RMAC tournament. Unfortunately, the Rangers fell to sixth-ranked rival Nebraska Kearney in the opening round of the tournament. Throughout this whole season the Rangers have shown great spirit.

The team earned a number of accolades throughout the season. Senior captain Cassidee Young earned Second Team All-RMAC, while senior Kyndell Highland earned Third-Team. Lyz Kann and Sage Martinson were named to RMAC All-Academic Second Team; Lauren Flanagan was named on the honor roll. The team ended the season with a record of 21 wins and 9 losses.



Caitlin McDonnell went up to tip the ball over the net and the arms of the defender.



Christy Henzgen got some air when she hammered the ball by two opponents.

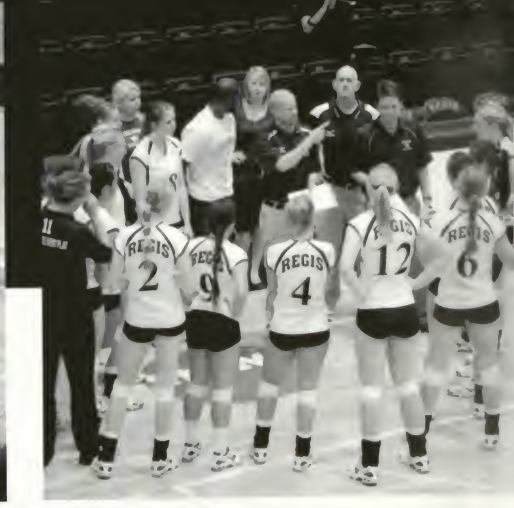
The team gathered together to celebrate a point over their opponents.



Gina Morgan and Makayla Higgins reached to get the block.



The coaches and team took a time-out to discuss strategy.



Success, Support, and Fans



Working through a tough schedule, the team had a great season full of excitement, determination, and a very creative fan base, but winning 20 games was the icing on the cake. It had been ten years since the Lady Rangers were able to rack up 20 wins in a single season. Senior captain Cassidee Young said, "We've had much success this season. A lot of hard work and dedication went into making this season a success. The fans this year were absolutely phenomenal. They became our 7th man. On behalf of our team, I would like to dedicate our success this season to the extraordinary fans. You've made this year so much fun and you were the epitome of school **spirit**! We love you all and greatly appreciate all your support."

Kyndell Highland slammed one over the net and through the hands of two defenders from Concordia-St. Paul.



SCOREBOARD

East Central	W, 3-0
Abilene Christian	W, 3-0
Pace	W, 3-0
Ill.-Springfield	W, 3-0
Nova KBM Moribar	L, 3-0
Johnson & Wales	W, 3-0
Fla. Southern	L, 3-2
Concordia-St. Paul	L, 3-0
Neb.-Omaha	W, 3-2
Lock Haven	W, 3-1
Western St.	W, 3-0
Colorado Mesa	W, 3-1
Fort Lewis	W, 3-1
Metro St.	L, 3-0
Colorado Christian	W, 3-1
Black Hills St.	W, 3-0
Chadron St.	W, 3-0
Neb. Kearney	L, 3-0
Colorado Mines	L, 3-1
UC-Colo. Springs	W, 3-2
Western N.M.	W, 3-1
N.M. Highlands	W, 3-0
Colorado St.-Pueblo	W, 3-0
Ursuline	W, 3-0
UC-Colo. Springs	W, 3-0
Colorado Mines	L, 3-2
Neb. Kearney	L, 3-0
Chadron St.	W, 3-0
Metro St.	L, 3-2
Colorado Christian	W, 3-0
Neb. Kearney	L, 3-0

Gina Morgan tipped the ball over the net and into the hands of a defender.



Aubrey Podschweit got ready for the serve to come over the net.



A large crowd came to watch the Rangers battle before enjoying bonfire after the game.



"We Got 7 Coach!"

Men's Cross Country

Despite their small size of seven, the men's cross country team is full of **spirit**. Guided by senior James Estes, the men's team ran their hardest against their opposing teams. They competed in Alamosa, Colorado Springs, Boulder, Denver, Metro State, and even Spokane and Orlando. It was a challenging year for the men's cross country team, but through it all they supported each other and showed exceptional **spirit** for our school. Cross country is not a sport many people could do, and our team does it with power and strength. From running in the pouring rain at Disney World, to hosting the conference at the Willis Golf Course, our team never gave up. Even if they aren't first place in every race, they leave the other teams in the dust with their **spirit** and their teamwork.

Men's Cross Country Team:

John Brooks, James Estes, Christian Pedroza Gomez, Andrew Tier, Ian Huff, Will Sabin, Joe Oldendorf



Rain, Rain, Go Away



The best memory of this season was the boys' trip to Disneyworld. It was time away from school and time to bond with teammates. For many people, it was their first time at Disneyworld. Not only was the trip memorable because of the time they got to spend together, but the meet itself was memorable. As soon as the team started running, the rain just poured down on them. Despite the unforeseen circumstances, the boys still ran their hardest and showed their **spirit** for Regis.

SCOREBOARD

Alamosa State	5th/145
Colorado Springs	4th/104
Spokane, Washington	24th/931
Boulder	7th/178
Orlando	21st/594
RMAC Championship	11th/333

*Scores as of 11/4/11

John Brooks gave one last push as he crossed the finish line.



Joe Oldendorf, James Estes, Ian Huff, Christian Pedroza Gomez, and Andrew Tier posed for their very own "prom" photo.



John Brooks and Andrew Tier run their hardest to surpass the competition at the hilly Willis Golf Course.



What's Fresh?! Women's Cross Country

Kari Garren, Sam Commerci, Cait O'Brien, Caleigh Durr, Lauren Policky, Grace Triska, Kope McGehee, Ashley Jensen, Kela Vargas, Kelly Fleming, Kristen Coffey, Devon Muldoon, Amanda Derby, Ryndi Zastrow, A. Chittenden, Hannah Cheney



The women's cross country team was quite competitive this year. They had the largest team they have ever had. Through it all, they worked together and supported each other. They have shown great **spirit** for their team and for Regis. Led by seniors Kari Garren and Sam Commerci, the women's cross country team dominated. They competed in Alamosa, Colorado Springs, Boulder, Denver, Metro state, and Spokane and Orlando. Cross country is a tough sport, and they really relied on their teammates to push through 6 A.M. practices, grueling intervals and long runs, and, of course, races. With each passing year, the team has been getting stronger and stronger, and all of the new additions to the team will keep improving the program in years to come.

SCOREBOARD

Alamosa	4th/84
Colorado Springs	2nd/34
Spokane, Washington	9th/299
Boulder	4th/125
Orlando	7th/233
RMAC Championship	5th/152

*Scores as of 11/4/11

A Little Mud Never Hurt Anyone



Like the boys, the girls' best memory was Disneyworld. It was great for the team to be able to bond and get to know each other. Despite the downpour of rain that fell on the girls as they ran, they never gave up. They still tried their hardest, and they showed incredible strength and spirit. This trip was a chance to show their abilities and make memories that will last a lifetime.

Sam Commerci and Kari Garren showed off how they each felt after running a really tough course.



Devin Muldoon races across the finish line to try and beat the competition



Cait O'Brien and Kela Vargas run ahead of the pack as the race begins.



Up to Par Women's Golf

Golf isn't a pastime, it's a lifestyle. All the practices and days on the road made for a somewhat complicated college career. Missing every Monday class could be difficult, but Junior Lara Pocs said, "Going out of town three days a week and spending it with great girls on the golf course is the best." The women in the Ranger's golf program were successful at the Tiburon Golf Club in Omaha. The team finished third out of the RMAC and ninth out of eighteen for the tournament overall. Strong team bonds held this team together, as they supported one another and pushed each other to strive for more.

Spirit on the turf was another important aspect of the game. Senior Alex Semanko said, "Our team **spirit** is awesome! We are always so excited for one another when one of us posts a low score." By no means was golf easy, so team cohesiveness was important in keeping each member of the team positive.

Senior Leader



Senior Alex Semanko finished her final fall season with a bang. She consistently improved her score and competed in all ten rounds this season. Alex grew as a player and as a person during her Regis golf career. She described the impact of participating in golf at Regis when she said, "It taught me personal growth, selflessness, as well as acceptability. Playing golf taught me life skills that helped me mature into the person I want to be." Her teammates describe Alex as a nice person, on and off the green.

Keeping her head down, Nicole Hulbert, hits the ball from the fairway.



SCOREBOARD

Nebraska-Kearney Invite	2nd/342
Nebraska-Kearney Invite	2nd/665
Colorado Christian Invite	9th/335
Colorado Christian Invite	9th/662
Adams State Invite	4th/333
Adams State Invite	4th/662
Chadron State Invite	4th/329
Chadron State Invite	4th/653
RMAC/NSIC Crossover	4th/330
RMAC/NSIC Crossover	9th/682

Sara Shafer swung her clubs and drove the ball.



Teammates, Nicole Hulbert and Alex Semanko take a break from putting to smile.



Sara Shafer tap, tap, tapped the ball into the hole.



Flying With The Eagles

Men's Golf

Ben Davis gets ready to drive the ball as far as he can.



SCOREBOARD

Adams State Grizzly Invite/RMAC #1	9th/607
Adams State Grizzly Invite/RMAC #1	9th/910
Peaks Classic	7th/621
Peaks Classic	6th/916
RMAC/NSIC Crossover/RMAC #2	18th/315
RMAC/NSIC Crossover/RMAC #2	T9th/919
Grand Canyon Invitational	T18th/634
Grand Canyon Invitational	17th/941
Colorado Christian Invitational/RMAC #3	T 7th/601
Colorado Christian Invitational/RMAC #3	7th/899

Dynamic Duo--Super Seniors



Seniors Ben Davis and Robert Quick led the Ranger golfers on and off the course with their superb work ethic and team **spirit**. The two participated in all fifteen rounds of the season and helped to advance standings with their low scores. They will certainly leave an unforgettable legacy here at Regis.

This golfer squared up to chip the ball out of the rough.



Hoping for the best, Robert Quick putted from the green.



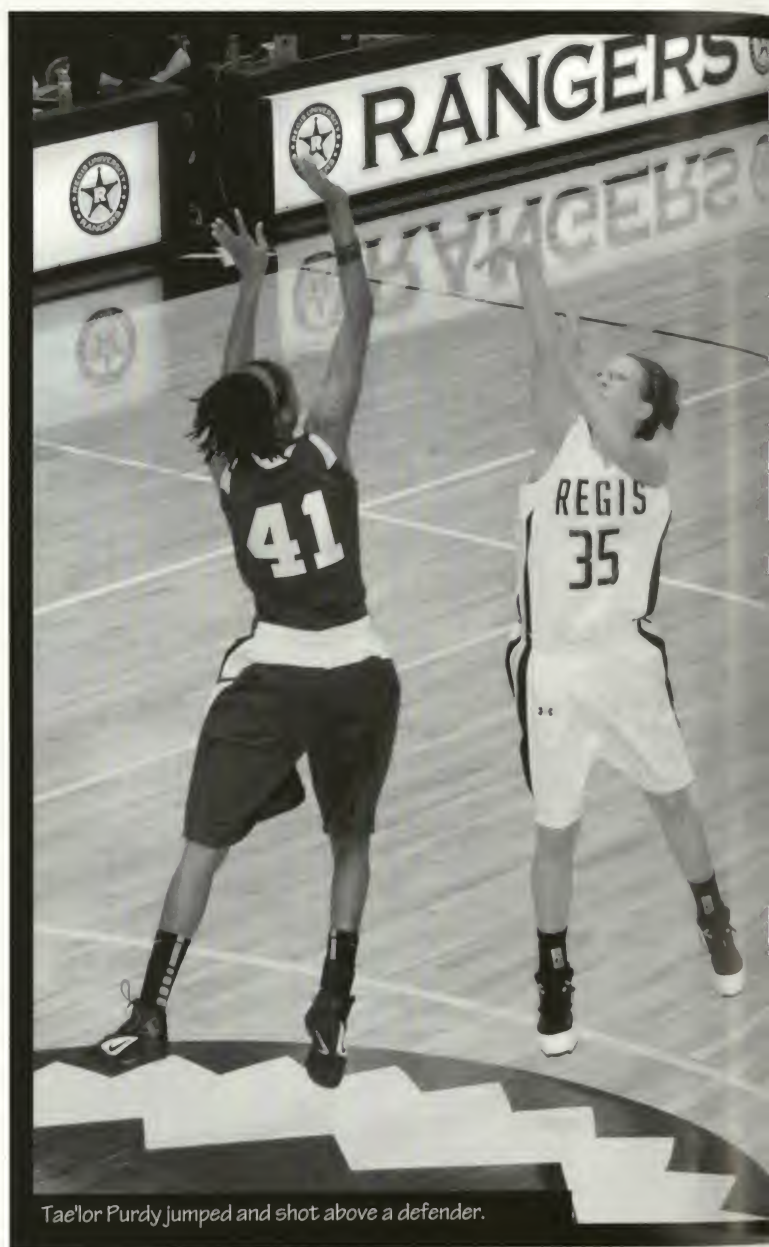
Working Toward Excellence

Women's Basketball

The women's basketball team struggled through a tough RMAC schedule. They relied on senior leadership, strong coaching, and a fighting team **spirit** to keep them motivated. Starting off with three tough losses to Concordia-St. Paul, Winona St., and Newman, the team bounced back to nab two wins against Rockhurst and Barry. Tae'lor Purdy, Kari Ameling, and Sarah Feeney led the scoring in these two games. The Rangers entered December facing a tough road ahead, fighting opponents such as Chadron St., Nebraska Kearney, Metro St., and Colorado Mesa. The team earned four wins out of seven games in December, defeating Western N.M., N.M. Highlands, Nebraska Kearney, and Colorado Mesa. Going in January, the lady Rangers lost four games straight, but they looked to finish strong in their conference schedule.



As Kara Larson shot the free-throw, her teammate boxed-out in order to get the rebound.



Tae'lor Purdy jumped and shot above a defender.

Meghan Hollenga held the ball out of reach and looked for someone to pass to.



Meghan Hollenga drove down to the basket and tried to score on the blocks.



Sarah Feeney passed the ball before it was taken by a member of the other team.



Leadership



This team relied on the strong leadership from the two seniors and veteran coaches. Seniors Bri Simbeck and Kari Ameling both led on and off the court. Teammates said that both put in extra time and effort to do what was best for the team. Simbeck has been at Regis for four years, while Ameling transferred her junior year. Both made a great impact on the team. Head Coach Raunig has coached for 22 years, ten of which have been with Assistant Coach Bain. Katie Vader said, "These two have continually pushed athletes to be the best that they can be, and they are greatly appreciated." Katie also said about the team: "We have a deep bench full of 15 outstanding players that each have their own talents and skill, but we all share the commitment and desire that it takes to make a great team."

Kara Larson and Tae'lor Purdy dove on the ground and fought to get the ball from a member of the other team.



Tae'lor Purdy kept her head down and drove to the basket to score.



Kara Larson handled the ball with care and tried to run the offense successfully.



Sarah Seefeldt looked to score against New Mexico Highlands.



SCOREBOARD

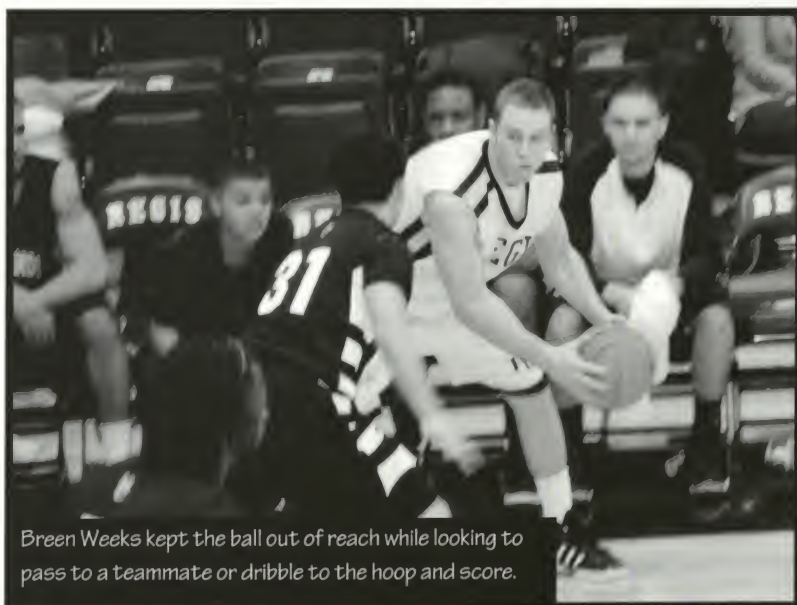
Winona St.	L, 54-39
Newman	L, 63-52
Rockhurst	W, 64-38
Barry	W, 56-49
Sioux Falls	L, 66-55
Western N.M.	W, 78-72
N.M. Highlands	W, 76-65
Chadron St.	L, 71-48
Neb. Kearney	W, 56-37
Metro St.	L, 70-64
Western St.	L, 68-66
Colorado Mesa	W, 75-70
Colorado Christian	L, 76-69
Colorado Mines	L, 59-50
UC-Colo. Spgs.	L, 73-63
Colorado St.-Pueblo	L, 58-45
Adams St.	W, 83-51
Colorado Mesa	L, 69-55

*Scores as of January 21, 2012

Leadership Strives for Cohesiveness

Men's Basketball

Winning three games against Langston, Northern New Mexico, and Sioux Falls out of their first four of the season, the men began on the right foot. But those wins were followed by ten losses, along with a win against Colorado Mesa. In their first conference game against Western New Mexico, the Rangers struggled to score points and to stop Western's offense. The difficult loss was not what the men had hoped for, but their unbreakable **spirit** kept them pushing and striving to be better. Later in their schedule, the Rangers decided to ring in the New Year with a close win over Colorado Mesa on New Year's Eve. Leading that game was senior Lance Korell, as well as junior Breen Weeks and sophomore Jon Conley.



Breen Weeks kept the ball out of reach while looking to pass to a teammate or dribble to the hoop and score.

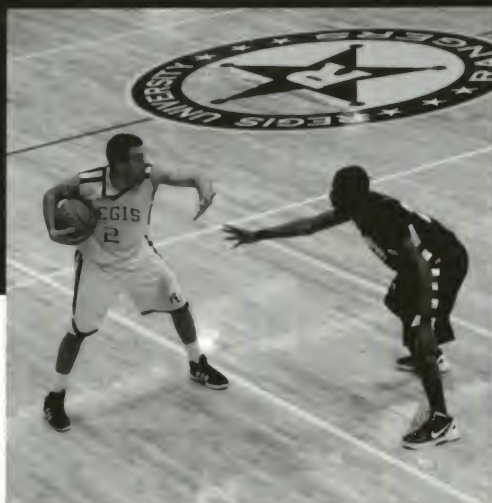


Dionte Goodlett got some air above a defender and shot to score.

Demetrius Owens kept the ball away from the opposing team while looking to pass.



Chris Johansen put his arm up to protect the ball while on offense.



Lance Korell handled the ball with care while dribbling past a defender.



Senior Leadership



Leadership is required to keep a team together and running smoothly. The men's basketball team relied on seasoned seniors Chris Johansen and Lance Korell to guide them through the season. Both of these players were leaders in the classroom as well as on the court. Coach Porter said, "They are both great students and have worked very hard on the floor." These two men stayed strong throughout a difficult season and kept their heads high.

SCOREBOARD

Langston	W, 76-65
Sterling	L, 84-81
Northern N.M.	W, 65-52
Sioux Falls	W, 77-69
Western N.M.	L, 80-56
N.M. Highlands	L, 84-75
Chadron St.	L, 72-58
Neb. Kearney	L, 72-60
Metro St.	L, 78-71
Western St.	L, 62-52
Colorado Mesa	W, 60-58
Colorado Christian	L, 69-64
Colorado Mines	L, 80-56
UC-Colo. Spgs.	L, 82-60
Colorado St. Pueblo	L, 77-64
Adams St.	L, 82-56
Fort Lewis	L, 83-65

Senior Chris Johansen moved past an opposing player toward the basket to score.



Greg Lee quickly passed the ball to an open teammate before a defender crowded his space.



Breen Weeks got low in order to protect the ball from the other team.



Lance Korell kept the ball high and out of reach to prevent a turnover.



Team Looks for Continued Success

Softball

After a very successful season in 2011—during which the team won a conference in a come-from-behind fashion—the Rangers looked to bring their previous success into the new season. Losing six seniors meant a loss of talent, experience, and leadership, but it also opened the door for new talent and **spirit** to step into the program. Seven new freshmen brought their individual abilities to Denver in order to contribute to the team and work to fill the gap left by the recent graduates. Though the team lost six seniors, there were many returners to fill leadership roles. Seniors Nikki Haberkorn, Cassie Long, Maegan Cooley, and Natalie Adami had a combined 16 years of Regis softball experience that enabled the team to thrive and succeed together. With 10 returners and 7 new members, the team worked to create cohesiveness amongst and new bonds with each other.



In a close play, Nikki Haberkorn tried to tag the runner stealing third.



First baseman Maegan Cooley lunged to stop a ground ball down the first base line.

Sydney Gaffin threw the pitch and then fielded the ground ball for an out.



Bre Backlund stood on second base and waited for the next play.



Mid-pitch, Natalie Adami readied to release.



Peyton Palermo



The Lady Rangers were fortunate enough to meet Peyton Palermo through the Friends of Jaclyn organization (an organization that matches collegiate teams with children that have various diseases). Peyton battles a recurring brain tumor. Junior Micheala Carboneau said, "We're like older sisters trying to make her life as normal as possible. We focus on her as a person rather than focusing on her illness." The team has done different activities with Peyton, such as getting pedicures, decorating gingerbread houses, baking cookies, going bowling, playing laser tag, and going to Regis basketball games.



Shannon Massine jumped into the air to make the catch.

Rachel Illias dove for a ground ball as Bre Backlund looked on.



Maegan Cooley squared up for a bunt in order to move the runner.

Cassie Long made contact with a ball.



Taylor Wilcox caught the ball from her pitcher.



Shannon Massine slapped the ball and made it to first base.

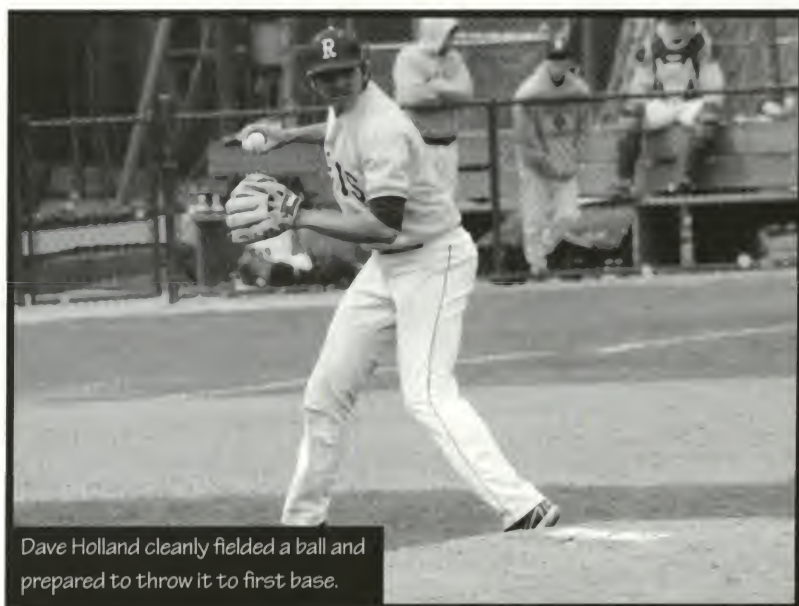


Rangers Strive for Improvement Baseball

After a 22:27 season, the team looked to improve and relied on **spirited** seniors Dave Holland, Ty Lain, Alex Haag, Charlie Henderson, Colt Meacham, Mike McElreath, Joey Wheeler, and Steve Falconi to guide them through the tough conference schedule. This schedule included rival teams such as Colorado Christian, Nebraska Kearney, cross-town rival Metro St., and Colorado Mines. Sophomore Steven Brault was named the preseason player of the year after earning the Freshman of the Year honor in 2011. Sophomore Jon Shoutta and senior Dave Holland earned preseason honors. The Rangers were picked to finish sixth in the Rocky Mountain Athletic Conference.

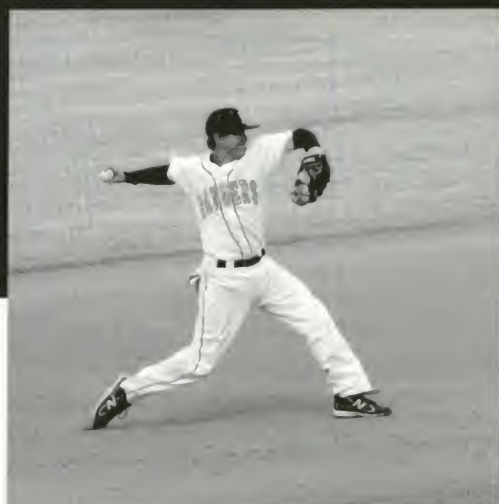


Mike McElreath threw a pitch to the batter for a strike.



Dave Holland cleanly fielded a ball and prepared to throw it to first base.

Alec Mielnicki launched a ball to first base to get an out.



Colton Meacham squared up for a bunt in order to move the runner.



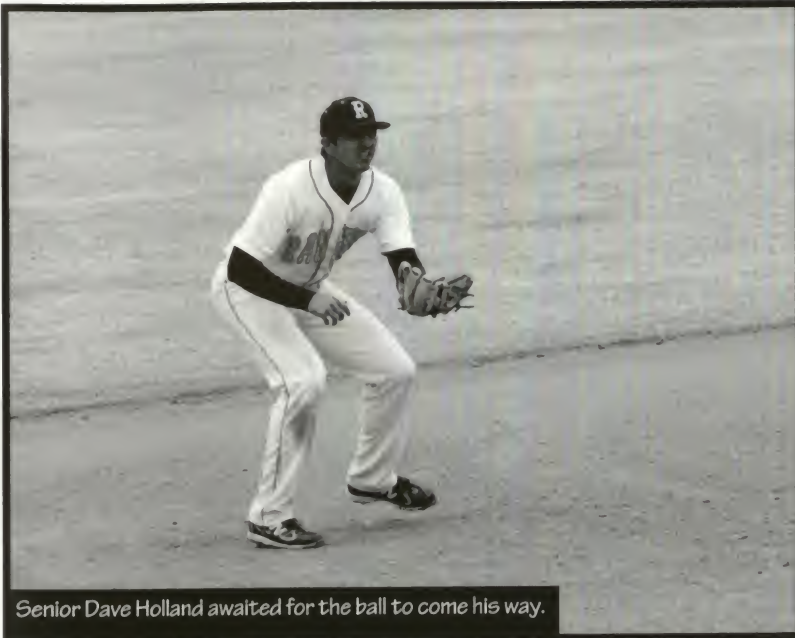
Bob Terry crossed home plate to score a run for the Rangers and help the team win.



SCOREBOARD

Sioux Falls	L, 6-5
Sioux Falls	W, 7-4
Sioux Falls	W, 9-2
Sioux Falls	L, 4-3

Scores as of 2-19-12



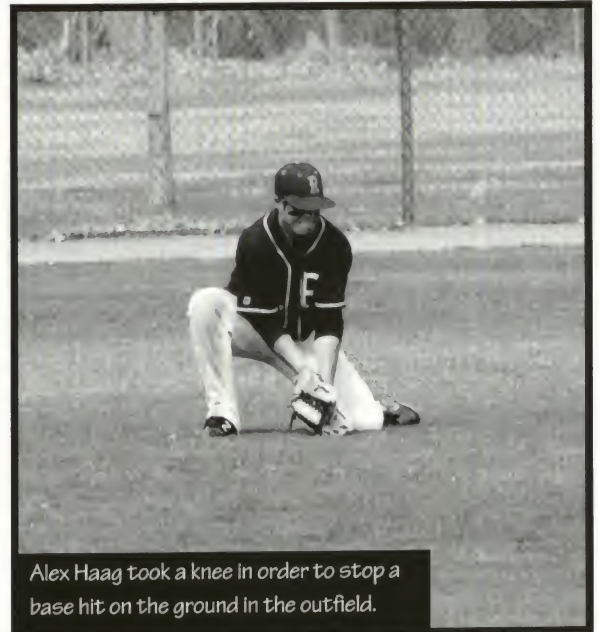
Senior Dave Holland awaited for the ball to come his way.



Stephen Brault connected with a pitch for a base hit.

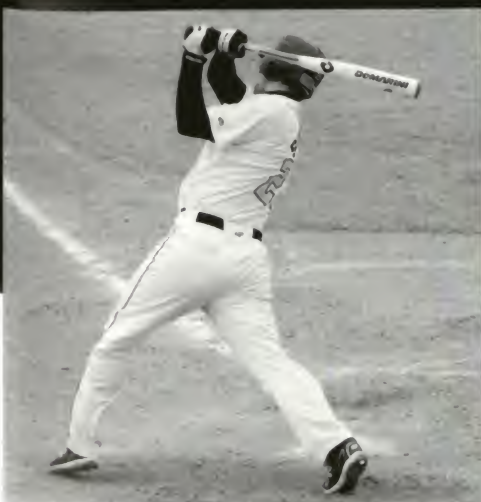


The team stood together for the National Anthem before their first game of the day.



Alex Haag took a knee in order to stop a base hit on the ground in the outfield.

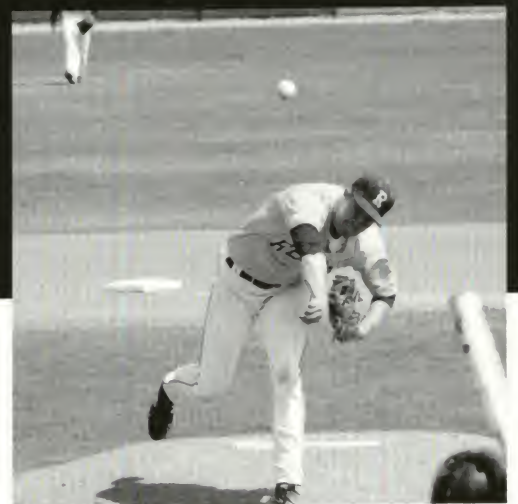
Jonathan Shoutta followed through on his swing.



Nano Jacobsen made contact with an outside pitch for a base hit.



Kyle Mack released a pitch from the mound in an attempt to get an out.



A Hustling Spirit

Women's Lacrosse

Last year's 2011 Womens Lacrosse team took the Western Intercollegiate Lacrosse Association (WILA) title after a season of hard work, determination, domination, and winning **spirit**. This year, they brought back another strong group of young ladies that had amazing chemistry both on and off the field. They believed that in any team sport, forming bonds was an important component of success. Led by their four seniors, they attacked a tough schedule, traveling to places like Missouri, North Carolina, and different parts of Colorado. Although traveling on the road while keeping up with their studies was both draining and challenging, they believed that these were the times that allowed them to make the best memories and to truly test themselves as competitors. With the team's competitive **spirit** and rugged attitude, these ladies showed what it was like to be a proud Regis Ranger.



Sophomore Danica Cutshall made a very aggressive play by the net.



The Women's Lacrosse team gathered in celebration after scoring.

Sophomore Kendra Burch made an aggressive move towards the ball in this outstanding play.



Junior Margaret Nahrup passed the ball to one of her teammates.



Junior Erin Flynn moved the ball quickly down the field.



Carly Wagner

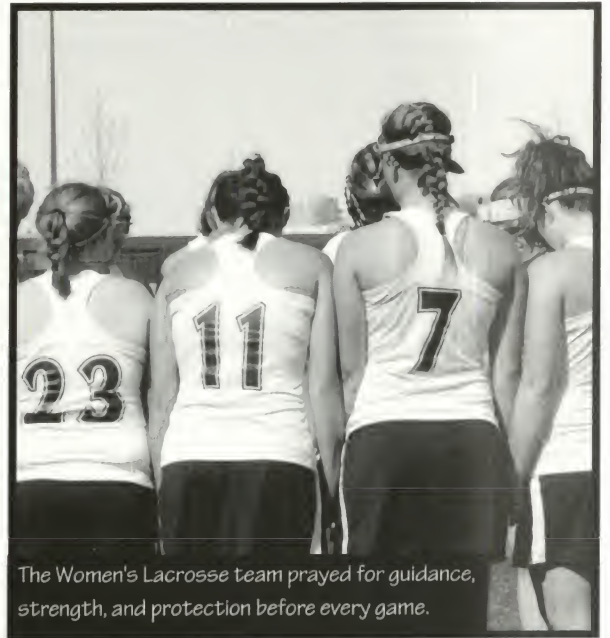


This year, Carly was a Senior Defense/Midfielder for the Regis Rangers Lacrosse team. She has been playing lacrosse since 7th grade and loves that she has been able to build a family with her Lacrosse sisters at Regis. She also enjoys the great competition she gets out of being a student-athlete, and she enjoys building memories along the way. Her most fond memory of her lacrosse career was winning the Western Intercollegiate Lacrosse Association (WILA) title last season.



Senior, Morgan Taylor, has contributed four solid years to the Regis Athletic Program.

The 2011-2012 Regis Rangers Women's Lacrosse Team.



The Women's Lacrosse team prayed for guidance, strength, and protection before every game.

Senior Morgan Taylor used her quick feet to get away from her opponent in this play.



Senior Erin Dybus had possession of the ball and waited to pass to one of her teammates.



Sophomore Danica Cutshall prepared to face off at the beginning of the game.



Ranger Crossing

Men's Lacrosse

The guys who participated in men's lacrosse this year worked hard. With multiple practices each week and games against some of the top schools in the state, no one can say the members of the team did not put great time and dedication into their sport. Fortunately, the strong effort came with great rewards. The team promoted a new level of awareness about their sport, increased school **spirit**, and became even better than before. With their new level of commitment and success, the team even planned a trip to fly to LA during spring break in order to participate in matches against schools from California.



The team stretched before practice.



Regis member pointed out where the ball landed after it went out of bounds.

Members waited by the field waiting for practice to begin.



Two members waited for their turns during the scrimmage.



A Regis player ran to pick up the ball.



Los Angeles Trip



During the spring of 2012, the men's lacrosse team went to Los Angeles to play the game with schools from California. They participated in four games throughout the week. This event spoke volumes about the team's increased ability and the seriousness of the program. The team was very excited to go and participate in this amazing opportunity.



Regis made a skillful catch during a game.



Player number ten ran towards the action.



The team huddled up to go over a play with the captain.

Part of the team anxiously awaited to get into the game.



The gave it their all, even making dramatic catches.



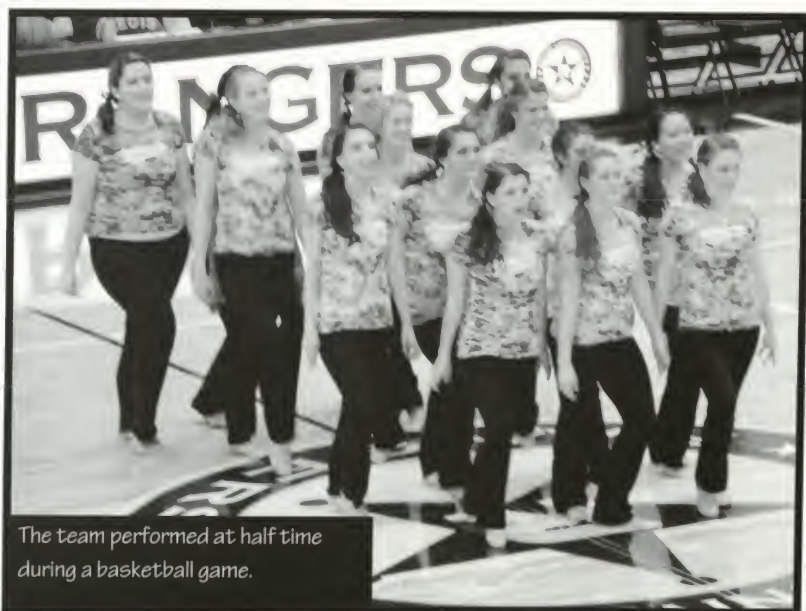
During practice the team ran scrimmages.



Get your groove on!

Dance Team

The dance team at Regis University—from the fall of 2011 to the spring of 2012—was the largest yet, with fourteen members. The team also achieved new heights in its involvement with the Regis community. They promoted school **spirit** through the candy cane and Valentine's Day sales, a guy/girl dance routine on the court, the first "Lil' Rangers Camp" with the Cheer Team for the children in the surrounding community (which they organized), a performance in the CHSSA State Spirit Competition, and a doubled number of routines. The members met several times each week, sometimes as early as 6 AM, so they could give refined and well choreographed performances during half time for the men's and women's basketball teams' home games.



The team performed at half time during a basketball game.



Lauren Nagle and Rebecca Hedley lifted up Jean Mayfield.

Lauren Nagle, Mary Kelloff, Catherine Huh, Crystal Araceli Santos, and Sarah Williams dressed to perform.



The team skillfully executed the choreography for their performance.



Brittany Brunson and BreAnna Sterling posed for the camera.



Lauren Nagle



Lauren was the President of the Lady Rangers Dance Team. Coach Ponder said of her, "Lauren has always been a joy to work with. She is incredibly outgoing and brings excitement to every Dance Team event. She is one of the hardest working members of my team, and [she] is certainly [one of] my most improved dancers. As President, she has certainly raised the bar, and my expectations for any future president will be higher because of the amazing job she has done. She is an asset to my team that is irreplaceable."



The dance team cheered on the basketball team from the bleachers.

Below: The Dance Team in their team photo.



The dance team sat at a game, cheering on the Rangers.



Trissana Burke was in the middle of a dance move during the half game performance.



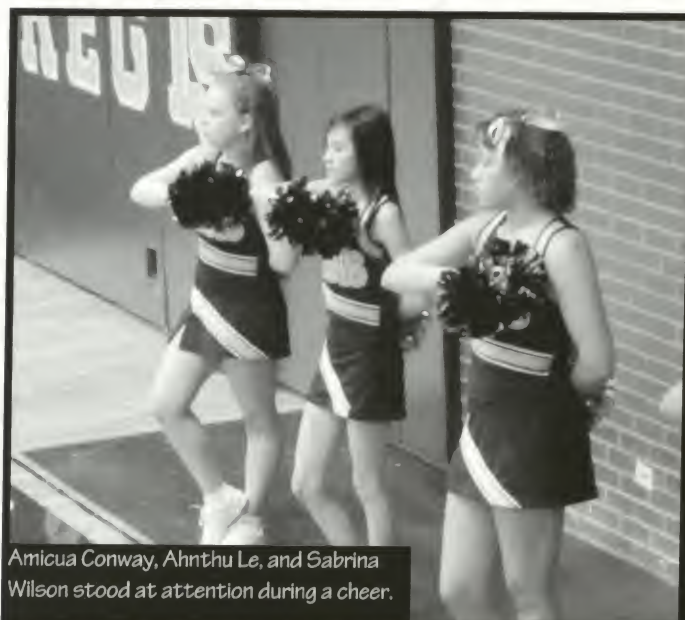
Trissana Burke, Rebecca Hedley, Keshia Cullins, Alex Moauro, and Corey Anne Smith hung out.



Rowdy Cheering Boosts Morale Cheerleading

Cheering was a large part of Regis Athletics this past year. From the cheer squad, to the dance team, to the awesome fan section, athletic support has never been quite so strong. Getting the students involved to complement the cheer squad has made quite a difference at volleyball, basketball, and even soccer games. The cheerleaders arranged the classic and formal cheers, and the student section responded with clever chants. From the classic "Go Rangers Go" to the "Tool Time" cheer, the crowd got into the game even more with these rousing chants. The four cheerleaders that led the chants and the two mystery men in blue-and-yellow body suits made school **spirit** more rowdy than it has ever been.

AnhThu Le and Sabrina Wilson raised their pom-poms during a cheer for the Rangers.



Amicua Conway, Anhthu Le, and Sabrina Wilson stood at attention during a cheer.

Amicua Conway looked on as the game progressed.



Portia Gibbs observed the game and watched Regis fight for a win.



AnhThu Le ruffled her pom-poms and cheered for the Rangers.



Who's Got Spirit? Let's Hear It!

Team Spirit

The fan section stood for the National Anthem.



Kyle Mack, Amanda Isenbart & Aaron Harms got rowdy at a Tailgate party.



The crowd looked on as the game commenced.

Students stood and clapped for Regis.



Girls dressed in an RU theme for the volleyball game.



Leading the crowd in cheers, the Regis Cheer Squad yelled for the Rangers.



What the Scrum?

Rugby

Regis Rugby is an underappreciated sport here on campus. This club sport has worked hard these past four years to make rugby a well-known sport around campus. They have played games here at home, Las Vegas, New Mexico, and Greeley. Rugby is not a sport that many people can play. It requires agility, strength, and speed. The energy required to play this sport is unmatched, and our team displays it with ease. They have played hard throughout the season, shown their **spirit** for our school, and have made the Regis Rangers proud to call them our team.

This year, 5 Regis Rugby players were selected to the 2011 Eastern Rockies Rugby Union Collegiate Select Side. Rany Al-Bochi Mazie, Marco DeGuire, Greg Dungar, Ryan Parkhouse, and Niall McGlade travelled with the ERRFU team and played in a knock-out style tournament against Collegiate Select sides from around the county. The ERRFU team, lead by Senior Ryan Parkhouse at #10, won through to the final. The team was eventually beaten by the Heart of America Select Side, comprised largely of University of Oklahoma representatives. This was a significant return to prominence for the Regis program, which had been without national representation for 4 years. It also bodes well for the future, as three of these players will return next season. Congratulations to these guys!



Jason Kosloski, Rany Al Bochi-Mazie, Will Schneider, and the forwards prepared for a scrum.



"1, 2, 3, GO REGIS!" was what the whole team screamed during their pre-game shake, in preparation for the game to begin.

The whole team gathered for a pep talk before their big game began.

Ryan Parkhouse kicked for the point

Before game warm-ups helped the team be ready to face their opponent.



Nick "Peaches" Stephanus



Nick Stephanus is the new rugby captain, and he said about his opportunities: "I love rugby because it gives young men like myself the unique opportunity to face adversity as a unit and overcome that adversity by working together. I'm honored to be surrounded by young men that share my passion for team sports and for the game of rugby. I am even more honored to be selected as the team's captain. Being a captain on any team is a tough job, but I enjoy leading my teammates on game day, and I welcome the challenges that come with the responsibility of being captain. Rugby is a game like no other, and I believe everyone at Regis can enjoy being a part of the rugby club as either fans or players."

SCOREBOARD

University of Colorado (Pre Season friendly)	36 vs 18 (loss)
Colorado College	17 vs 13 (loss)
University of Denver	29 vs 30 (win)
Western State College	0 vs 7 (win)
School of Mines	36 vs 19 (loss)
Colorado Mesa	36 vs 36 (tie)

*Top Scorers: Ryan Parkhouse, Greg Dungan, and Matt Wither

2011 Rugby Team



Ryan Reid lifted up Marco DeGuire during a line-out to try and block the ball.



Chris Ghincea handed off the ball to Greg Dungan to try and score.



Isaac Lalach ran a pre-game warm up.



Bring it On!

Intramurals

Intramural sports gave all Regis students, faculty, and staff the chance to participate in a sport. Intramural sports provided participants with the opportunity to foster character and leadership skills while having fun and partaking in athletic activities. These activities gave members the chance to bond with one another, and the **spirit** of the dedicated intramural athletes was unbeatable. With teams that included flag football, ultimate Frisbee, indoor soccer, 5 on 5 basketball, a shuffleboard tournament, dodgeball, Ping-Pong, volleyball, and outdoor soccer, Regis truly offered a sport for everyone. The wide variety of sports allowed a wide variety of students to take advantage of this wonderful opportunity to grow in the **spirit** of cura personalis.



The dodgeball team members were agile and energetic.



Intramural sports gave students a great way to have fun and bond with one another.

Members of intramural sports teams exercised their minds as they came up with strategies that would help them win the game.



Team members worked together to win the game.



Intramural sports allowed team members to bond and have fun while exercising their bodies and minds.





The volleyball teams always showed up ready to compete.



Intramurals gave students the chance to exercise both mind and body.

The English Dodgeball team showed us their spirit.



Mahalah Shafer got ready to serve the ball.

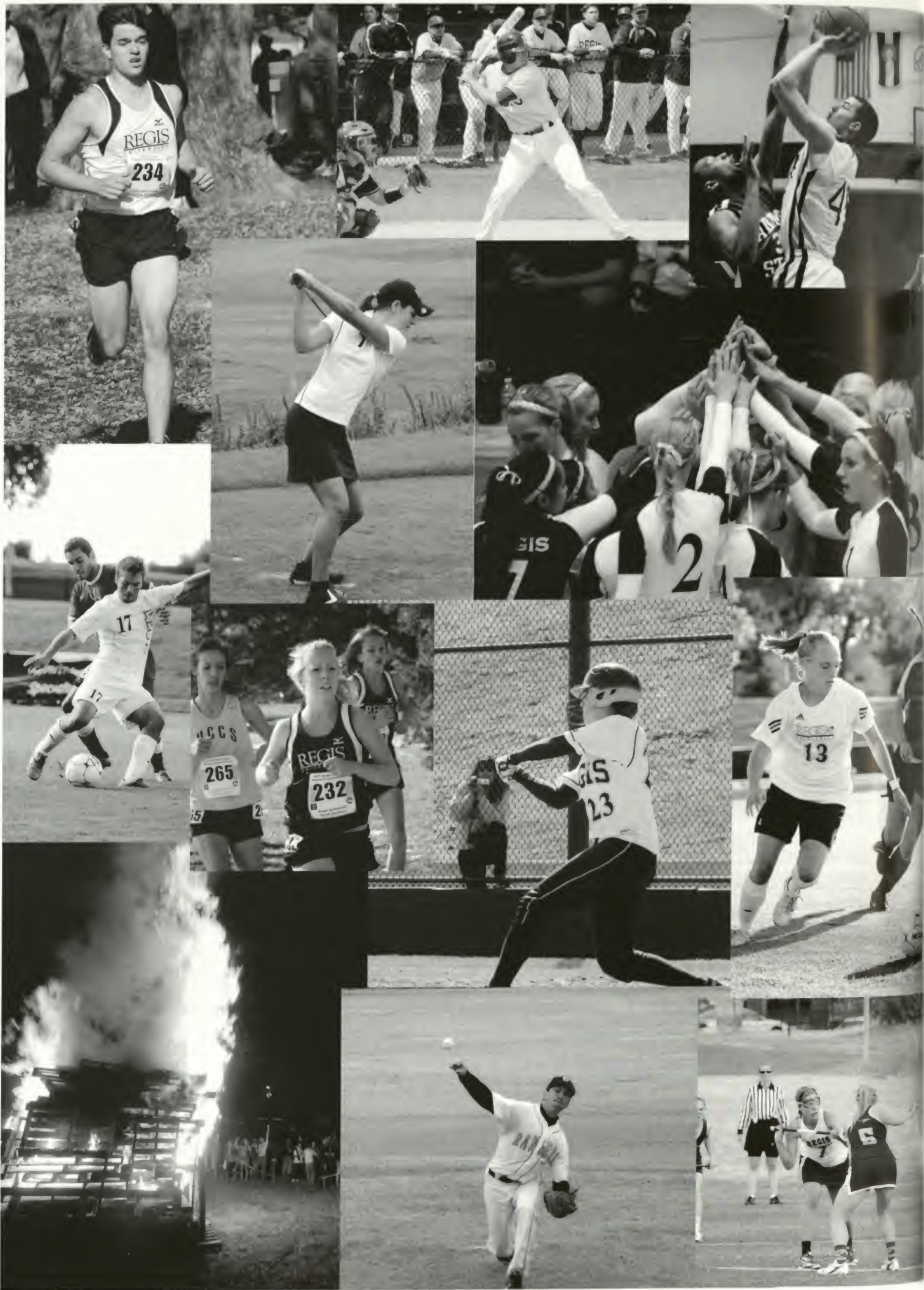


The teams bonded during practice, warm-ups, and games.



The **spirited** team members supported one another, strengthening their friendships and their team.









relationships



The Movers and Shakers

RUSGA



Helping fix bikes, Ariel Wooldrige got parents on their way for Family Weekend.



Proving she could add to 21, Morgan Nitta delt Black Jack during Casino Night.



Jackie Ganfield and committee members of the Sustainability Committee helped to educate students about bottled water.

The Regis University Student Government Association (RUSGA) was compiled of 11 members of the student body, three of whom were elected officials. These leaders helped to plan fun and educational programming that aided in the building of strong **relationships** on campus. From the very beginning of the year these student leaders and their dedicated committees planned a variety of events on campus from hosting Welcome Week events, to Justice Week, Snow Week and Ranger Week and a ton of other activities in between. They were responsible for being good stewards of the RUSGA budget and tried to work toward leaving Regis better than they found it. They began projects such as WeCar--a car share system on campus and continued legacies such as Thursday Thrills and Casino Night during Family Weekend. The students leaders on RUSGA worked tirelessly to try to serve their student body.



Members of RUSGA let loose after being inducted into their positions.

"The White House"



Student Body President and Vice President, Josh Kniss and Megan Cooley lived with several other housemates in a house near campus together. The house was painted white in color and both the Pres and VP resided there, thus, it was justly dubbed "The White House." This home is where a lot of great ideas came to be. They took in old couches from the Student Activities Office, they shot hoops near the basement bathroom, they even had a mascot-- 'Goose the Moose'-- that hung in the 'man-cave.'

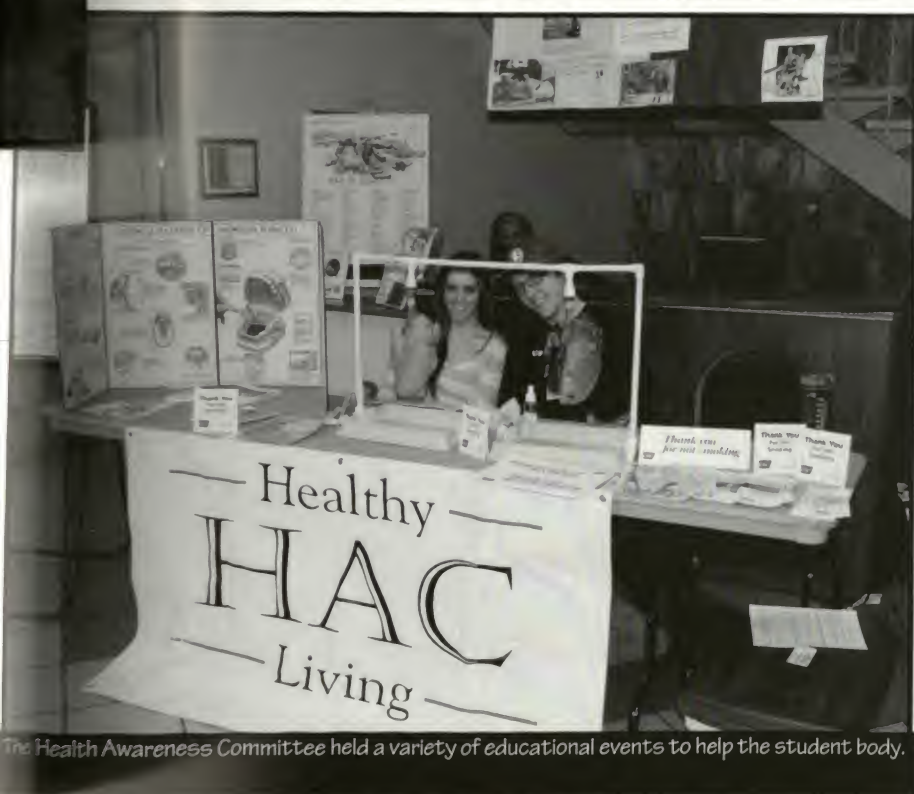
Molly Moss, a member of the Ignatian Family Teach-In delegation listened on as her peers from across the country talked about issues of social justice.



In his flattering swim attire, Hunter Fischbeck pointed Maegan Cooley toward the beach.



Vice President, Megan Cooley ran the Senate meeting.



The Health Awareness Committee held a variety of educational events to help the student body.



Airel Woolridge enjoyed a cupcake during Welcome Week.

Lead. Follow. Serve.

RegisCorps



Blindfolded team members were directed by their sighted partners to carry a box of their dreams across a course in a team building exercise during the leadership retreat.



Students got rid of graffiti during the community clean-up.



Members of Magis gathered together to learn about themselves while on retreat.

The Regis Corps Leadership Program offers students a way to integrate their academic experiences with extra-curricular experiences. Offered as a way to achieve a leadership minor, in its first year of existence Regis Corps worked to invite students who were already active in leadership around campus a way to hone those skills and build **relationships**. The program consisted of multiple components, including course work, an internship program, 40 hours of service, and a variety of workshop sessions meant to help students develop transferable skills into their workplace. Each student accepted into Regis Corps was awarded a \$1000 scholarship for completing the program, which could be used to compensate for an internship or for a spring break service trip. Additionally, the University awarded one full-tuition scholarship to one incoming freshman each year for his/her leadership potential.



Andra Bickel explained to students what Regis Corp was all about.

Leadership Retreat



"Finding one weekend for a majority of the leaders on campus to come together and discuss how to make life at Regis better for everyone involved is extremely difficult. Yet, somehow we managed to make this happen. I feel as though the retreat brought people closer to one another and was a crucial step towards the great work that has already been accomplished on campus and is still yet to be done. From Beau Jo's to the hot tub, the leadership retreat brought people out of their own bubbles, forced leaders to know one another, and ultimately allowed an experience that was better than words can describe. Definitely the best trip that I have ever been a part of."

-Josh Kniss

The future leaders of Regis posed for a picture after a fun night of dancing.



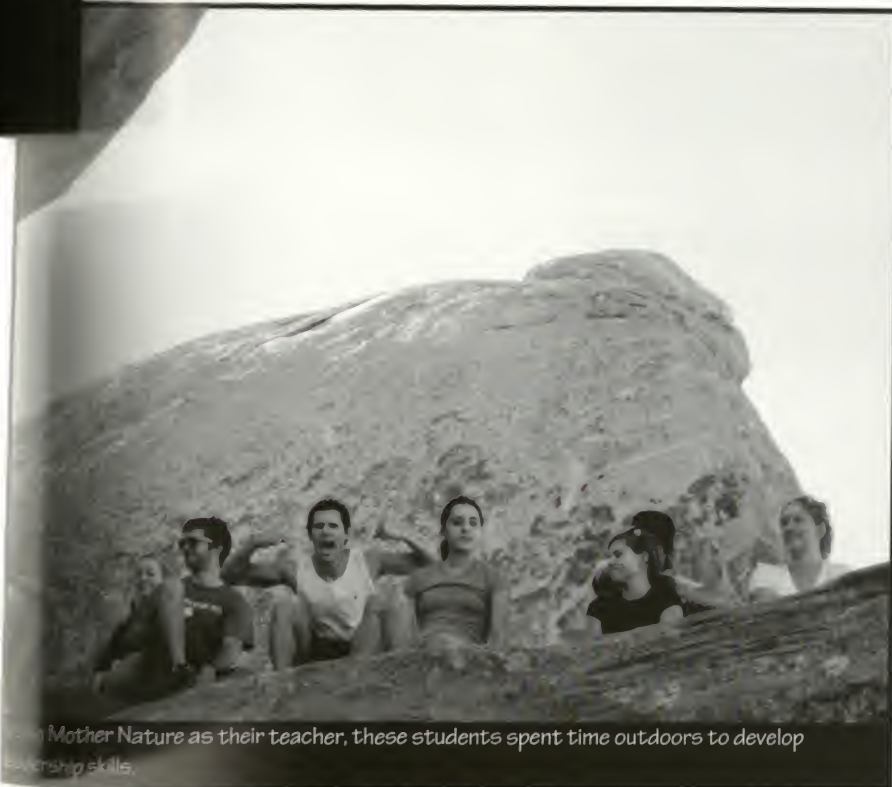
Kyle Mack climbed a wall to keep his balloons safe during an exercise simulating individuals' conflict-styles.



Clare Felletter, Ted Lynch, and Jared Wright spent time in service at Earthlinks.



Student leaders ran small group conversations during orientation to help get new students acquainted with Regis.



Mother Nature as their teacher, these students spent time outdoors to develop leadership skills.

To the Unknown!

Outdoor Adventure Program



Christiana Quinata explored the rocky terrain.



Zoe Vlastos paused to wave high to the group below.



Tim Micek got a great view from the mountain ledge.

The Outdoor Adventure Program, or OAP as it is more commonly known, planned and led trips for students. Some past trips included: backpacking in Canyonlands, Utah; backcountry skiing in western Colorado; mountain biking in Moab, Utah; exploring the rainforests of Costa Rica; and rock climbing, hiking, trail running, and snowshoeing in Colorado. Along with major trips, OAP held on-campus events such as the biannual rock climbing competition, the Film Festival, and the monthly film series. OAP helped students who wanted to get away for the weekend, and—because OAP worked with Student Activities—the trips cost more than half of what they would have cost students to plan alone. It was an excellent opportunity to see new places, build **relationships** with other students with similar interests, and, most of all, to have an adventure.



Jack Bradley and Trevor Hopkins biked in Utah.

Moab, Utah - Fall Break



This year during fall break, the Outdoor Adventure Program went to Moab, Utah, spending 5 days and 4 nights there. During the trip, half of the group went mountain biking while the other half went rock climbing, and everyone went hiking in arches. They spent the nights camping, cooking, learning camping logistics, and hanging out around the fire. Anne Flower, the head of the program, summed up the trip nicely when she said, "It was a blast!"

Rock climbing took a lot of concentration.



The adventures took a group photo under the arch.



Rebecca Hedly, Anne Flower and Than Johnson trekked a mountain.



Ben Schied camped under the stars.



The group took a break in the sand.

A Different Type of Home

The Romero House



Getting down to work, Antonia Lira harvested the house's garden while sporting a skirt.



Messing around with the freshly-harvested vegetables, Elizandra "Champ" Martinez compared the size of a squash to her head!



Overcoming adversity was a daily task for residents of the Romero House. A main one for Antonia Lira and Clare Felletter was unclogging the toilet.

2240 west 34th Avenue was much more than just a typical student house. It was an intentional community where students ratified their college experience by striving to live according to the lessons and teachings of Archbishop Oscar Romero. Five students—Clare Felletter, Antonia Lira, Elizandra Martinez, and Jared Wright—took on this challenge with the House Coordinator, Becky Camacho. These individuals focused on five specific pillars of living: simplicity, spirituality, social justice, service, and community. The residents were all required to work six to eight hours of community service a week, on top of their intense course loads. Life in the Romero House was not easy, but it was enjoyable. The five residents were all different people; they all had different personalities; however, their unique **relationships** made them a family. This family endured the same excitements and struggles as a regular family, and they were together as one unit. The house offered various events that were open to the surrounding community, such as Hospitality and Spirituality nights. On top of being there for the surrounding community, the group had one night set apart just for their family where they shared a dinner together. In addition to their community service and strong dedication to the five pillars of living, the Romero family went on an immersion trip to El Salado during winter break to further their knowledge about Archbishop Oscar Romero.



While waiting for Hospitality Night to begin, residents and guests played a few rounds of catch-phrase.

Man of the HOUSE!



Not only did Jared Wright shape his life around the teachings of Archbishop Oscar Romero, but he lived in solidarity with **WOMEN**. Jared was the only man who resided at the Romero House, and, let it be said, he did not get a whole lot of "MAN-TIME." His female housemates did not mind, and they repeatedly gave him a hard time—especially about cooking; they often referred to him as "Chef Jared." Jared said that "it doesn't affect me that much, and I enjoy my housemates—I just don't get to have much 'MAN-TIME.'"

Among the the main events Romero House sponsored were Hospitality Nights, where guests came for dinner and a guided discussion and lesson derived from one of the 5 pillars.



While leading a group discussion, Elizandra "Champ" Martinez shared information about the El Salvador Martyrs.



Guests of the Romero House fill their plates at a hospitality night.



The family: Champ, Antonia, Clare, Jared, Becky, and of course, Romero!



While talking to a guest from Loyola Marymount University, Antonia Lira shared her thoughts about the night's Hospitality event.

A Faith That Does Justice

Social Justice and Spirituality



A guest speaker from 'Invisible Children' prepares to speak.



Jessie Clark, Lauren Lum, and Peyton Lunzer smile for a quick picture.



Jared Wright participated in a vigil honoring those who were killed in El Salvador.

The Social Justice and Spirituality Committee was a group of dedicated peacemakers who planned programming that helped elevate the mission of the university. From events like a Day of Peace Celebration, movie screenings of films such as 'Papers,' and 'Floodlines', farmers market trips, poetry slams, Masses, and Justice Week, this committee was hard at working helping their peers to connect current issues of social justice to faith and spirituality. They worked in conjunction with offices such as Service Learning and University Ministry and with other clubs such as the Peace and Justice Club, Poetry Club, RUSGA, and CURAs to reach a broad group of students and help transform their hearts and lives.



Members of the committee smile with one of the 'Invisible Children.'

"Presente"



As done at the Gates of Ft. Benning in Columbus, Georgia, Regis students process to makeshift gates to place their crosses on the gates. As everyone walks to the gates, names of those killed or disappeared in El Salvador, including the six Jesuit martyrs, are sung aloud and the group responds with "Presente"-- Spanish for present. It can be a powerful and moving experience knowing that those who were killed for their faith and their commitment to serving the poor are being remembered during that time.

Lauren Lum and Molly Moss visited the Martin Luther King Jr. Memorial in Washington, D.C



Peyton Lunzer and Rose Aspolm prepared to go to a peace celebration.



Students process in carrying pictures of the murdered Jesuits from El Salvador.



Sarah Marietta and Sophie Bennitt are already celebrating Peace!



Students participate in a solemn vigil at makeshift gates in solidarity with those who are witness at the gates at Ft. Benning in Georgia.

New Beginnings

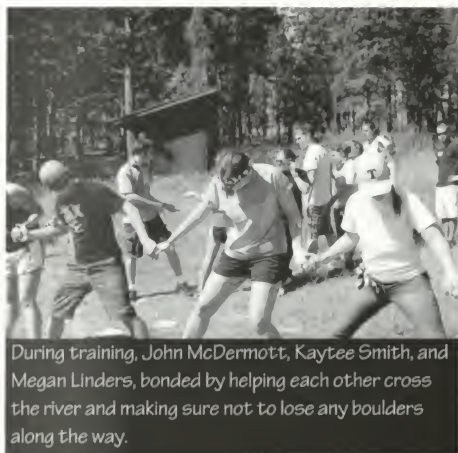
RAs and RHA



The RHA officers and general body members

It takes a very special type of person to be a Resident Assistant. The job is tough, and it never ends. RAs planned programs, counseled residents, and wrote up incidents. Resident Assistants were the first responders and the best friends. They had **relationships** with the students that most other people could only wish to have. It was a job that could be tough, but, at the same time, extremely rewarding.

RHA (Residence Hall Association) is a club that provides support to the RAs. They planned programs and helped make the residence halls a better place for everyone to live and thrive.



During training, John McDermott, Kaytee Smith, and Megan Linders, bonded by helping each other cross the river and making sure not to lose any boulders along the way.



The Residence Life Staff for 2011-2012



The West Hall staff has a bond that can never be broken

We're going on a SafaR.A.



Resident Assistants go through a lot in a year. From planning programs, to taking care of residents, to dealing with incidents--an RA's job is never done. To prepare them for this time, the RAs went through very tough staff training. This year, the theme for training was "SafaR.A." Training was not only a time for learning, but it was also a time for building relationships with the other staff members. From listening to lectures, to a low ropes course, to dinners, to in-hall time, the RAs formed a bond that can never be broken. The staff this year was incredible, and the **relationships** they built are unbreakable.



The DeSmet Hall staff climbed to new heights as they learned about each other's strengths.



The Residence Village staff, while small, had great relationships and a lot of motivation.



ARLCs Sarah Magill, Ashton Nuvolini, Alex Ghincea, Shelby Schneebeck and Mary Beth Navo had a lot experience with and a lot of passion for Residence Life.



The O'Connell Staff, with only two boys, represented the male to female ratio here on Regis' campus.



RA Genevieve Miller took her Pre-Science LLC residents to an IMAX movie.

Let's Get Physical

Fitness Center



Stan Goston spotted a friend working out.

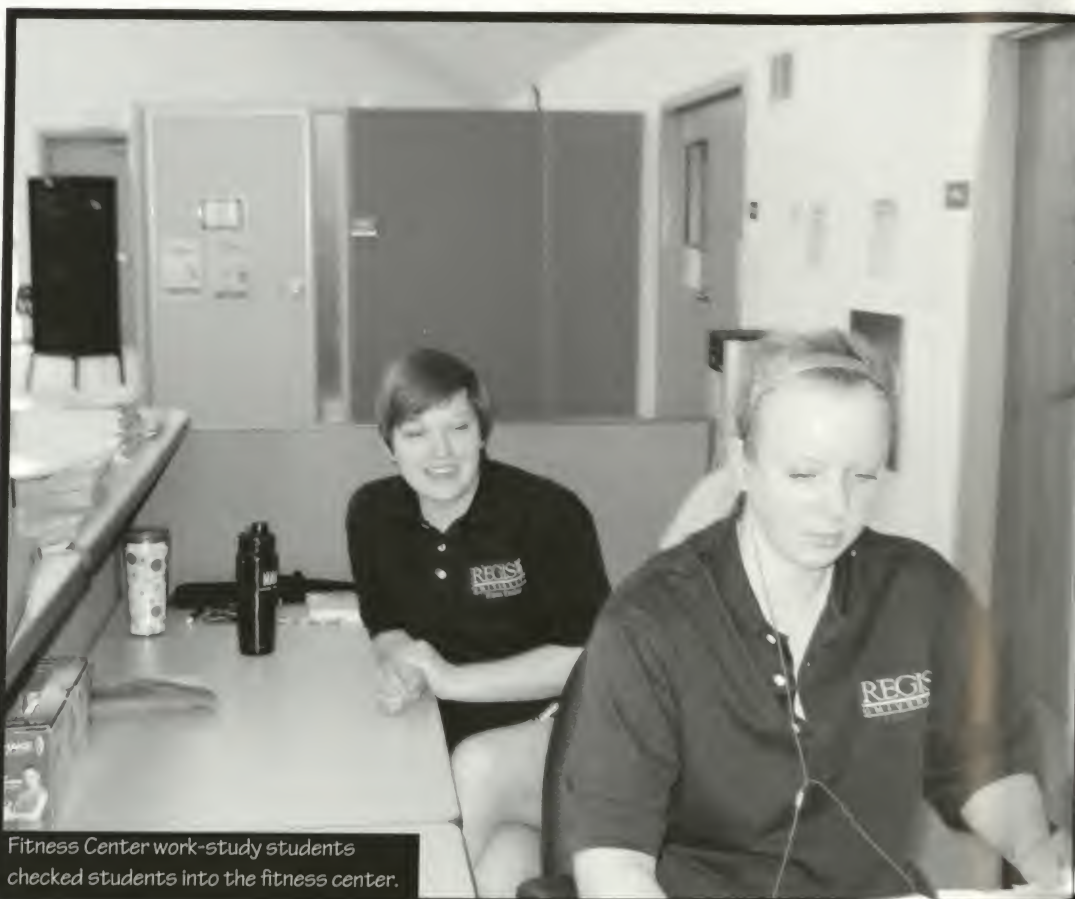


Drew Matthews did sit-ups.



A group of students exercised during Zumba class.

The Fitness Center was a free service provided to students, and students took advantage of it in order to keep fit and fight off the dreaded "Freshman 15." For some though, it was just a free way to relieve some stress through working out. There was plenty of equipment for students to work with, and the rock-climbing wall was just another reason for many to return. The Fitness Center also provided free personal training, and there were many free classes for students--including Pilates, Zumba, and Yoga. Overall, the Fitness Center reflected the **energy** of the student body and gave students the opportunity to be healthier and happier. It was viewed by some as the best free service on campus.



Fitness Center work-study students checked students into the fitness center.

Stress Relief

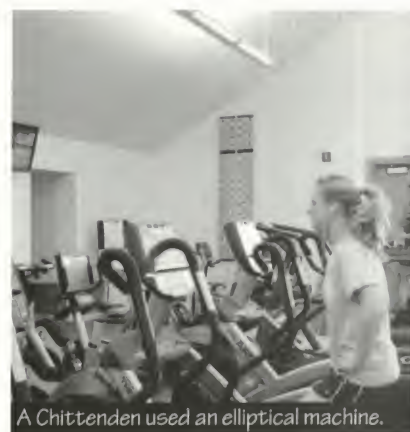


Freshman Corey Allen talked about what the Fitness Center meant for him as he explained, "For me, it's a nice way to just come in and relieve the stresses of the day. After dealing with all of the work with the Honors Program, I just lift some weights and my stress melts away. I can get all of my energy out when I work out, and afterwards I just feel altogether better with my day."

Vince Bustos and Garrett Carrica trained and worked out in the Fitness Center.



Amanda Derby stretched before she exercised.



A Chittenden used an elliptical machine.



Sierra Sanchez and Mark Nutting at the check-in desk



Steven DaSilva worked out his abs.

The Book Makers Yearbook

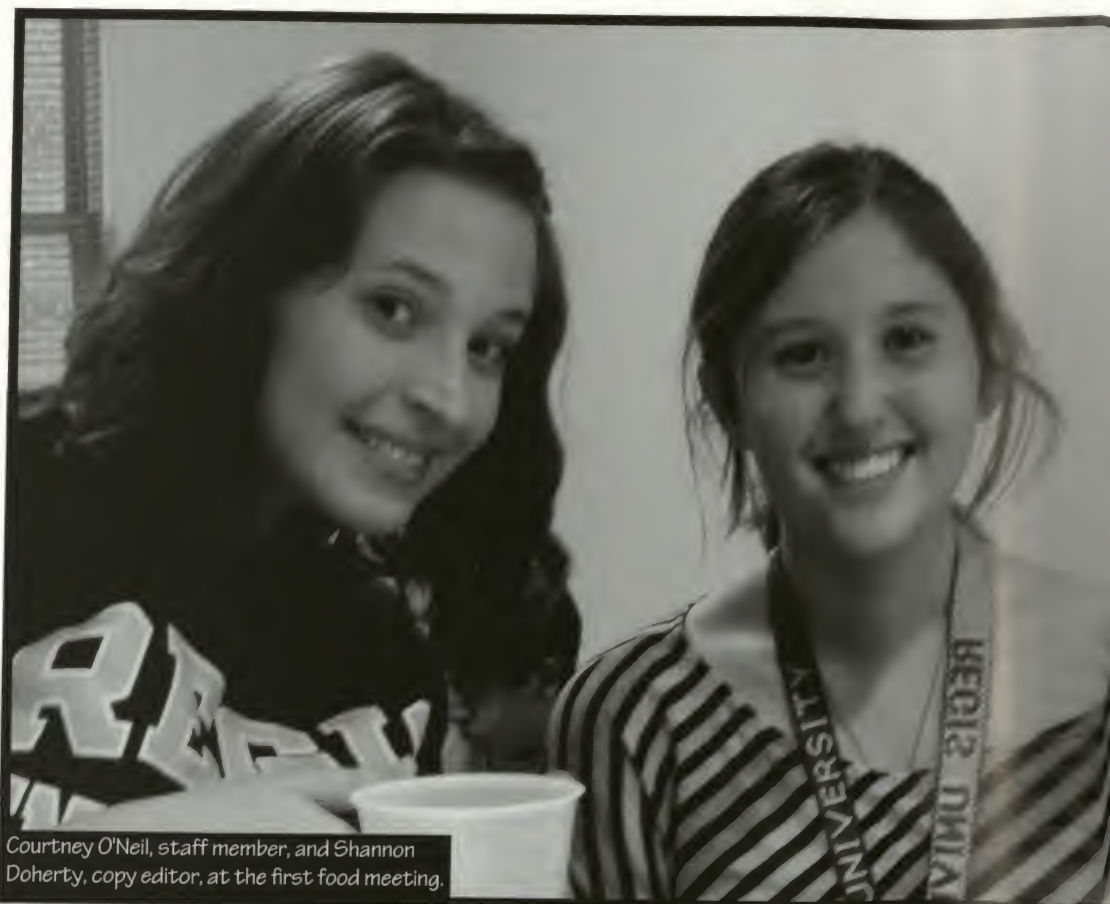


Staff member Andrea Fedorowsky waited for tacos.

This year's yearbook included a wonderful group of students, all of whom completed a number of the pages displayed in this book. Every week, they met to check the progress of the book. Although the focus was always on the book itself, once a month their meetings included food and merriment—a welcome addition to those who were a part of the group. This year, they focused on making the pages special to those who they mattered to most by including a spotlight on of the pages. The yearbook staff hopes you enjoy this year's book - we enjoyed making it!



Mary Beth Navo, managing editor, at one of yearbook's weekly meetings



Courtney O'Neil, staff member, and Shannon Doherty, copy editor, at the first food meeting.



Shelby Wieman played mini golf at the yearbook's first meeting.

Food Meetings



The yearbook had a meeting every week, but once a month the meeting included tasty food--thanks to Mary Beth, their gracious host and cook. This was a wonderful opportunity for the group to discuss the progress of the book and get to know one another better, giving them a chance to build **relationships** while working on the book.

Kelly Rawlins, creative editor,
worked on the yearbook.



Shannon Doherty teed off at mini golf.



Courtney O'Neil had a good time at the meeting.



Andrew Ross, photographer, and Ian Drew,
staff member, looked over pictures.



Rachel Illias worked on the yearbook outside.

Got The Moves Like Jagger

KRCX—93.9



KRCX General Manager Jared Brandner directed his staff during one of their many all-staff meetings.



Volunteer DJ Steven Brault embraced his show by laughing at his own material.



As he spoke up in a staff meeting, Sean Hickey made sure to get his point across.

The back staircase of the Student Center was not just a dark and awkward entrance to the building. It led to something that was altogether beautiful, crazy, and loud: the KRCX radio station. KRCX possessed a strong sense of **energy** that amplified the Regis voice. The DJs' passionate and personal attitudes brought the campus together through funny and serious discussions. The variety of music that they played created relationships between community members. The design of KRCX, with its record- and sticker-plated walls, made the radio a home away from home for the fifteen full-time staff members—Jared, Sue, Liz, Marisol, J.T., Blob, Mr. Wright, Maddy, Erica, D'Angelo, Sean, Aimee, Farnaz, Hunter, and Nick—and for the several volunteer disc jockeys who chose to be LOUD and represent the entire university. The radio served as a regular medium for day-to-day entertainment, and it could be heard from any section of the quad or online at www.krcx.org. Jared Brandner was the station's General Manager, and Dr. John Hickey served as the faculty advisor. KRCX operated around the clock to support every student's voice.



In their natural habitat, the KRCX staff showed off their true identities away from the radio.

Melissa Wojdyla



ON-AIR NAME: "Wojo"

Wojo is a volunteer DJ for KRCX. As a major Beatles fan, she started and ended each show with a Beatles song. When Wojo was asked why she decided to have a show, she explained, "I am on air hoping that the music I play does the talking." When asked about her favorite part of KRCX, she replied, "How it's haunted."

Working together, Liz Kitchen and Jared Wright assembled speakers for the KRCX show. The show was at the Taste of Regis during the Community Clean-Up.



DJs produced a show--entertainment for the masses.



As they updated the sound equipment, Jared Wright and Bobby Guerrero checked to make sure everything was running smoothly.



As they served as news sources, Justin Racine and John Tosches researched material to add extra intellect to their broadcast.



As he unraveled the cords, Sean Hickey prepared to set up speakers for a KRCX event.

Research to Relationships

Tri-Beta

Tri-Beta is an honors biological research society for biology and other related science majors. As a national organization, it aims to involve undergraduate science majors in research. Tri-Beta offers grants to students for a maximum of \$500 that can be applied for and obtained each fall. Here at Regis, Tri-Beta tries to inform students about current research opportunities. Tri-Beta strives to form **relationships** with the community by participating in numerous community service projects. Some of the services they have completed this year include: Race for the Cure, Up 'til Dawn, and Project CURE. Tri-Beta also emphasizes the **relationships** of its members with science professors, as members may conduct research with these professors in the future.



Members of Tri-Beta at a monthly meeting



The 2011-2012 Tri-Beta Club



Tri-Beta members have a lot of goal in common.



Carlee Taga and Anne Flower discuss some of the upcoming events for Tri-Beta



Tri-Beta president, Alexandra Lynch, leading a meeting.

Alexandra Lynch



Alexandra Lynch is the President of the Tri-Beta club. She is a junior majoring in Biology with an emphasis in Molecular Biology and Genetics. Her favorite part about Tri-Beta is that it assists and encourages biology students in conducting research with professors from Regis and other universities. She believes that conducting any type of research project is an integral part of a science education. Alexandra received the Tri-Beta \$500 grant in the Fall 2011 semester.



Rhonda Wong enjoys the Pre-Pharm club because she can meet other students who have the same goals as she does.



Melodie Shannon loves how the Pre-Pharm club prepares her for Pharmacy School.

The Pre-Pharmacy Club helps Pre-Pharmacy students explore their interest in the field of pharmacology. This club also educates its members on the Regis Pre-Pharmacy Program. Throughout the academic year, they hold meetings to help broaden the students' views about the Pharmacy profession through interaction with the Regis Community. Students involved in this club form **relationships** with one another in order to help each other succeed in their academic endeavors. Most members of this club are a part of the academic Pre-Pharmacy Program and find that the **relationships** they form with their fellow members lead them to form study and support groups that benefit them academically. These study groups contribute greatly to the growth of their **relationships**. They believe that the strength of the **relationships** in their club can determine its outcomes and success.

Remmy Nguyen

Remmy Nyugen is the President of the Pre-Pharmacy club. He knew automatically that he wanted to be a pharmacist before he entered into college and he heard that Regis was just starting its 2-4 year Pharm D Program at the time. He loves the Pre-Pharm club because he is able to surround himself with peers who have common interests. Remmy also benefits from this club because he was able to form study groups with other Pre-Pharm students. He was able to find mentors within this club when he first joined. Remmy became the president of the Pre-Pharm club because he wanted to offer other students these same opportunities.



Marina Fshichenko loves the connection she has made with other Pharmacy students.

Medical Relationships Pre-Pharmacy

Together As One

Black Student Alliance

Altogether as one, each student at Regis was unique, interesting, and truly diverse in their own way. All students came from different places and had different lives at home, different opinions, relationships, and backgrounds. The school came together as one and culminated a culture that took each and every student's background and made it into one. The Black Student Alliance was one of many campus affinity groups that took the students' home backgrounds and cultures and provided a chance for the entire community to learn and experience the African American community. The group was led by co-Presidents Tidi Haile-Selassie and Anita Egbune and took part in various university-wide activities like the Community Clean-Up and RUSGA diversity events. They also held individual events like Open Mics, where they talked about various issues regarding ethnic barriers, and they took part in the Martin Luther King Jr., "marade" in downtown Denver.



Caption, Caption, Caption, Caption



Members and supporters of BSA at the MLK Jr. "marade" in downtown Denver.



Members of BSA, along with other MAC members head to the mountains for the MAC retreat.



Part of the Regis community gathered in unity at the MLK marade.



The MLK marade in downtown Denver was one of BSA's largest events of the year.



Sandra Mitchell and Doreen Watson took time for a picture at the MLK marade.

Martial Artists



ASA Members Casi Vaguer and Kenji Tanaka both are martial artists who have chosen to specialize in different forms of the traditional Asian sport. Casi has been doing Karate for seven years and enjoys teaching what she knows and furthering her experience, specifically with self-defense. Casi has a second-degree black belt. Kenji performs another form of martial art called Tomiki Aikido, and has acquired a first degree black belt. Kenji learned from his father who has been doing Aikido for over fifty years, and is an eighth degree black belt. Both Casi and Kenji performed during the Lunar New Year Celebration to introduce the varying Martial Arts that are a part of the Asian Culture.



One of the Lion Dancers surprised students enjoying dinner while at the Lunar New Year Celebration.



Part of the Lunar New Year Celebration, break dancers were brought in to express the diversity amongst Asian cultures.



Traditional Asian Dancer, performs center stage during the Lunar New Year Celebration.

Traditional Asian dancers, danced during the Lunar New Year celebration.



The culture that surrounded campus was a familiar one. Everyone was a part of it and knew at least one way to get involved with it. The Asian Student Alliance was one of many campus affinity groups that took culture, specifically the Asian culture, and incorporated it through various events throughout the year. Among these events, the Asian Student Alliance sponsored a karaoke night and the celebration of the Lunar New Year. The group was led by President, Peter Pham and continued to build **relationships** among Asian students as well as introduce Asian culture to the community. They worked closely with the Multicultural Affairs Committee of RUSGA and helped promote diversity around the campus.



ASA members.....as they enjoyed the Lunar New Year celebration they assisted in planning.

Striving for Diversity Asian Student Alliance

We~Are~Family~

Mi Gente

The members of Mi Gente—which translates to “my people” in English—put an enormous amount of effort into their club. They participated in and created events, including the diversity retreat, a performance of the play “Enrique’s Journey,” I-Day, Safer Trick-or-Treat, a bilingual Mass, salsa night, and una posada. All of these events were put on in an effort to promote the Latin culture at Regis University. Mi Gente was a group of comrades and friends driven to achieve their goals while maintaining their good humor and building **relationships** with one another. The President of the club, Dianna Almanza, summed up the club nicely when she said, “Mi Gente seeks and appreciates equality.” Her statement was responded to with a, “Preach it sister!”



Club president Dianna E. Almanza and AB Cordova went to salsa night.



Members of Mi Gente went to the 2011 diversity retreat.



The club members attended a meeting to discuss what the club would do next.



Estefany Hernandez, AB Cordova, and Jaqueline Meraz were at el noa-noa.



The group made drinks for International-Day.



Faculty adviser, Martin Garner, club president, Shayna Nixon, and club member, Morgan Slaughter posed for a picture.



Shayna Nixon was the group's capable president.



Ben Closson stood stoically in front of a wall.

The group attended an exciting meeting, complete with hand-gestures.



The Gay Strait Alliance's goal was to spread diversity and awareness about the GLBT (gay, lesbian, bisexual, and transgender) community at Regis University. They promoted this goal through the club and events. One of these events was the Film and Dialogue event "La Mission," co-sponsored by Mi Gente. They prompted all members of Regis to get involved, regardless of sexual orientation. Thereby, they created a diverse and inclusive group which was able to build **relationships** with the Regis community as well as with members of the club.



Club member Brian Nakayama dressed up for Halloween with friend Cassandra Cahill.

Students for Awareness GSA

For His Glory Alone

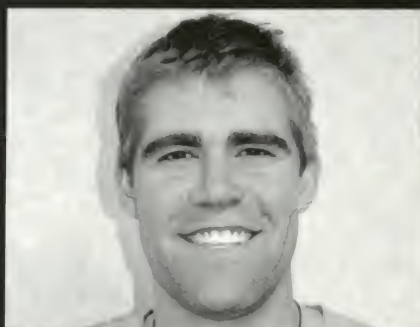
FCA

Members of the Fellowship of Christian Athletes, or FCA, were faithful athletes. They gathered to provide testimony to their faith through their **relationships** and through their fellowship in the church. This is what president Kyle Mack says about FCA "I love FCA because it is a place where we come to meet and discuss our struggles, our hopes, and everything in between. With Jesus Christ as our foundation, we are able to learn about how to be a follower of Christ in our own personal **relationship** with Him as well as our **relationships** with each other."

The many members of FCA gather once a week to praise and worship God.



Many athletes, like Nikki Haberkorn (left), John Brooks (middle) and Ian Huff (right) praise and worship at FCA.



Kyle Mack is the president and founder of FCA here on campus. "I feel so blessed that God has allowed me to partake in this amazing opportunity ... It is all for His glory alone!"



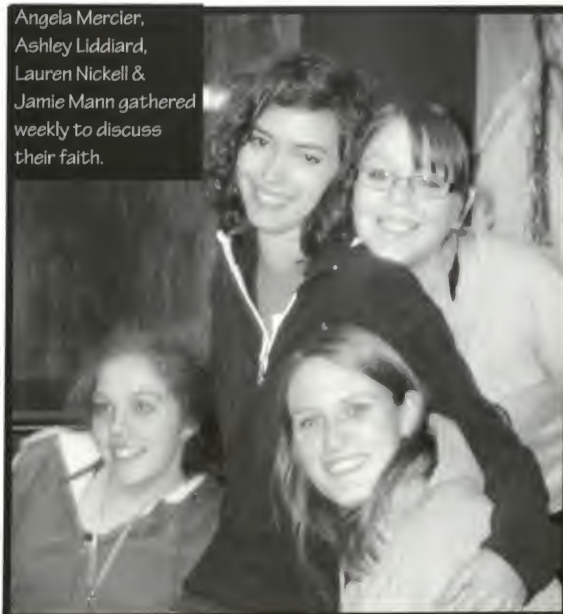
Baseball player, Tim Lewis, and Volleyball player Christy Henzgen lead the group in song.

Creative Header

Revive

Revive was another religious group on campus. Members of the group gathered to discuss their faith and connect with people who shared their interests and values. The group allowed them to build **relationships** with each other and to strengthen their spiritual **relationships** on a personal level. The group also hosted India Awareness night.

Angela Mercier, Ashley Liddiard, Lauren Nickell & Jamie Mann gathered weekly to discuss their faith.



Revive members met at the beginning of the Spring semester to discuss the club's future plans.



Jamie Mann, Cassandra Gerving, Mary Pfeifer & Brittany Booton met weekly for bible study.



One of Revive's leaders took notes during a meeting.



Wendy Serrano worked hard to complete a Batman-themed pumpkin.



Kenji Tanaka, Julia York & Dexter Schiller kept each other company while doing homework.



Liz Weaver and Sean Daru took a break from the competition to smile for the camera.



Erin McAleer dug into the free pizza provided to commuter students.



Justin Carreras and Robyn Hohn used teamwork to carve their pumpkin.

Shannon Todd, Julia York & Dana Sanelli drew their design on their pumpkin.



Geollna Deocariza studied in the commuter student lounge.

It can be difficult for students who do not live on campus to become actively involved in campus life. To combat this common problem, Commuters at Regis gave students who did not live on campus a chance to connect with people, build strong and lasting **relationships**, and become energetic participants in the activities sponsored both by their own club and the other clubs at Regis. Commuters at Regis was devoted to connecting students to each other, to the campus, and to the greater Regis community. For many students, Commuters at Regis made Regis University a home away from home.

A Home Away from Home Commuters At Regis

Brain Aerobics

Active Minds

The goal of active minds was to promote mental health throughout the school via a campaign of increased awareness. This group promoted a healthier **relationship** between student and mind and built outside support groups with the Regis chapter to focus on suicide prevention. Active Minds had two significant achievements this year. "Our first [accomplishment] was our great jump in membership from last year. It's great to see people passionate about mental health and suicide prevention on campus and in the world... We also supported and promoted To Write Love on Her Arms (a suicide prevention organization) by writing "love" on the arms of students."



Blakesley Wood contemplated what was being said.



Active Minds members gathered together for their group photo.



Kelly Seabring spoke during the meeting.



Robynne Connell, Blakesley Wood and Laura Razo.



Members of the Active Minds group took time for a photo during a meeting.

Love Jump



If you were feeling stressed this semester, Active Minds worked to provide a cure through their event Love Jump. By reducing stress, Love Jump promoted a healthy state of mind. The president of the club, Morgan Slaughter, described the event when she explained, "We set up a bouncy castle on the quad and had students bounce their stress away!" This was definitely a fun way to promote mental and physical health.

Angela Mercier



Angela Mercier was selected as the standout member of the poet'alls. Peter Aquino, the president of the group said of her, "Angela is the perfect example of what our club aims to do, because even though the beautiful works of such poets as Amber Koneval, Melissa Wojdyla, and Thomas Wells have become even more amazing through the many writing exercises and workshops we host, Angela has grown the most." She began having written little poetry and grew into a poet with her own voice and the ability to perform with a completely original style.



Amber Koneval critiqued one of the poems read.



Rene Suleiman read one of her poems to the group.



Peter Aquino, the club president, listened to one of the readings.



Several members of the group came together for a club photo.



Thomas Wells shared one of his poems.

The Poet'alls was a club at Regis whose goal was to introduce people to a new and creative way to help people understand and express their feelings as well as give praise to their beliefs, whether they be religious or not. The group showed this to the Regis community through sharing their poetry at two open mic nights. They were able to work with one another, around 20 people are members of the club, to encourage and help one another achieve new heights in expression and understanding; building relationships with one another but also a stronger **relationship** with themselves. Along with continuous work on personal artistic expression the group explored new forms of poetry increasing their knowledge of the art form.

To be or not to be? The Poet'alls

ASN

Alpha Sigma Nu is a nation-wide honor society for students of Jesuit institutions of higher education who distinguish themselves in scholarship, loyalty and service. This club, run by Shannon Quirk, set out to promote the Jesuit education. They did several service projects, such as helping with Fr. Woody events and March to College Day. They also hosted happy hours and had a dinner to discuss gratitude with Fr. Shelton. This tight-knit group exemplified scholarship, loyalty, **relationships** with others, and service.

Members of ASN took time out of their busy schedules to learn about gratitude from Fr. Shelton when they participated in a program put on by the alumni.



Molly Moss, Shannon Quirk, and Jenn Evon enjoyed time with ASN alumni at the Willis Golf Course.



Jackie Ganfield, Alex Ghincea, Sarah Magill, Shannon Quirk, Ashton Nuvolini, and other members of ASN took some time to learn about gratitude from Fr. Charles Shelton



SHAC

SHAC (Student Honors Advisory Council) is a student-run organization focused on fostering community within the Honors Program as well as the larger Regis community. SHAC hosted events including monthly honors luncheons and Bingo nights. In the most recent event, 60-Second Lectures, notable Regis faculty debated over the greatest challenge of our time. Members Olivia Tracy, Jeff Hassebrock, and Peyton Lunzer worked extremely hard to keep this club successful. They have been responsible for fostering the **relationships** that all of the honors students have with one another.

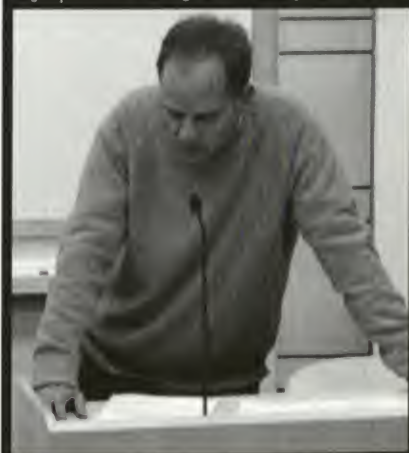
Jeff Hassebrock, acting president, and Peyton Lunzer, acting vice president of SHAC. They were the ones responsible for the wonderful programs put on this year.



Olivia Tracy, president of SHAC, studied abroad this fall and returned in the spring to help SHAC thrive.



Dr. Howe, the Assistant Director of Honors, was one of the professors to participate in 60-Second Lectures, where they discussed the major problems facing adults today.



NSCS

All of the new members were inducted in the National Society of Collegiate Scholars.



The National Society of Collegiate Scholars (NSCS) builds **relationships** by supporting activities and community service projects put on by other Regis organizations and academic honors societies on campus. In February, they participated in a national NSCS Integrity Week, where students were given the chance to sign an integrity banner as a reminder of their commitment to academic integrity. Their largest program is March to College Day. Over 100 8th graders came from Skinner Middle School to explore the opportunities college has to offer. March to College Day is part of the Planning to Achieve Collegiate Excellence (PACE) program, which is a key component of NSCS that connects college students with local schools to encourage middle school and high school students to seek higher education.

Jenn Evon got to spend some time serving others in Puerto Rico on a trip sponsored by NSCS.



NSCS officers Shannon Quirk, Jenn Evon, and Cassi Konopasek got to meet the regional manager of NSCS.



Officers Shannon Quirk and Cassi Konopasek helped out with Community Clean-Up to support community service around Regis



AED

Alpha Epsilon Delta (AED) is the national health pre-professional honors society at Regis. AED provided students with the opportunity to hear speakers from medical, dental, and other health professional programs that presented information about admissions, postgraduate options, and ways to gain experience and become stronger candidates for different professional programs. Every year, AED supported community service programs such as Project C.U.R.E. and Race for the Cure, as well as other service-learning projects on campus. An important purpose of AED was to build **relationships** while providing students with guidance and connections to faculty, students, and professionals in pre-professional or professional healthcare roles in order to provide students with the knowledge and experience they needed to make future decisions for their professional journey.

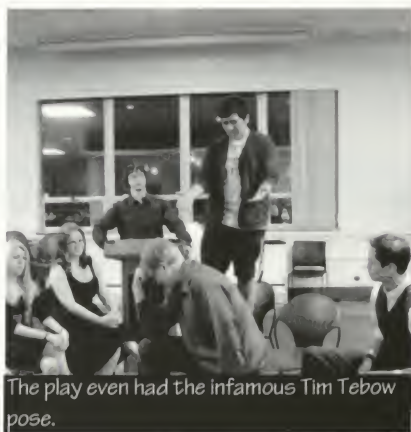
Shannon Quirk, an aspiring doctor, worked hard to build on her knowledge at her internship.



They're the Bee's Knees Ramblers



Shannon Hayes and Spencer Jordan had some great moves.



The play even had the infamous Tim Tebow pose.



Dexter Schiller made his very sad face after Carlee Taga turned her back on him.

If you don't associate the 50's music style doo-wop with dueling, then you never saw the Ramblers production entitled "Duelin' Doo-Wop". This original screenplay is about a group of modern-day teenagers who--having lost last year's competition--reenter in the hopes of walking away with the gold. The problem: they must sing doo-wop. That wasn't the only problem though--the competition was fierce, there were family troubles, relationships were being built, and one of the main characters seemed too shy to sing in front of anyone (let alone hundreds at Carnegie Hall). Through all this, the team pulled through to take home the gold - applause here. The play was one of the most highly attended events of the year, with an amazingly talented cast and crew who thoroughly enjoyed performing just as we enjoyed watching.



The entire cast--actors, choir, techies and all--in the Ramblers group photo.

Dr. Dennis Steele



The Ramblers spotlight comes from Ramblers co-president Olivia Tracy who said, "Dr. Dennis Steele founded the Regis Ramblers in 1995 with his daughter, Shannan, who still serves as the director. Dr. Steele has served as the faculty advisor ever since, and this year marks his 20th year of teaching at Regis University. He has shared his musical talent with the Ramblers for years by assisting with the... productions; however, this year Dr. Steele and Regis alum Molly Myer wrote their original show, 'Duelin' Doo-Wop,' which the Ramblers performed this spring. The Ramblers would like to thank Dr. Steele for his talent, his support, and most of all for providing all of us with a place where we can have fun, be ourselves, and put on some rockin' musical theater performances."

The four main heroines of the production--Carlee Taga, Dawn Sietz, Hannah Jones, and Shannon Hayes--paused during practice for a photo.



Jace Prokupek skillfully dipped Hailey Barr.



Vice President Hannah Jones with Co-presidents Olivia Tracy and Carlee Taga.



They enjoyed this production so much they jumped with glee... or they like jumping.



Ian Murphree and Hannah Jones were one of the couples in the play, and they worked so well together.

Outrageously Funny OutRegis!



Jennifer Babcock and Thomas Wells performed complicated choreography.



Michelle Bailey was the monster under the bed during the Halloween flash mob.



Angela Mercier continued Dexter Schiller's silent film story, turning it into a horror-comedy.

OutRegis!, a dynamic student-run theater organization, cultivates performance skills and random dancing on campus. This was OutRegis!'s third year, and the group did everything from flash mobs to performing in an improv show. Their first flash mob was an original dance to "Tunak Tunak Tun" by Daler Mehndi and the second was a creative dance to "This is Halloween." At biweekly meetings, the group learned new performance skills, built strong **relationships** over Angela Mercier's cookies and brownies, and learned how to tame buffalo.



OutRegis! members did the "skanky leg" during their first flash-mob.

Playdates



Every Sunday afternoon, OutRegis! members gathered in the Newland Center for a day of fun. Everyone was invited to these special meetings, which were dubbed 'playdates' by the OutRegis! members. Attendees gathered with the goal of learning new improv structures, play improv games, and most importantly attempting not to damage the room. Playdates were a fantastic way to end the weekend and to build **relationships**.

Dexter Schiller, Thomas Wells, and Matt Burns made up the great and all powerful oracle.
Ask a 'good question' to get a hilarious response.



Angela Mercier and Shannon Hayes played 'Simon, the world's foremost spelling expert.'



Jake Garcia attempted to ask Lucy Sera out on a date, but she only responded with texts she found on an audience member's phone.



Angela Mercier and Jennie Babcock used their natural beauty to attract new OutRegis! members at the beginning of the year.

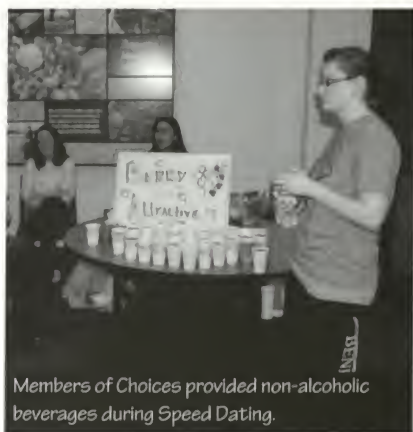


Dexter Schiller danced as OutRegis! members 'bernied' in the background.

Weekend in D.C. Inspires Choices



Maegan Cooley, Shelby Schneebeck, and Avery Medina posed at the Washington Monument.



Members of Choices provided non-alcoholic beverages during Speed Dating.



Avery Medina dished out treats before the meeting began.

Choices—led by President Lyz Kann and Vice President Emily Petersen—was behind many events on campus. Their mission was to encourage, support, and educate students to help them develop healthy lifestyle patterns in regards to alcohol, drugs, relationships, sexual health, and mental health. This development enabled students to examine how the choices they make today support and affect their goals and aspirations for the future. Choices was a diverse group with a total of 12 members. Of the 12 members, four were freshman, two were sophomores, one was a junior, and five were seniors. Some of their most popular programs included Speed Dating, Spike Trike, Gatorade Pong (for which Choices partnered with the Student Athlete Advisory Committee), the Drinking Lab, and Sex Signals (for which Choices partnered with the Health Counseling Department). Through their programs, they built **relationships** with each other as they worked to accomplish their mission.



Maegan Cooley, Cindy Wander, Shelby Schneebeck, and Avery Medina were able to see the White House up close.

Conference in D.C.



From November 3-6, Shelby Schneebeck, Avery Medina, Maegan Cooley, and faculty advisor Cindy Wander went to Washington D.C. for the General Assembly. This is a conference with peer educators from schools all over the country, including Harvard, Ohio State, and Gonzaga. They came together to build **relationships**, share ideas, initiatives, programs, and changes that each school tried to implement on campus. The students on this trip brought back many new programming ideas and a whole new outlook on how to be more effective on campus. Along with all of this, the student got to experience Washington, D.C.

Members of choices stared in awe of the Washington monument while at a conference in Washington D.C.



Anna Hummel and Rocio Ramos looked at their schedules to plan for upcoming events.



Avery Medina and Maegan Cooley served baked goods before the meeting.



Emily Petersen and president Lyz Kann looked at the topics of discussion for the day.



Emily Petersen prepared her materials for the meeting.







growth



The Wonderful World of Business

Business



Business and Accounting students enjoyed their classes.

At Regis, business course attempted to give students the tools they need to change the world. This year, business at Regis taught students how to make a positive impact by affecting the global business community. It taught students how to be responsible citizens who serve the greater good. Business students took a variety of courses ranging from accounting and economics to management and marketing. Several business students also took "Ethical Decision Making in Business" to prepare them to make a positive impact in the business world after graduation. In this way, the business program at Regis allowed students to **grow** in their understanding of market mechanisms, and encouraged students to make a difference in and through the business world.



Business and Accounting Mixer

Business and Accounting majors, like Patrick Freeman took their work seriously and engaged in their studies in every way possible

John Brooks and Eric Goble intently studied their notes during class.

Kelsey Kohler took notes during her business and accounting class.



Liz Kahn studied before class.

Although challenging at times, accounting and business courses at Regis were fun.
for Dan Ford and Kyle Seery



Matt Jodziewicz

"Accounting is not only a theoretical science, but [it also] has a wide variety of real-life applications. Everyone—not just business leaders, but individuals as well—needs a basic understanding of accounting principles to balance a checkbook, reconcile bank and credit card statements, and avoid overpaying their taxes. Since these are never-ending tasks, both businesses and households are always on the prowl for accountants.... learning basic accounting principles will prove to be an invaluable skill-set for whatever future profession you choose. That said, I still suggest you don't spread the word around about accountants; rock star status is so difficult to handle without the green eyeshades."

Business and accounting students bonded during their study groups



Business and accounting students studied together.

A business and accounting professor, Professor Daly



Austin Fite studied his notes.



Tessa Daly, Kelsey Kohler, and John Brooks had fun in their classes.

Like business, accounting classes at Regis teaches students to think about how they should live. This year, accounting students had a variety of courses open to them, including classes in statistics, taxes, and the theory of accounting. They learned how to survive in the accounting world as they grew in their understanding of the techniques necessary to manage money. The accounting majors at Regis explored the more mathematical side of business, focusing on the many ways they can change the world by improving the economy. Overall, accounting helped students to grow in their understanding of the mathematical basis of the market, and it taught students how they can use their knowledge to positively impact the world.

Rockstars and Accountants

Accounting

Choices of the Future

Economics



Freshman Gianna Lombardi took notes during class.

Economics studies the choices people and companies make to shape society and the future. Studying economics at Regis was more than studying simple numbers or graphs—it studied an entire world's worth of structure, planning, and theory. By implementing math and critical thinking, students were able to see trends in markets and cycles affecting the entire country's decisions. The instructors at Regis encouraged their students to keep track of current events so they could see how economic choices affected the broader spectrum of the world. This provided students with a better understanding of the subject—an understanding that enabled them to **grow** into the subject and expand their worldly view. Due to this training, today's economic students at Regis are the business leaders, the policy makers, and the market predictors of tomorrow.



Freshman Angel Estrada listened to lecture.

Juan Leon read for microeconomics.



Dr. Luka Powanga taught his morning class.



Dr. Kirk Dameron lectures his afternoon class



Around the world

Sophomore, Nenaní Sichone settled on Economics as a major because of the impact economics has on the world and the way it operates in almost all aspects. Originally from Zambia, and having studied in England, Sichone has goals of becoming an international lawyer working on issues of export controls and the complex economic problems that are at the root of world issues. He also is very concerned about how the economy plays a role in the causes and effect of poverty, especially in places like Africa.



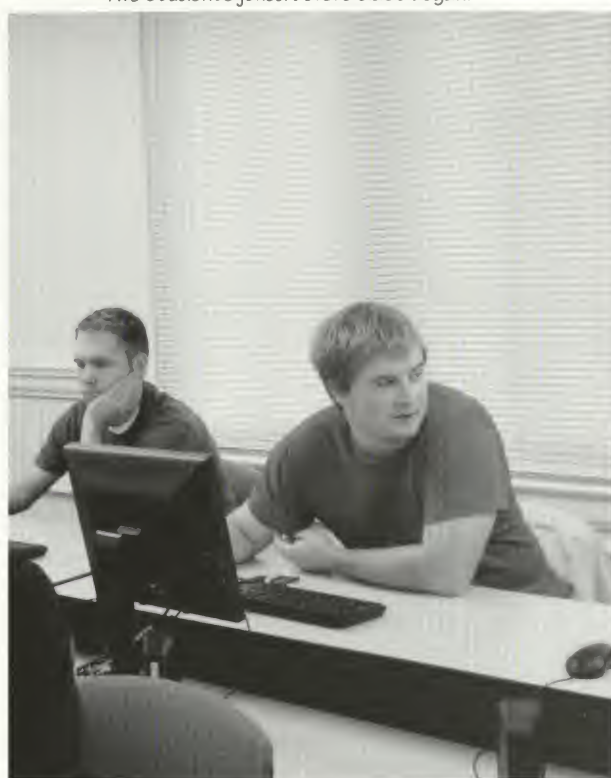
Growth in Economics

Brandon Ward, a freshman, talked about how Computer Science helped him **grow** as he said, "A lot of people get confused with what Computer Science is. It isn't a lot of math, but [it is] really a lot of logic. It allows me to think in a different way, and [it] lets me see just about everything in a new light. In that case, I guess, yeah, I've **grown** from learning this way."

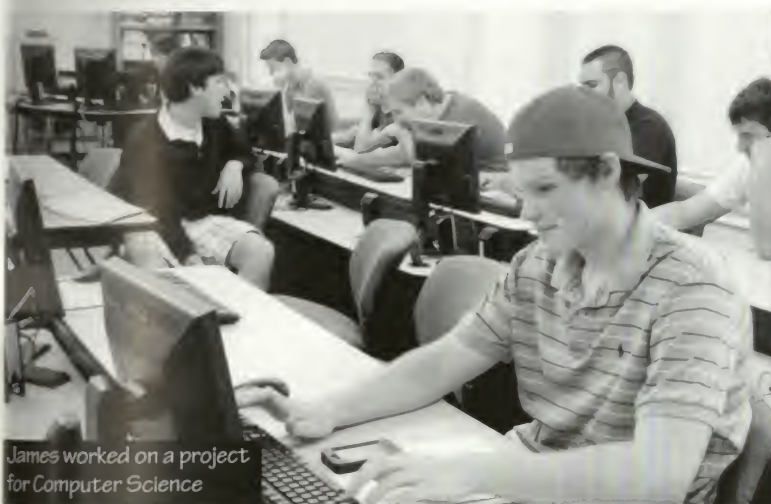
A student worked on a project



Two students joked before class began.



Dr. Steele lectured his computer science class.



James worked on a project for Computer Science

Computer science majors have the chance to be a part of the highest demand career in the country, since computers have become such an integrative part of day-to-day life. This year, Regis students had the opportunity to learn everything about computers, from basic work with programming to the actual binary language required for a computer to function. Computer science at Regis was based on mathematical concepts, and thinking through some of these aspects was not always easy. However, computer science students rose to the challenge. Being challenged in that sense allowed students to **grow** through the logical thinking and applied mechanics that gave them a better understanding of the work at hand. This training in critical thinking puts Regis's Computer Science majors at the forefront of technology-based careers.



Brandon Ward worked on his computer science homework.

Getting Technical Computer Science

Science Matters

Chemistry



Tiffany Montoya tested the effects of oil spills.

Challenging courses are nothing new for chemistry majors. Taking classes such as Environmental Chemistry, Thermodynamics and Kinetics, and Organic Chemistry can give students the ultimate challenge and force them to **grow** as students. Along with difficult classes comes a tutoring service. Chemistry is just one of the subjects that offers tutoring. At Regis, there is also a chemistry club that is open to any student with an interest in chemistry. Many students use their degree in chemistry to work in medicine or to pursue work in the field of chemistry.

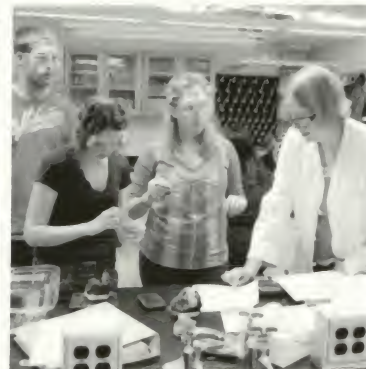


Rachelle Plourde and Christian Pedroza Gomez work with their eugenol distillation.

Levi Kramer and Tim Wanninger tested the effects of oil on a towel.

A student waited for her eugenol to distill from clove buds.

Jordan Spring, Nora Sloan, Sophia Christie got advice from a professor.



Vince Lombardi examined how oil changes bananas.



Rene Suleiman monitored the distillation of her eugenol.

Nathalie Hudson and Melodie Shannon read over their lab.



Science students tested a solution in the biochemistry lab.



Dr. Catherine Kleier discussed the parts of a sheep brain.



Jazzmine Barrows examined her lab before testing a solution.



Mary Westerman organized her test tubes during a lab.



Alli Ford, Kelsey O'Connor and Sarah Ellis dissected a sheep's brain.



A student prodded a sheep brain to learn about the nervous system.

Biochemistry is a unique major offered by the chemistry department, and it is designed for students who wish to study aspects of both biology and chemistry. Biochemistry majors typically study principles such as the fundamentals of chemistry, new DNA cloning and gene analysis techniques, metabolic pathways, genetics, microbiology, immunology, and much more. Students who pursue a major in biochemistry typically want to work in the medical field. Along with any science major, biochemistry students are required to attend numerous labs where they can gain experience and **grow** in their knowledge while working with the principles of chemistry and biology combined.

Growing in Science Biochemistry

The Science of Life

Biology



Jordyn Trujillo, Candice Powell, and Anne Marie Destruel prepared for lecture by looking over their notes.

From ecology to genetics, from microbiology to anatomy, biology at Regis teaches students about the basis of life. In biology, students learned about how things live and die. Students **grew** in their understanding of life by listening to lectures, where professors explained how the world works. They then had the opportunity to test these concepts in biology laboratories, such as the cadaver labs. Through labs, students learned, first-hand, the mechanisms that underlie the same vital life processes they heard about in lectures. In biology seminars, students debated and explored the ethical and social issues relevant to biology. Throughout the year, biology at Regis helped students **grow** in their understanding of the world from its mechanisms to the social issues biological advancements involve.



Biology students prepared to answer a question with i-Clickers.

Paige Gaydos and Elizabeth Jaster considered their notes.



Biology students contemplated the concepts in a lecture powerpoint.



Biology students attentively listened to lecture.



Heath Anderson and Jorge Serna took notes as they listened to lecture.



Dr. M. Badtke lectured on human anatomy.

Rachael Haun prepared to take notes for a neuroscience lecture.



Danica Cutshall looked over her neuroanatomy lab.



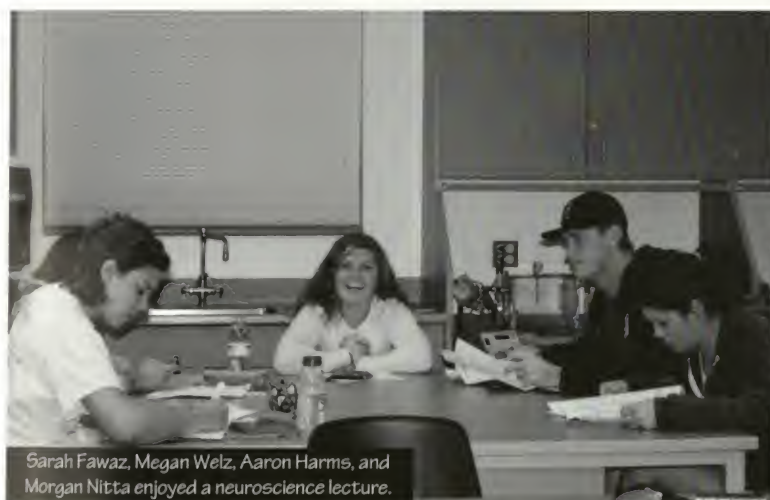
Kaitlyn Martin and Cameron Liggett had fun in a neuroscience lab.



Taylor Jonas considered her neuroscience lab assignment.



Dr. Basham lectured on neuroscience.



Sarah Fawaz, Megan Welz, Aaron Harms, and Morgan Nitta enjoyed a neuroscience lecture.

As the study of the brain, neuroscience explores the link between the mind and the body. In neuroscience, students **grew** in their understanding of the nervous system as they learned about its structure and function. Students studied the consequences of damage to the nervous system--everything from paralysis and aneurysms to hormonal imbalances and sleep disorders. In psychopharmacology, they also learned about the mechanisms that underlie various drugs. Laboratory activities such as eye dissections reinforced concepts from lectures, while discussions of current issues in neuroscientific research furthered students' understanding of how neuroscience connects to society. Over the course of the year, neuroscience helped students **grow** in their understanding of how the mind connects with the body.



Etta Fuhr and Adam Hall waited for Dr. Basham to hand back their neuroscience tests.

Mind and Body Neuroscience

The Universe and You

Physics



A student thoroughly enjoyed her physics lecture.

Physics explores the principles that govern the universe. As a requirement for chemistry and biology majors, and as a pre-requisite for many medical schools, physics at Regis challenged students to think about the world around them and to analyze physical interactions in everyday life. Physics students enjoyed stimulating and thought-provoking lectures, as well as laboratories in which the challenging concepts introduced in lectures were explored in a hands-on setting. In lectures, students learned about the fundamental laws that govern the universe--such as Newton's laws and the law of conservation of energy--and how they work. In labs, students had the opportunity to test some of the more difficult conceptual mechanisms by manipulating systems. Overall, physics at Regis challenged students to **grow** in their understanding of the universe and how it works.



Physics was both interesting and challenging.

Cullen Arnold meticulously worked out a problem.

A student took notes during lecture.

Although it was challenging, students enjoyed their physics classes.



A student solved a problem at the board.

Students independently solved problems as part of their classwork.

Kendra Burch prepared for a day of statistics.

Armed with caffeine, Jeff Hassebrock prepared for the challenges of math class.

Sean Huft prepared for math class.



Shelly Gordon prepared for her mathematics class.

Alex Lynch arrived at her math class, ready to start the day.



Jordan Valdez prepared for his statistics course.



As a science major, Rene Suleiman had to take Statistics for the Life Sciences.

Mathematics at Regis taught students to quantitatively analyze the world. At Regis, mathematics was not just about numbers—it was also about applying the numbers to real-world situations in order to solve problems. The vital problem-solving skills inherent in mathematics encouraged students to **grow** in their critical-thinking skills—skills needed to succeed both in college and after graduation. Courses that required application and active problem-solving included Calculus, Statistics for the Life Sciences, and Cryptography. The critical thinking of math prepared mathematics majors for life after college, in which they would have to apply their skills to positively impact the world through areas such as technology and teaching.

Quantitative Critical Thinking Mathematics

Healing Hands In Training

Nursing



Natalie Adami and Caroline Creel took Kelly Brown's blood pressure.

The Loretto Heights School of Nursing has always had the reputation of turning students into well-educated nurses, prepared to provide the best nursing care possible. Throughout the year, juniors worked to learn the basics of nursing. They **grew** together as they mastered various techniques, including taking vitals, caring for wounds, and inserting IVs. They also mastered a wide variety of other procedures in the skills lab. The seniors continued to build on their previously-learned skills. In the simulation lab, instructors tested both classes on their proficiency in handling patients. Juniors and seniors also attended clinical at local hospitals where they put their newly-learned skills to use.

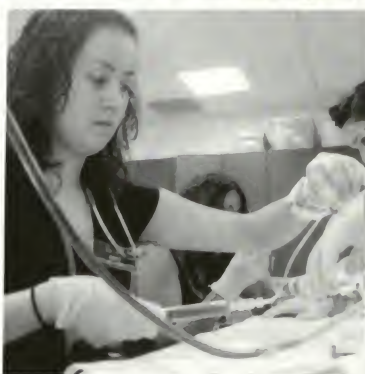


Christina Doerer laughed as Karen Shappee & Daisy Skinner were shocked at the amount of excrement coming from their patient.

Amanda Schell checked Tiffany Mead's heart for a normal rate and rhythm.

Kaila Williams suctioned her patient, relieving him of a copious amount of secretion.

Komal Inayat applied a tourniquet in order to find a good vein.



Diana Rodriguez flushed her newly-inserted IV catheter.

Sara Bernhardt outsmarted the sterile glove.



Colleen Kissinger

"Colleen is so sweet. She is always willing to help, and always has a smile on her face. She is the type to, no matter what, see the better side of things, and [she] appreciates each and every day. I love that about her. She has the kindest heart, and she is going to be a wonderful nurse. Plus, I love her baking!" ---Alma Chavez

"I adore Colleen, she is going to be an amazing nurse!" ---Kelly Rawlins

"Colleen is someone who is not just willing to help her fellow students, but [she] is someone who is willing to help strangers as well." ---Jenny Oilar

Crystal Monge-Pacheco showed off her abilities as she inserted an IV into a model hand.



Kaitlyn Morrone practiced putting a TED hose on Kaila Williams. Kaitlyn prevailed.

Stephanie Sova and Isabel Ciaptacz demonstrated how to hang IV fluids.



In an effort to resuscitate their patient, Jenna Smith & Amanda Moritz provided a kiss, while Allison Philbin used compressions.



Mon aeroglisseur est plein d'anguilles

Foreign Language



This student asked a question during French.

Spanish, French, German and Latin were the four foreign languages offered here at Regis University. With levels that ranged from beginning to advanced and classes like "Survey of French Theater" and "Survey of Latin American Literature," foreign language was clearly a diverse major that offered something for everyone. In addition to a wide variety of courses, all of the teachers were fluent, and many of them were native speakers of the language they taught. This provided students with exceptional instruction that helped them **grow** in their abilities. Perhaps the best learning experience of all was study abroad, which all foreign language majors were strongly encouraged to do. Study abroad was an advantage for students because it provided an once-in-a-lifetime experience to use the skills they had been honing.



John Knudsen, Hailey Barr and Amber Koneval answered a question in Latin.

Unfortunately not all students could be studious in front of the camera.



Kiersten Swanson examined her French test.



Sam Cronk had a realization in Spanish.



Amanda Brungardt was studious during Latin.



Esta estudiante enjoyed una bebida in Spanish.

Avery Medina looked over notes in Latin class.



Melissa Mahoney and Tom Wangarrd appreciated a joke, in Latin.

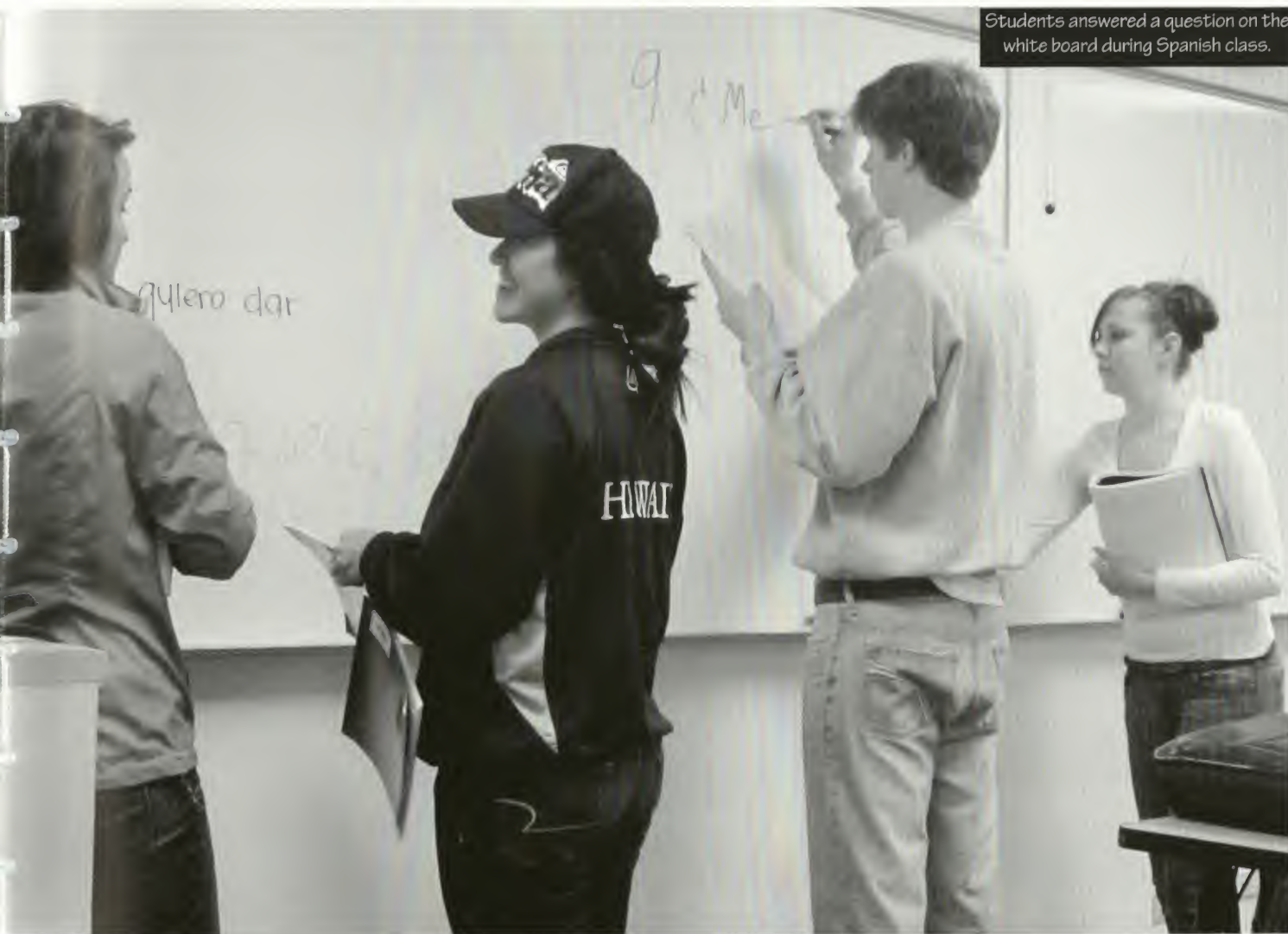


Rose Aspholm enjoyed her German class so much she had to smile.



Alexander Carlson & Nick Le worked through a Latin quiz.

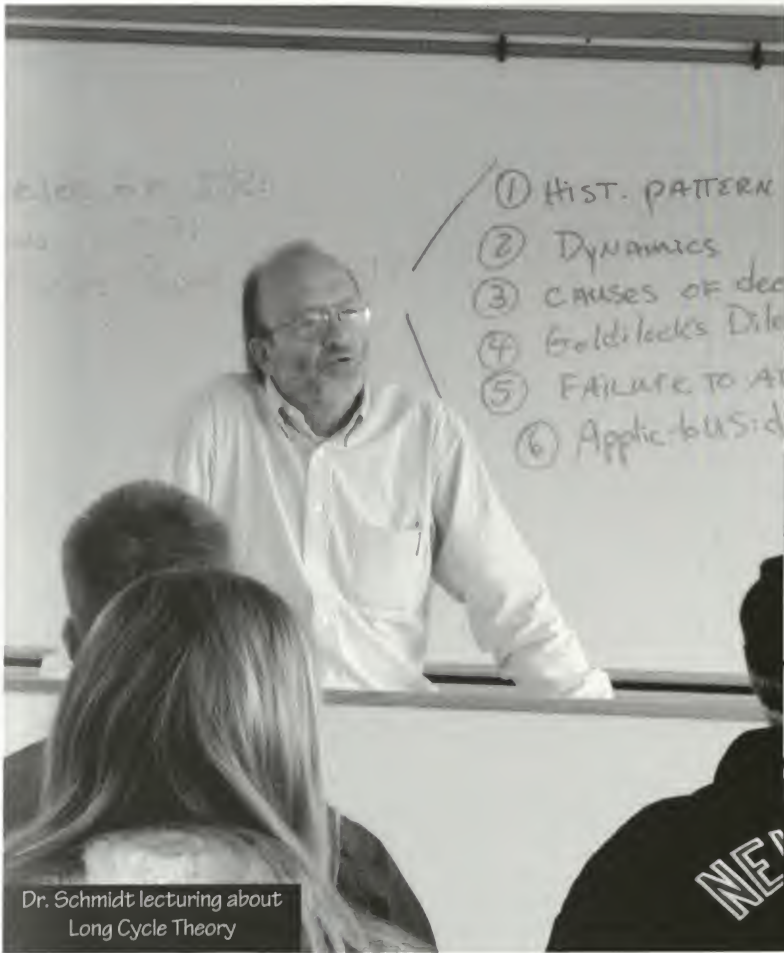
Hannah Channey focused for Spanish.



Students answered a question on the white board during Spanish class.

Oh the Times, They Are A-Changin'

Politics



Dr. Schmidt lecturing about Long Cycle Theory

Whether it drives you crazy or gets you excited, politics is a major part of our lives. Especially in a year with an upcoming election, it's crucial that we all understand the world around us and keep informed about politics in general. As students, we have a voice that deserves to be heard so we can help our nation **grow**! If you are interested in current events, international affairs, or American politics, or if you just love to have a good debate, then a politics class may be just what you need. In politics, there is something for everyone.



Students listening attentively in Intro to International Relations

Dr. Clayton and Dr. Schmidt



Bake sale!



Farnaz Alimehri

Farnaz Alimehri is a freshman politics major. In addition to being extremely interested in politics and international relations, she brings a very diverse perspective to her politics classes because she is from Iran. She recently visited Iran over winter break and learned a lot about Iranian culture. "I'm a politics major because I think that to understand politics is to better understand how the world works."



Shannon Hayes

Shannon Hayes, a sophomore from Seal Beach, California, is a history major. When asked why she chose history as her field of study, she replied, "I love reading about past events and then applying that knowledge to my life and to the world, today." Eventually, she would like to become a university professor--mainly because she loves history, but also because of the sweater vests that she could wear.

Students, comparing grades, in their eco history course



Ellen Greco and Christy Wray, excited about learning...or something!



Kari Taylor and History major, Rosie Campbell

If you only think of dates and places when you think of history, then you haven't quite gotten the grasp of history yet. And, as everyone seems to be saying, if you don't know history, then you are doomed to repeat it. Regis' history professors are dedicated to making history just as relevant as anything that is happening in our world right now. Whether it be a class looking at the history of the conflict in the Middle East, or a Western Civilizations course, there are a variety of different options that will help you fully comprehend the world you live in today, as well as **grow** into a more civically-aware person.



Dr. Frantz-Murphy, handed back papers in her Eco History class

Memory of Things Said and Done History

Calling Dr. Freud

Psychology



Greg Lee and XX posed before getting down to business in General Psychology.

Psychology explores the basis of behavior and seeks to explain not just what we do, but why we do it. Psychology looks at normal and abnormal behaviors, explains social interactions, investigates how we lay down memories, and explains how our psyche changes as we **grow** and develop. It also deals with the debate of nature versus nurture. This year, psychology explored how genetics and environment both contribute to the acquisition of many human behaviors. Psychology at Regis helped students to **grow** in the vital communication, research, and interpersonal skills they needed to succeed in careers after college. Psychology majors went on to graduate school, work in social services, and serve as rehabilitation specialists, psychiatric technicians, or career counselors. Whatever their career path, psychology majors served their community by communicating with, working with, and learning from their community.



Students got ready for their psychology class.

XX, Alyssum Phillips, and XX had fun in psychology.

Kat Meyer prepared for her class in developmental psychology.

Anita Egbune took in some brain power just before her psychology course began.



Kendra Miller was prepared for Developmental Psychology: Adolescence.

Adam Hall and Laura Razo were excited to start learning about psychology.



Amanda Isenbart

One of the requirements of the education department is to spend 35 hours each semester at an assigned school. When asked about funny things kids have said in the classroom, Amanda enthusiastically recalled a number of stories. She explained, "One day as the students were getting ready to leave, a third grade boy sat down, let out a sigh, looked at me, and said, 'I bet it's a long day for you.'". When asked about what makes education special, she said, "Everything I learn in the college classroom is useful, but getting to actually apply the strategies in a real classroom with real kids makes the experience authentic and meaningful."

Micheala Carbonneau and Tracy Goettsch participated in a classroom activity.



Students studied a puzzle they were given in Math for Teachers.



Lisa Origlio and Kat Jorgensen studied the books they chose during a class activity



Alaina Borg read a book during an activity in her Children's Literature class.

Education courses teach students how they can share the gift of learning with others—how they can serve their future students and impact the world for the better. Education majors took a variety of courses that taught them how to connect with their own students, and they learned in a variety of ways. Although education majors participated in traditional classroom lectures, they also engaged in the community by teaching students in elementary schools (for example) before they graduated. Regis allowed students to minor in a variety of specialties that helped them to **grow** as they learned how to serve a broad spectrum of students. For example, education majors could minor in elementary education, special education, and English as a second language. Whatever their focus, education majors hoped to serve the community after college by sharing their knowledge with others and helping them to **grow**.



XX was excited when she solved a puzzle during an activity teaching these students how to make math fun.

The Art of Educating Educators

Education

Humans With Humans

Sociology



Sociology is a wonderful major to be in because most of the classes are discussion based to help the students learn other's views

When you're in college, it is almost impossible to avoid the effects of sociology. What friends you're likely to make, the atmosphere in your dorm, how cliques interact with one another...these could all be studied in a sociology class. Sociology is the study of the way humans interact with each other in the context of society. Here at Regis University, there are dozens of different classes that are part of this interesting and exciting field, including criminology, social-psychology, juvenile delinquency, and sociological theory. All aspects of sociology help students who take these courses **grow** in their understanding of human interactions.

Sociology

24

Students in sociology classes loved to be involved and active in class



The important thing in the world is not where we stand, but in what direction we move.
-Goethe



Molly Moss, a senior Sociology major, read for a class



Hannah Jones

Hannah Jones has taken a plethora of different classes but what makes sociology so attractive is that there are running themes that thread through a variety of different classes and affect the way we see the world. "It is so important to look at social issues through an analytical lens, especially in a time when people are becoming more actively involved in their communities and are participating in many social issues. It is also great to look at all the diversity within society and see that there is strength in differences."



Rene Suleiman

Rene Suleiman is one of the many promising philosophy students at Regis University. As a philosophy minor, Rene tutored students in philosophy this last year. When she was asked about her favorite part of philosophy, she said, "I enjoy how much it challenges us to think outside of ourselves."

Stefanie Casdorph, pondering philosophy



Students listening attentively in the Emergence of Modernity class



Ashleigh Burton, contemplating philosophy over a snack



Dr. Taylor, discussing Descartes



Philosophia: The Love of Wisdom. Seriously, who doesn't want to be a little wiser, especially in these outrageous college years? Traditionally, when we think philosophy we think of a Grecian statue thinking really hard; however, it is so much more than that. Philosophy enters our lives in politics, social justice, language, and, of course, common sense. As part of the Jesuit tradition, it is important to contemplate "how ought we to live." And what better way to be contemplative than in a philosophy class? So, get thinking! You'll come out all the wiser, **growing** personally and intellectually.



Two philosophy students meditating on Meditations on First Philosophy. Go fig.

Sometimes, I Sit and Think. Sometimes, I sit. Philosophy

More than just talkin'

Communication



As they displayed their communication skills, students from Dr. Rob Margesson's Argumentation and Persuasion class demonstrated a good way to engage in an argument.

Studying Communication was much more than just learning how to speak in front of a large crowd—it was about learning how to understand human interaction as a whole. It was about learning how to take that knowledge to make a specific lifestyle, career, and future. Communication was truly everything, and then some! Majors and minors were introduced to a variety of different courses and, more importantly, crucial skills for life. The Communications Department was comprised of a wide range of amazing individuals who impacted their students' **growth**. Whether they were dissecting or starting an argument with Dr. Rob Margesson, enduring one of Dr. Arne G'Schwind's "quizzzy-poops," talking media with Dr. Janellen Hill, discussing business with Dr. Krista Belanger, or simply listening to either Dr. Janna Goodwin or Dr. Sue Sci speak, students were engaged, and they took away important lessons, skills, and memories that were meant to last a lifetime.



Giving Dr. Hill one last laugh, the senior capstone class, showed off "exactly" what they learned in their four years.

While acting out a story, Jonah Rodriguez gave an impromptu speech in Dr. Sci's speech class.



Being the "cowboy" he is, Dr. Arne G'Schwind, captivated the essence of an "Arne" class.



Unsure with how she wanted to tackle her impromptu topic, Gracie Strubel, figured it out and provided a very convincing look in Dr. Sci's speech class.



Kristen Cabanting

For Kristen, Communication just 'clicked.' She found the major and courses themselves practical, yet so interesting and something she could study, learn, and apply in everyday life. Kristen's favorite Communication classes were Strategies of Dialogue with Dr. Goodwin and Visual Literacy with Dr. Sci. From both, she said "I learned the meaning and purpose for studying Communication; simply because it can connect us or divide us, but how we can learn to use it to our best abilities to do more good in the world."



Thomas Wells

The Women Studies department strove to fill its courses with various faculty members and students from different areas. Thomas Wells was enrolled in Human Sexuality, which was cross-listed as a Psychology and Women's Studies course. Wells himself learned a lot about life itself, and although he had no idea it was part of the Women's Studies Department, he was intrigued when he learned that it was. "My favorite part of the class is how open and blunt we can be. It's a safe environment where we can share anything we want, and basically learn anything that we want," said Wells.

As he examined the external sex organs, Joshua Oakland, learned a little something in Human Sexuality.



Alex Semanko and Melanie Wittenborn actively enjoyed their Introduction to Women's Studies course.

Displaying the 'male' perspective, Garrett Carrica and Tim Lewis enjoyed their Introduction to Women Studies Class.



As they pondered Dr. Rona McCall's lecture, Jessica Forrest and Brooke Weise enthusiastically listened to the lecture.

Believe it or not, the Women's Studies department was not just a place for women—men were allowed to enter and actually teach and learn a couple of things. The department was not just the study of women like the name implies, but it was an interdisciplinary course that truly encompassed a variety of different subjects, opinions, and people. Students taking courses in Women Studies essentially examined the transformation of humankind while evaluating how gender plays a role in society. The Department of Women's Studies introduced the community to different perspectives and educated the various men and women who chose to take these classes. The department was a culmination of different professors from different academic fields that came together to educate various students with classes that helped them to grow in their understanding of the role of gender in humanity's transformations.



Thomas Wells and Mary Bright, carefully listened during Human Sexuality.

It's a Woman's World Out There Women's Studies

Spiritual Growth

Religious Studies



Students were so excited to be able to learn different views on religion

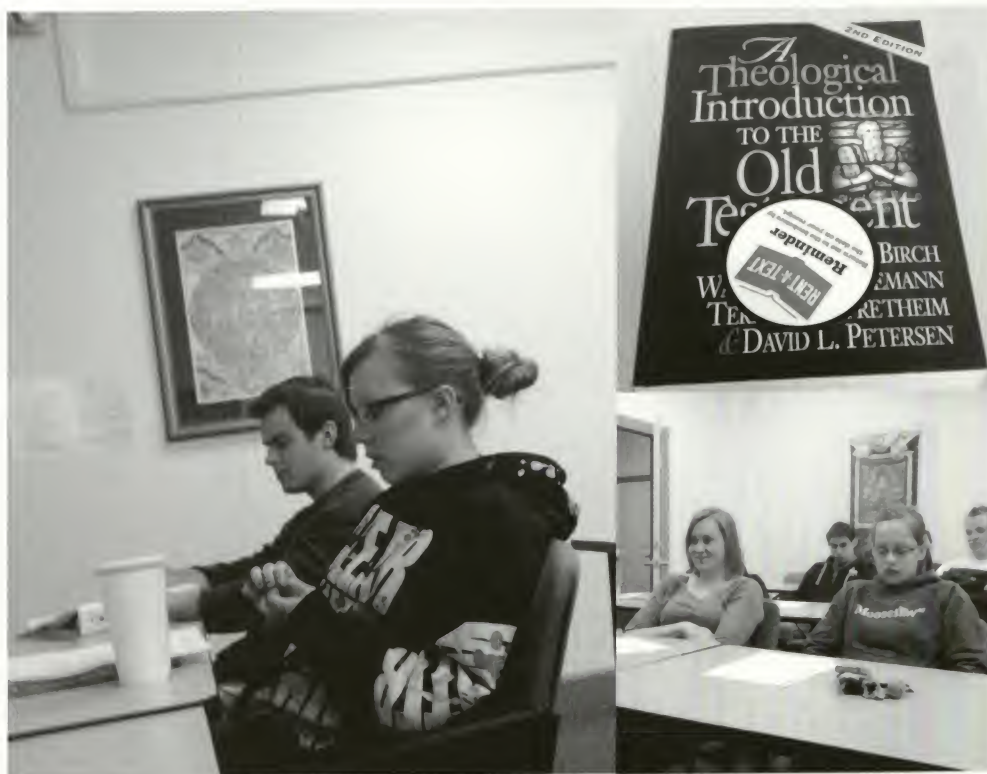
The Religious Studies program allowed students to **grow** both spiritually and academically. This program was designed for those students who wanted to excel both spiritually and educationally. The Religious Studies program included helpful professors and courses that guided students to help them to achieve these goals. Some of the courses in this program included: New and Old Testament Themes, Christian Ethics, Catholics and Politics, Jesus History, and Christian History. The success of this program was evident through the **growth** of all Religious Studies majors.



Professor O'Brien is one of the Professors in the Religious Studies program.

Religious Studies students are lucky because so much of the art work around campus has a religious meaning

This book was just one of the many that helped students learn about the bible and the meaning behind it



Two students were happy to learn different aspects of different religions



Jacob Rodriguez

Jacob is a Junior from Lakewood, CO, and he is a Religious Studies major. His passion for faith and a genuine sense of what it takes to succeed in his vocation drew him towards pursuing this major. He believes that the courses he takes in this program are the most fulfilling when it comes to his "whole person." He would like to join the Alumni Service Corps after graduation and work at Arrupe Jesuit High School.



Molly Moss

Molly Moss, from Denver, CO, is a Senior in the Peace and Justice program. She became a Peace and Justice major because she was interested in how different disciplines view justice and how they work towards making the world a better place. After graduation, she will be teaching with the Teach For America program for the next two years. She then plans to go to law school with a focus in international human rights.

Dr. Byron Plumley taught Peace and Justice in Catholic Social Thought.

The class discussed a team project.



Andrea Tagtow and her group members discussed their next move in the project.



Dr. Plumley discussed a current project with one of his students.

The Peace and Justice program gave students the opportunity to learn about complex social justice and peace issues from multiple-disciplinary perspectives. Students who chose to be in this program were challenged to lead and to offer a new vision for social change and **growth**. This program also educated students in global interdependence, nonviolent social change, and civic engagement. A Peace and Justice major sought to prepare students for meaningful work in the service of the common good. Once students have completed this major, they can inspire positive social **growth** in the community by becoming global citizens who understand the connection between human beings, society, and the planet.



Francisco Martinez brainstormed with a fellow classmate about their group project.

Growth In Society Peace and Justice

Mightier than the sword? I think so!

English



Dexter Schiller, Angila Mercier & Jennie Babcock performed a reading for the class.

Students who chose to major in English at Regis took classes that covered a wide variety of subjects, including genre, theme, period, literature, and authors. The department's goal was to produce broadly-educated graduates who are able to analyze text, think critically, and write persuasively. The dedicated and knowledgeable faculty of the English department—who were wonderful teachers and mentors—accomplished this goal. Students **grew** in their ability to incorporate the world and other eras and circumstances. Former graduates with degrees in English have gone on to do a wide variety of things, including—but not limited to—graduate school, teaching, writing, and research.



Laura Voorhels, Samantha Baca, & Brady Blackburn attended Dr. Swanson's creative writing class.

Cristina Johnson & Ty Lain read over a book for their class 'Tudor Literature'.



Sara Barnes attended class in the creative writing center.



Christina Hawley, NickySchifano, & Peter Aquino laughed at a joke told in Dr. Palmer's class.



Halloween Party

The members of the English department might be intense and dedicated to all those books they assign, but they're also fun. Every year, the faculty throws a Halloween party—complete with food and music—for all the English majors and minors. The best part was that everyone had to dress as a literary character while everyone else had to guess who they were.



Outdoor Classes

A lot of classes are fun, but almost none of them are outdoors. However, a great deal of the environmental studies labs this year were held under the wide-open skies. This allowed environmental studies students to get hands-on experience with their field. For example, in one lab students performed an aquatic invertebrate survey of Clear Creek, and in another they measured bird diversity at Lowell Ponds. Pictured above: Heather Salazar, Skyler Newhouse, and Saman Barzideh.

Glen Chambers & Jon Thoma prepared for class.



Dr. Frantz-Murphy was teaching her class 'sustainable agriculture'.

Justin Carreras, Than Johnson, Seph Scheid, & Grant Robbins identified birds.



Dr. Kleier's ecology laboratory walked to an outdoor lab.

Environmental studies at Regis focused on giving students the skills necessary to understand, think, write, and solve complex environmental problems. To achieve this, students took courses across multiple departments. This allowed them to **grow** in their understanding of the world and our impact on it. This major gave students a well-rounded education and prepared them to take their next step in the field after graduation. Some former students with this degree have become scientists, protection agency employees, and environmental lawyers.



Ben Sabados and Rosie Cambell gave their class thumbs up.

Off to save the planet! Environmental Studies

Creative Expression

Fine Arts



Barb Halladay-Wollan addressed her voice class.

The arts at Regis provided students a creative outlet using a variety of mediums, allowing students to **grow** in creative expression and improve their varied talents. Students had opportunities to take art courses in printmaking, electronic imaging, photography, drawing, and painting. The fine arts program also offered applied music lessons, which gave students the opportunity to learn many instruments—anything from the flute to the piano, guitar, or even banjo.



Sophomore Sammie Rozo printed off her portrait for photography class.

Jennifer Babcock practiced her piece by Chopin at Berkley Church.



This student etched into his plate in printmaking class.



A student sang with all the joy in her heart.



Andrea Villamar chatted with her classmate before revealing her print.



A student ran her plate through the printing press.





Art Spotlight

Amie Webb and Olivia Johnson chose to create an art installation for their Art and Culture class final. The artwork was installed in the writing center for all to enjoy. The piece consisted of melted crayons running down the canvas in a rainbow spectrum. Amie Webb described the creation process as being "an exhilarating experience that brought us back to childhood."

Casi Vagher edited her photos she took of the Zombi Crawl.



A student showed her classmate the plate she etched.



A student washed away all the ink from her hands.



Students read their music.

Growing In The Community Commitment



The many volunteers at this year's Father Woody Wrap Party.

Some commitment students enjoy each others' company while wrapping gifts at this year's wrap party.

The Commitment Program is a good source of academic support and advising. This program aims to help students develop the analytical processes that can lead to their academic achievement. The members of the Commitment Program have certain qualities in common that may help them to build **relationships**. For example, many of them have a history of service to their communities and caring for other people. They also tend to bring good character, and they demonstrate a need for additional academic support. Students remain in the program for two semesters. They also attend program workshops, lectures, and conferences, and they complete weekly service projects.



The Regis Men's Basketball team put their gift wrapping skills to the test.

Santa's little helpers at Regis giving back to the community.

Wrapping a gift for a lucky recipient this Christmas gives the volunteers a warm heart.



Maya Kirkeby offers a helping hand at the Father Woody Wrap Party.



Kelly Rawlins, Rose Aspholm and their friends have high spirits at this annual Regis community event.

As usual, the Honors Study Room was full of thoughtful minds.



Dr. Dimovitz and Dr. DiSanto prepared to co-teach a course.



Freshman students study hard in their honors class.



Two students cooperate together in their Freshman Honors Class.



The Honors students diligently hit the books in the Honors Study Room.



Honors students enjoy each others company outside the classroom.

The Honors program is a good alternative to meeting the core requirements of the Regis curriculum. Students involved in the Honors program enjoy seminars that are specially designed by professors across Regis. This program is offered to self-motivated students who wish to complete their undergraduate college career as an honors graduate. Many opportunities arise for these honors students to enhance their educations—not by doing more work, but by doing better work in classes that encourage integration between disciplines, as well as practice and theory. The Honors program is made up of students that are accepted into the program their freshman year. Throughout their four years at Regis, these students build **relationships** that carry them through the Honors program.



Eisen Goss honors student is getting used to a room he will spend a lot of time in in the next four years

Growing In The Classroom Honors

An Opportunity of a Lifetime

Study Abroad



Drew Matthews and Derek Mason were so excited to see the Leaning Tower of Pisa for the first time.

Studying abroad is an opportunity of a lifetime. It is a time that is unlike any other. Luckily for the students here at Regis University, we have a wonderful study abroad office that helps students fulfill their dreams of studying abroad. Regis students have studied so many places around the world, including Costa Rica, Italy, England, Spain, Germany, Greece, China, Japan, Australia, Fiji, New Zealand, Prague, Switzerland, South America, and Africa, to name a few. The experiences that these students gain is one that is difficult to articulate. They have exciting experiences, such as seeing different monuments, participating in fun activities, and creating memories and friendships that will last a lifetime. These students have experienced something that many can only dream of attaining. The **growth** they have experienced is something that they never thought imaginable. It is an experience to be treasured always.



Ben Closson loved eating fresh mangoes and hanging out with the monkeys in Brazil.

Justine Bufmack and her housemate, along with thousands of others, went to make a wish in the Trevi Fountain at 11:11pm on 11/11/11.

Elizabeth Sloan was so excited to see the Eiffel Tower for the first time on her trip to Paris, France.

Randi Ferris' life has been changed permanently through her studying abroad experience in London, England.



Breonna Rubalcava spent her Halloween riding camels in the Sahara Desert.

While in London, Jessica Baca joined the King's College Women's Rugby team, and they haven't lost a game all season.

Ben Closson was lucky enough to get to paraglide over the city of Rio de Janeiro.



Elizabeth Sloan climbed 387 steps to see the gargoyles of Notre Dame.



Thankfully, the London Bridge did not fall down as Jessica Baca and her friend went on a disco cruise underneath it.



Ashley Stadille on the Vltava River, with the Prague Castle in the background



Derek Mason loved studying abroad in Italy, and the view of Florence isn't half bad either.

Regis students Jess Baca, Dulcie Axworthy, and Justine Bufmack enjoyed being of age at an ice bar in Rome, Italy.



Need a Job?

Career Services



A student learned more about working for Habitat for Humanity.



A student learned about exciting job opportunities at the Butterfly Pavilion.

A student discussed post-graduation plans with Teach for America recruiter Kristy Martin.



A career fair attendee looked into working for Denver Public Schools.



A student explored her options for her future at the career fair.



Daniel Magill talked with a Rivet Software representative about exciting career opportunities.

A career fair attendee networked in the hopes of getting a job.



Jackie Ganfield

Environmental studies major Jackie Ganfield interned under Regis alum Zach Owens at Alliance for Sustainable Colorado. During her internship, Jackie helped the education and outreach department plan large events, and she was responsible for writing blogs about sustainability issues. Jackie enjoyed evoking reactions of her readers on controversial sustainability issues. Jackie said, "I was able to see the readers' reactions and comments on the topic as feedback. I will never forget those rewarding moments." The experience gave Jackie a "new-found confidence in the realm of sustainability." Jackie thoroughly enjoyed her experience and "would highly recommend this internship."

Karin Kirby supported this woman--who was able to get her GED at the age of 60--while interning with the Empowerment Program.

Scott Hauck worked with Green Leaf.



Audrey Keenan gained valuable experience at the Denver VA.



Communication major Angela Mercier interned at the Orpheum Theater in Mississippi, where she worked with theater camps and wrote marketing materials.



Chris Johansen interned at the Hartford.

Experiencing the "Real World" Internships

One Final Milestone

Senior Theses



Sarah Magill

Sarah Magill is a senior honors student who is majoring in accounting and minoring in finance. Her thesis falls under the "portfolio" option. She is creating a website, reformatting our accounting software, organizing our office space, outlining a flow chart process of how the business operates, and writing a business plan for her family-owned computerized embroidery business. She hopes to put all of the business skills she has learned here at Regis to practical use in her community and gain an invaluable experience while doing so.

Shannon Quirk

Shannon Quirk is an honors student majoring in Biology with a minor in Spanish. Her thesis, entitled "Worrying ourselves sick: Biological, psychological, and social components to stress-related disease," has three main objectives. First, she explains the physiological mechanisms behind our inborn stress response, leading to a discussion about the diverse ways in which excessive stress physically undermines our long-term health. Next, she looks into the reasons why people with a lower socioeconomic status (SES) are more likely to suffer from the undesirable consequences of chronic stress. Finally, her thesis argues that being stressed out is not an inescapable part of life. Our internal perception of the world around us can help us manage stress most effectively.



Olivia Tracy

Olivia Tracy is a senior majoring in English and History. Olivia's thesis explores the continuing effects of colonial patriarchy on representations of women in post-colonial literature. She explores classic post-colonial texts from Nigeria, the Caribbean, and India and juxtaposes works by native male and female authors in the hopes of determining the effect of Western patriarchal structures on the literature that attempts to write against this tradition.





Molly Moss

Since Molly Moss is a Sociology and Peace & Justice Major, her thesis is on exploring globalization through the lens of her case study: the Sweatshop Free Policy at Regis University. She explains the history of the policy from when it originated in 2008 to how the policy has grown over the years, and she explores what work is currently being done. She hopes to shed light on the structures of power within current economic and social systems relating to the issue of sweatshop labor practices around the world. She provides a current example of economic domination through a look at the apparel company Champion. Then she examines the emergence of ethical apparel options through the sweatshop-free company, Alta Gracia. With these examples, she looks at what truly marks a successful business (based in ethics and social stability). In relation to her study of sweatshop labor, she also is cataloguing how this social justice issue is being debated on Regis's campus with the implementation of a Sweatshop Free Policy.

Kaleb Brooks

Kaleb Brooks is an economics and politics major. His thesis seeks to understand the role of social dynamics in producing economic outcomes within a firm. He argues that a more present, engaged, and participatory workforce may solve many of the productivity and competitiveness problems facing American business. Kaleb has always had a good sense of humor, which is why he chose to give a picture of himself in China as a statement about his thesis.



Carlee Taga

Her thesis analyzes the origins of beauty standards from biological and cultural perspectives. Certain ideals can be traced back to biological origins. Beauty often shows outward signals of inward health and fertility, so our brains have picked up on these cues and made us attracted to them. An example is the hourglass figure many women desire--statistically, women with a lower waist-to-hip ratio are more likely to get pregnant! Culture plays a really important part, too. Many of the originally biological standards have become detached from reality--no biological reasoning is telling us that 90-pound models should be considered attractive. Finally, she analyzes how pop culture has picked up on these beauty standards and how young children (especially girls) are highly influenced by negative body imagery and unrealistic standards. As a dance teacher for young girls, she hopes to instill positive self-esteem and body image.

Ashley Liddiard

Ashley's project, essentially, is equivalent to a senior thesis. She is double majoring in music and politics, but she is only working towards her politics capstone due to complications with the music capstone. Since she is not going to have the chance to participate in an in-depth research project for her music capstone, she decided to combine elements from both of her majors into her politics capstone. After talking with her advisor, she decided to research intellectual property regulation in the United States. She is looking at this topic from several angles, including the philosophy of why intellectual property should be protected, the history of copyright law in America, how restrictions on intellectual property affect multiple groups of people (musicians, record companies, the government, and listeners), and what she thinks the government should do in regard to music piracy.





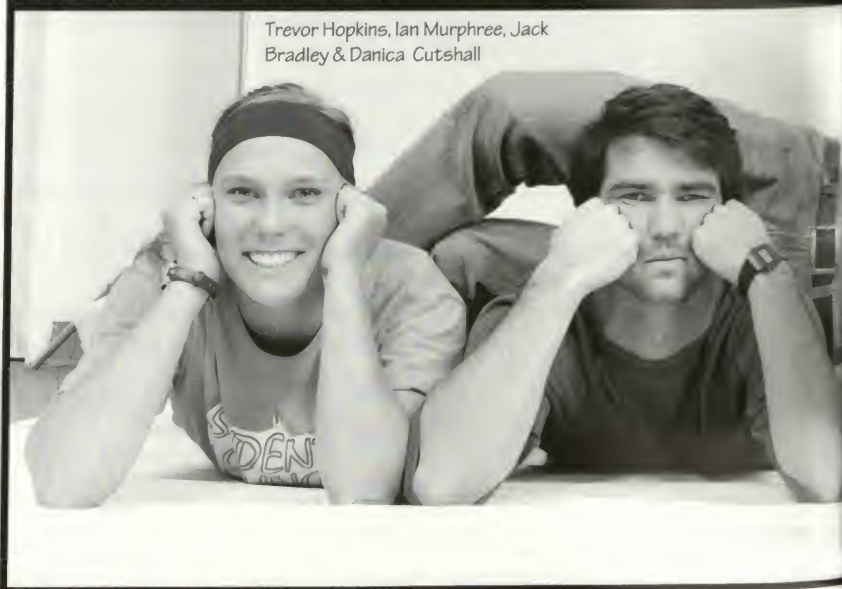
Kateri Kramer, Katarina Mendoza,
rissana Burke, Christiana Quinata,
Emily Obermiller, Hannah Jones &
Peyton Lunzer



Ian Murphee & Jack
Lincoln



Eric Goble &
Trevor Hopkins



Trevor Hopkins, Ian Murphee, Jack
Bradley & Danica Cutshall

Individualism

Kristen Coffey, Emily Garcia, Megan Rollins, Adrienne Smith,
Stephanie Brown, Megan Brooks & Tom Waangard



Jennifer Filipi & Emmie
Altepeter



Shaiman Lalich & Michael Sheehan



Nicole Schifano, Christian Pedroza,
Joseph Dizon & Christina Hawley



Stephanie Gomez & Ruby Nunez



Cody Hastings, Dave Holland & Tim Lewis



Sarah Martin & Olivia Johnson



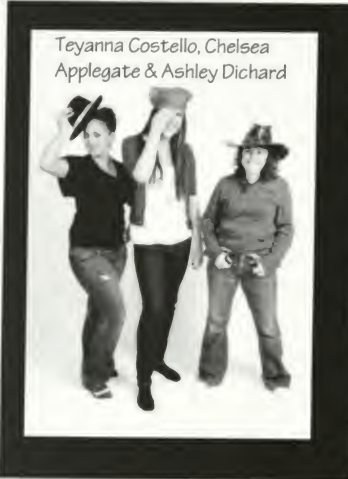
Christy Henzgen, Kelley Knowlton & Kendell Highland



Holly Augustine & Chelsea Naegele



Teyanna Costello, Chelsea Applegate & Ashley Dichard



Sheereen James, Nora Sloan, Evelyn Hale & Kira Austin



Quinn Regan & Michael McMillan



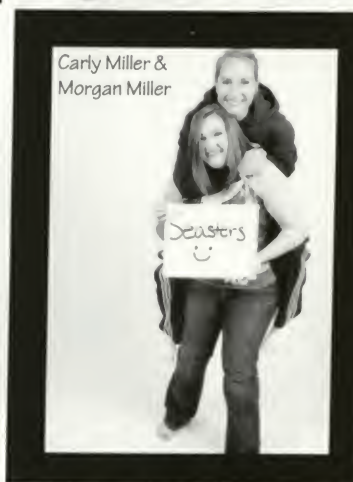
Meghan Abboud & Alex Rice



Amanda Maes & Walter Zavala



Carly Miller & Morgan Miller



Ellen Greco & Sarah Williams



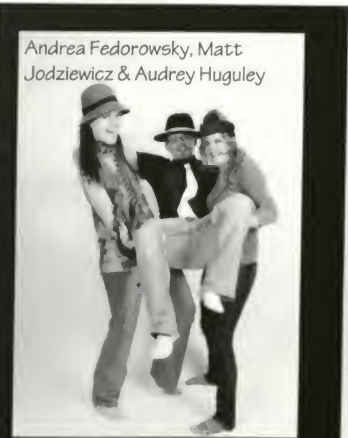
Tidi Hale, Selaasie & Peyton



Elizandra Martinez, Pablo Cabrera & Eric Casares



Andrea Fedorowsky, Matt Jodziewicz & Audrey Huguley



Connor Quicksell & Donny Regan



Patrick Frerich



Cody Black



Bee Srey, Dianna Almanza & Tidi Haile-Selassie



Patrick Freeman & Molly Freeman



Ben Kinzel & Kevin Ettinger



Jennie Brozena & Melissa Meler



Chelsea Mitchell & Anna Almanza



Molly McCarthy, Aimee Soukenik & Molly Freeman



Kela Vargas, Nichole Lombardi & Ashley Jensen



Sammy Lamas & Teyanna Costello



Kat Jorgensen, Michael Mirasola & Ryan Malyszko



Mariah Timmins, Robert Lewis & Luke Siegler



David Stahr, Daniel Magill & Sarah Magill



Justin Dizon, Nicolas Espinosa & Maya Kirkeby



Katharine Meyer & Anna Hummel



Keshia Cullins & Becca Hedley



Sam Cronk & Tyler Davolt



Michelle Bailey & Wolfgang Wanless



Josh Oakland & Ariel Wooldrige



Marissa Arredondo, Keita Kiyomitsu & Garrett Paffernoth





Mary Westerman & Jake Brantley



Spencer Jordan



Emily Garcia & Megan Rollin



Ariel Josfan & Molly Mojden

Christina Gado &
Robert Turic



John Sislerand & John Abts



Hannah Jones, Jackie
Ganfield, Pablo Cabrera &
Chris Ghincea



Alexis Dominick, Caroline Creel, Cheeto & Charlie



Jake Brantley, Tim Lewis & Eric Goble



Sabrina Wilson & Ellen Botelho

Sterling Seiber,
Lauren Najmy &
Marissa Arredondo



Amanda Maes,
Sara Mackey,
Lexie Hoskins
& Kendra
Henderson



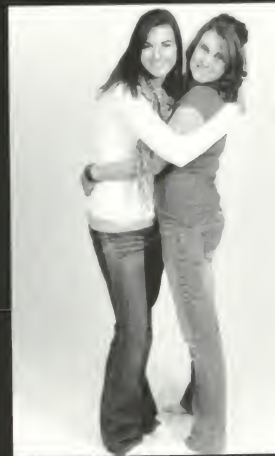
Hannah Breece,
Lauren Aemmer &
Kirsten Rubenking



Kimber Moreland & Vanessa Nowosad



Joseph Dizon & Justin Dizon



Adrienne Smith & Emily Garcia



Terese Cabanting, Genevieve Miller,
Elizabeth Coleman & Dawn Sietz



Paul Narey & Andrea Fedorowsky



Sterling
Seiber, Alivia
Porpora &
Lauren
Najmy



Vince
Bustos &
Laura Razo



Genevieve Miller, Dawn Sietz & Terese Cabanting



Allison Forst,
Leann Rucker &
Candace Powell



Justin Ortinau,
Rachel McMahon &
Kyle Farrell



Josh Oakland, Terese Cabanting,
Kristen Cabanting & Andrew Ross



Carly Wagner, Emily Behr,
& Gianna Lombardi

Molly Freeman, Kelsey Randle, Maggie O'Connor & Joe Matelich



Michelle Bernhardt, Molly Higgins & Jackie Ganfield



Kristi Gonsalevs-McCabe, Morgan Nita, Maggie O'Connor & Yolie Bodie



Ashley Liddiard, Jennifer Babcock, Amanda Isenbart & Kelly Rawlins

Peyton Lunzer, Joe Matelich & Liz Holody



Residence Life Staff



Choices



Alec Houser, Dominic Niemi,
Adam Wallace & Robert Lewis



Sigourney Williams, Alvin Peregrino, Jessica O'Clair,
Melinda Pinel, JR McConnell, Walter Zavala, Marcellus
Briscoe, Timothy Wanninger & John McDermott



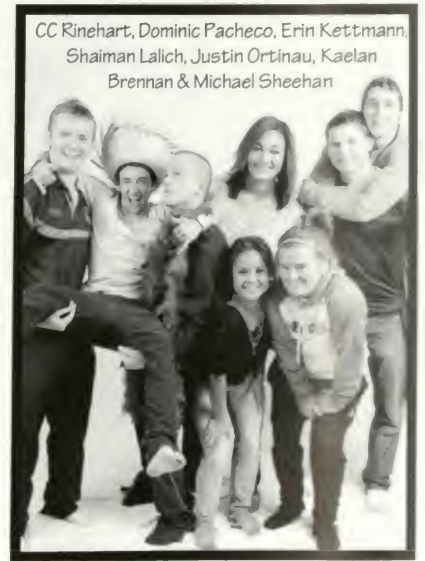
OutRegis!



Eisen Gross, Alanna Baty, Matt Jodziewicz,
Kanoa Dupree, Andrea Fedorowsky



CC Rinehart, Dominic Pacheco, Erin Kettmann,
Shaiman Lalich, Justin Ortinau, Kaelan
Brennan & Michael Sheehan



Amanda Isenbart, Angela Mercier,
Christianna Landreth, Jennifer Babcock &
Kelly Rawlins



Gioconda Zoller & Alex Ohmes



Erin Navaro, Joey Eyler, Caitlin Birge, Alistair
Vierod & Michael Bovee



Amy Johnston, Max Mejia, Camilla Majano, Nick Le & Jessica Martinez



Alexander Carlson & Stephanie Edwards



Megan Welz, Eric Goble, Trevor Hopkins, John Brooks, Will Sabin & Patrick Ross



West Hall Staff



Meslessa Hastie, Morgan Taylor, Hilary Duda & Danica Cutshall



Kristen Cabanting, Salena Su & Ealasha Marshbank



Ashton Nuvolini, Zach Ahlers, Vince Bustos & Laura Razo



Sara Bennet, Brittany Wedeman & Wes Keelan



Hannah Jones, Peyton Lunzer, Jessica Erjavec, Christian Klein, Mark Nutting & Caroline Crea





Scott Hauck & Nick Roldan



Gianna Carleo & Jazzy Barrows



Rosie Mata & Danielle Cooley-Graham

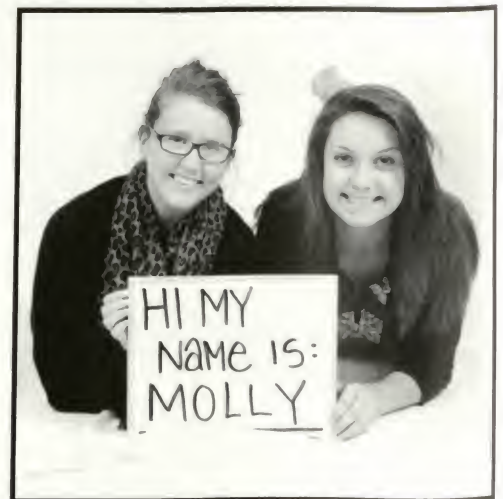


Dani Ogren, Mary Breight, Amicua Conway
& Morgan Slaughter

Trevor Hopkins & Jack Bradley

Shelby Wieman, Shannon Massine &
Micheala Carbonneau

Molly Freeman & Molly McCarthy





Amy Lytle & Tracy Goettsch



Kristen Coffey & Emily Garcia



Sarah Williams, Ellen Greco & Daniel Lund



Megan Welz,
Taylor Clapp,
Peyton Lunzer,
John McDermott
& Hannah Jones

Tyler Smith & Chris O'Connell

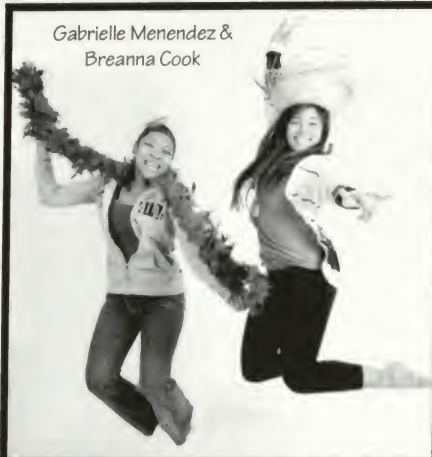


Kristen Cabanting & Amanda Schell

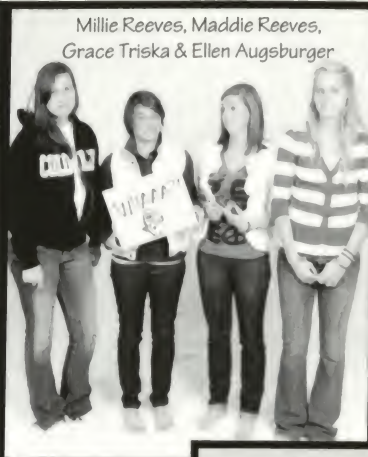


Halea McAteer, Marina
Papageorgiou & Andrew Burns





Gabrielle Menendez & Breanna Cook



Millie Reeves, Maddie Reeves, Grace Triska & Ellen Augsburg



Olivia Heroux & Lucy Sera



Eugene Rozgonyi, Nick Piazza, Andrew O'Day, Alex Dohn, Sterling Seiber, Alvia Porpora & Lauren Najmy



Andrew Ross, Antonia Lira, Sara Bennett & Keanu Harris



Second Floor O'Connell Cura



Ted Lynch, John McDermott & Peter Aquino



Hannah Jones, John McDermott, Peyton Lunzer, Pablo Cabrera, Chris Ghincea & Ted Lynch



Andrew Ross, Shelby Schneebeck, Toria Vongphackdy, Daniel Magill & Cassidee Young



Brittany Booton, Kayla Thrasher, Lauren Nickell, Cassy Gerving, Jamie Mann & Ashley Liddiard



Amie Webb, Chelsea Mitchell, Sarah Martin & Olivia Johnson



Melissa Meler, Hannah Herron & Erin Schreiber



Kevin Winter, Kevin Bopp, Maggie Paradise, James Hogerty & Michael Mirasola



Clare Felletter, Antonia Lira, Jared Wright & Elizandra Martinez



Peter Pham, Kenji Tanaka, Neman Sichone & Nicolas Espinosa



Talia Puentes, Margaret Nahrup, Cristina Johnson, Carly Wagner & Madelon Morin



Olivia Heroux, Lauren Shakes, Dani Ogren & Jessica Zanetell



Megan Welz, Katie King & Erin O'Toole



Katie King, Kelly Wentz, Megan Welz

Yolie Bodie & Caroline Locke



Pamela Bynog, Kira Austin, Egypt Edwards, Shayna Nixon, Afeyok Fien & Mikayla Chukes



Kalina Larson, Jessica O'Clair, Sarah Devlahovich & Melinda Pinel



Commuter Students



PAC



Dianna Almanza, Fernada de Luna, Mayra Mendez, Janeth Gomez & Ab Cordova



Brenda Ortiz, Rose Aspholm, Carlee Taga & Jamie Mann



Grant Robbins & Jake Brantley



Hanna Amme, Maggie Kidnay-Rouse, Amanda John, Alexis Fehringer & Katie Scott



Jessie Clark, Ryan Reid & Sarah Leahy



Lindsey Bonadonna, Michelle Bernhardt, Tito Texidor III & Paul Villard



O'Connell Cura



Hunter Fischbeck & Merideth Sabin



Dianna Almanza & Nicole Schifano



Molly Higgins & Gioconda Zoller



Jessica Morgan, Lo Martinez & Susan Arbo



Shannon Hayes, Kellyanne Quinn & Shade Akindele



Dave Holland & Cody Hastings



Lauren Nagle & Alec Mielnicki



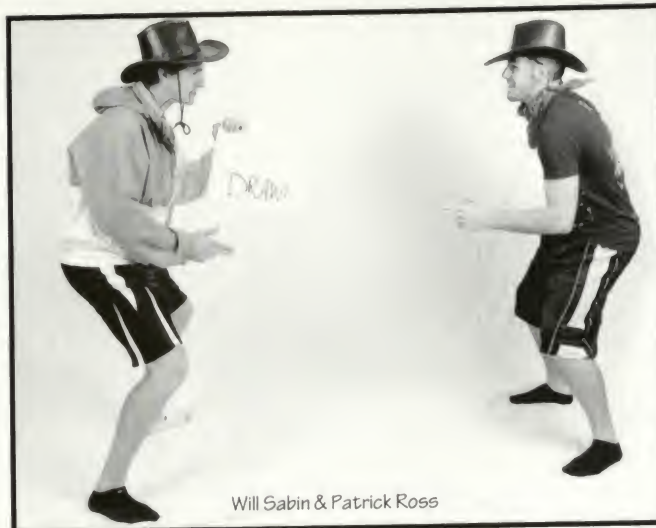
Jace Prokupek, Kelly Fleming, & Molly Freeman



John Sisler & Trevor Hopkins



Emily Tavin &
Calle Block



Will Sabin & Patrick Ross



Bri Simbeck & Rose Aspholm



Erin Spangler &
Amy Mead



Jorge Serna, Caitlin McDonnell, Brittney Moauro, Dawn
Sietz, Elizabeth Coleman & Kaylin Andres



Ian Huff & Will Sabin



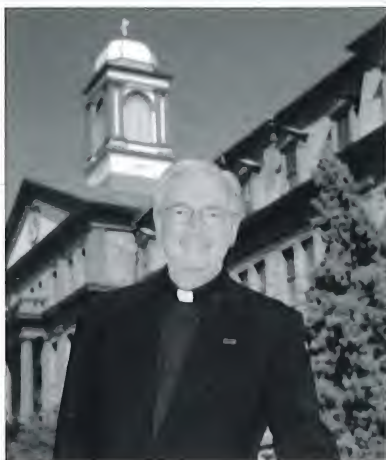
Allison Forst, Leann Rucker & Candace Powell



Alex Ohmes, Sterling Seiber,
Rachel McMahon, Justin
Oretman, CC Rinehart &
Millie Reeves



Lindsey Bonadonna & Erika Culloo



With gratitude to Fr. Sheeran for elevating Regis's Jesuit Catholic identity and mission, for making Regis accessible to all students, for embracing the Jesuit calling to active engagement in the community, and for growing the University and tending to its needs.

Some notable achievements include:

Oversight of the largest fundraising campaign in Regis University history culminating in the construction of The Saint John Francis Regis Chapel.

Development of Ph.D. programs in physical therapy, pharmacy, and nursing; evolving to meet some of the world's most pressing needs.

Hosting 13 Nobel Peace Prize recipients at Regis University, including the Dalai Lama and Archbishop Desmond Tutu. In addition, in August 1993 Father Sheeran hosted a meeting between Pope John Paul II and President Bill Clinton at Regis University.



Thank You To All Who Contributed

Editor Team

Shannon Doherty - Copy Editor
Mary Beth Navo - Leadership Editor
Kelly Rawlins - Creative Editor

Staff

Andrea Breslin
Wren Craig
Ian Drew
Rachel Illis
Courtney O'Neil
Andrew Ross
Shelby Wieman
Cassidee Young

Quinn Waller - Advisor

Miss Darcy Photography - Individual Photography
Brett Staklin - Campus Photographer

